

EDITORIAL

Dear friends,

On October 1st 1863 the first Slovene gymnastics club was established. Our historian Tomaž Pavlin prepared an overview of how Sokol and gymnastics movement developed in Slovenia. I wish we could share historical overviews of all FIG member nations. Up till now, we have published a brief history of the USA, Czech and Slovak gymnastics and I hope that in future there will be more.

It was not only Slovenia that celebrated an important anniversary. FIG celebrated 110 years since the first World Championship (at the time called “International Competition”) was organized by the European Gymnastics Union. Another historical moment was when Kohei Uchimura from Japan took the fourth all around title in a row.

For the last issue in 2013 our fellow researchers prepared six articles which brings us to a total of 20 articles for this year. We too are celebrating an anniversary: this is the fifth year of our existence. How time flies! Journal evaluation for Thomson Reuters Impact Factor has been postponed to the beginning of 2015.

Following the first article about the history of gymnastics in Slovenia, the second article comes from Russia. We are glad that Russian gymnastics scientists and experts are sharing their huge knowledge with us. Olga Rumba is sharing her knowledge on rhythmic gymnastics and gives us practical information about the esthetic part of foot work which could apply to all gymnastics sports (including men’s artistic gymnastics).

The team from USA and UK under William Sands' leadership prepared an interesting case study on kinematic and kinetic tumbling take-off comparisons of a spring-floor and an Air Floor™. It shows how important it is to research and evaluate any new tools or apparatus used in gymnast's technical or conditional preparation and to be aware of its positive and negative influences.

The fourth and the fifth article are very similar in content but very different in approach. Both the Spanish team Benjamin Bango, Manuel Silliero-Quintana and Ignacio Grande and the Argentinean author Benjamin Gorosito deal with the swallow on rings and they are both trying to help gymnasts to evaluate their readiness for this element.

The last article is by Czech authors Petr Hedbávný, Jana Sklenaříková, Dušan Hupka and Miriam Kalichová. They present a review article about our most common element – handstand. When kids are doing handstand they instinctively correct their position, but for us it is important to recognize and understand the laws of how to maintain the inverted position.

Just to remind you, if you quote the Journal: its abbreviation in the Web of Knowledge is SCI GYMNASTICS J.

I wish you pleasant reading and a lot of inspiration for new research projects and articles,

Ivan Čuk
Editor-in-Chief