











# This and That from Washington

By Congressman Frances P. Bolton



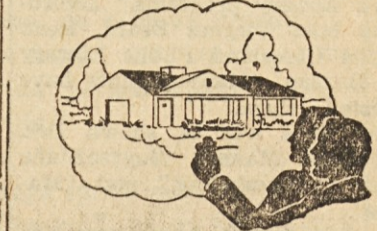
Christmas - 1957 -

*Dear Friends:*  
 Again I greet you at Year's End -  
 May the deep joy of the Christmas Season  
 fill your hearts with the sustenance of  
 God's holy and sacred love.  
 We are privileged to live in an era  
 of great change. Swindlers - are we ready to  
 sweep up the debris of deceiving faiths,  
 sweep down the cobwebs of worn-out beliefs,  
 and throw our souls wide open to the light  
 of Reason and Knowledge - quite unafraid  
 to trust a side of self-interest and pass the whole?  
 Are we of the Free World who know we  
 are God's children, who believe in His infinite  
 wisdom and mercy - are we ready to go through  
 the gate of the year into the unknown darkness  
 beyond, certain that if we but put our hand  
 into the hand of God - that shall be better than  
 a light and safe than a Reason way?  
 May the Infinite Father of all mankind  
 teach us the way to Peace -  
 Faithfully yours  
 Frances P. Bolton

streams and small lakes. For safety purposes, pick a spot where the water beneath the ice is less than waist high.  
 Don't be a loner at the ice pond. Always find a buddy to skate with, and stay close to the shore, especially in the evening. On the other hand, never gather on the ice in large numbers, because the concentrