

Uvodnik/Editorial

MNOGE VIZIJE SO URESNIČENE, ČAS JE ZA NOVE

Letos praznujemo 115 let obstoja samostojne Očesne klinike in 60 let Katedre za oftalmologijo Medicinske fakultete v Ljubljani. Čas je za pogled na prehojeno pot in dovolite mi ugotovitev, da obstaja kar nekaj razlogov za zadovoljstvo. Slovenci imamo nekaj več kot 100 aktivnih oftalmologov, v Evropi imajo manj oftalmologov glede na število prebivalcev le Nizozemska, Velika Britanija in Irska. Mnogi slovenski oftalmologi so aktivni in se stalno izobražujejo: do konca letošnjega leta bomo imeli 10 doktorjev znanosti in 13 magistrrov, skoraj vsi so to dosegli v zadnjih 10 letih. Imamo 3 profesorje, eno znanstveno svetnico, 6 primarijev in 2 docentki, eno tudi v Mariboru, kjer v akademskem sodelovanju z Ljubljano nastaja drugi univerzitetni center. V zadnjih desetih letih smo slovenski oftalmologi objavili več kot 80 člankov v revijah, ki jih indeksira SCI. Vsekakor pa je za stroko izrednega pomena tudi naš in, cenjeni kolegi drugih strok, tudi vaš pregled nad delom in razvojem oftalmologije, ki ga podajamo tudi v tej tretji oftalmološki številki Zdravniškega vestnika. Splošen vtis o kakovostnem delu v oftalmologiji je namreč nedvomno prispeval k zavesti o potrebnosti uresničitve dolgoletne vizije nove očesne klinike v letu 2001 in dokončanja novega univerzitetnega očesnega oddelka v Mariboru v prihodnjem letu. Nova oblika nastaja iz ustvarjalne vsebine. Tudi drugi očesni oddelki in zasebniki v Sloveniji so sledili trendu in solidno opremljeni in obnovljeni izvajajo vsebinsko enotno in sodobno doktrino, ki si jo izmenjujemo na številnih strokovnih prireditvah. Naša stroka je usposobljena za vse najzahtevnejše terapevtske in diagnostične postopke, pri čemer interdisciplinarno sodelujemo z mnogimi ustanovami, tako kliničnimi kot bazičnimi, doma in v tujini. V regiji smo v marsičem vodilni in smo ena redkih držav v kateri se planirane operacije katarakte 100% izvajajo s fakoemulzifikacijo z malo incizijo, kar omogoča, da večino posegov izvedemo ambulantno. To ob več kot 12.000 operacijah letno pomeni prihranek več tisoč ležalnih dni. Ker verjamemo, da vrhunski dosežki v stroki dolgoročno temeljijo na pozitivni atmosferi in motivaciji za delo v zgodnjih letih izobraževanja, smo v okvirih možnosti posodobili vire in pristope do učenja, a tudi povečali zahtevnost, tako študentom medicine kot specializantom. Rezultati so dobri in študenti poleg kliničnega znanja pri nas uspešno pridobivajo tudi raziskovalne izkušnje, o čemer priča več fakultetnih in prestižna univerzitetna Prešernova nagrada. Specializanti pa se preko štipendij Evropskega oftalmološkega združenja (SOE) izobražujejo tudi v tujini, aktivno predstavljajo svoja dela na kongresih in pomembno sodelujejo pri objavah v domačih in tujih revijah. Naš program specializacije je s prvim mestom naše specializantke na evropskem specialističnem izpitu letos v Parizu doživel tudi prijetno mednarodno priznanje. V raziskovalnem delu smo v zadnjih letih uspešno končali več temeljnih in aplikativnih projektov in se v letu 2003 uvrstili med tiste klinike, ki so uspele pridobiti stabilno programsko financiranje Ministrstva za visoko šolstvo znanost in tehnologijo. S tem je bila uresničena tudi vizija klinično usmerjenih eksperimentalnih laboratorijev, ki bodo po vzoru vodilnih zahodnih klinik tudi na naši kliniki ustvarjali znanje za razvoj novih terapevtskih možnosti, npr. z uporabo zarodnih celic. Očesna klinika je bila kot izobraževalna ustanova 10. oktobra 2005 visoko ocenjena tudi s strani inšpektorjev European Board of Ophthalmology (uradno telo UEMS) in bo prvi akreditirani oftalmološki učni center v novih državah EU. O ugledu slovenske oftalmologije poleg predstavnikov v evropskih strokovnih asociacijah priča tudi pridobitev štirih evropskih simpozijev v prihodnjih letih in kongresa European Association for Vision and Eye Research (EVER), ki bo od leta 2007 dalje tri leta zapored pri nas. Veliko dela je opravljenega, mnoge vizije so uresničene. Čas je za kozarec šampanjca, razmislek in svež pogled naprej. »Oči so pa le oči«, vedo povedati naši bolniki, in tega se zavedamo.

Marko Hawlina, predsednik Združenja oftalmologov Slovenije

MANY VISIONS HAVE COME TRUE, IT IS TIME FOR NEW ONES

This year we celebrate 115 years of our University Eye Hospital and 60 years of Chair of Ophthalmology of Medical Faculty Ljubljana. It is time to look back and evaluate our development. Slovenia has just over 100 ophthalmologists, in Europe this is fourth smallest number per population just after The Netherlands, Great Britain and Ireland, however many are continuously educating themselves: by the end of this year, we will have 10 PhD's, 13 MSc's, almost all of them in last 10 years. We have 3 professors, one scientific consultant, 6 have title of primarius and 2 associate professors, one in Maribor where new university centre is being developed in academic collaboration with Ljubljana. Although we also publish abroad, we have published more than 80 papers in SCI-indexed journals in last 10 years, we regard it very important to publish locally and to give ourselves, and yourselves, respected colleagues, an overview of work and development of our profession, which is exemplified here in this third ophthalmic issue of Zdravniški vestnik. Namely, general impression of quality work in ophthalmology has undoubtedly contributed to the awareness of need of realisation of most important vision: completion of new University Eye Hospital in Ljubljana in 2001, and new University Eye Department in Maribor in 2006. New form is taking shape out of creative contents. Also other eye departments and private ophthalmologists have followed the trend and work in renovated premises and modern equipment to offer equal standards of ophthalmic care along the lines of common doctrine that we share at numerous professional symposia and meetings. Slovenian ophthalmology is now capable to perform most demanding therapeutic and diagnostic procedures, by which we collaborate interdisciplinarily with numerous institutions, at home and abroad. In the region, we have leaders in many subjects and we are one of rare »100% planned small incision phaco countries«. This allows for outpatient surgery which, by more than 12.000 cataract operations per year per 2 million population, saves thousands of hospital days. We believe that top achievements in profession are based on positive atmosphere and motivation in early days of education. We have therefore, as much as possible, modernised teaching sources and practices and also increased the demand both for medical students and residents. Results are good and students, beside of clinical knowledge, also come to learn research practices. Success of this is manifested by several Medical Faculty and one prestigious University Prešeren award for students. Residents are also trained abroad through stipends of European Society of Ophthalmology (SOE), present actively at meetings and contribute to our papers in local and international journals. Our residency program has received the nicest international acclaim as one of our residents was graded the best overall at the European Board of Ophthalmology exam this year in Paris. In research activities we have successfully completed a number of fundamental and applicative projects in last years and in 2003 we have succeeded to obtain stable programme financing by the Ministry of Science. This enabled realisation of the vision of clinically dedicated experimental laboratories at our clinic that will, as at other leading western eye clinics, create new knowledge to investigate new methods of treatment, such as use of stem cells. Our University Eye Hospital has been visited and graded favourably in October this year by inspectors of European Board of Ophthalmology (official body of UEMS), to be formally accredited as the first teaching centre in the new 10 EU countries. Additional indication that Slovenian ophthalmology is respected in Europe is the fact that we will host 4 european meetings in the following years, including European Association for Vision and Eye Research (EVER), which will take place in Portorož, Slovenia for 3 years starting in 2007. Lots of work has been done and many visions have come true. It is time for a glass of champagne, and then recollection and fresh look ahead. »Eyes are eyes« say our patients and that is what we are well aware of.

Marko Hawlina, president of the Slovenian Society of Ophthalmology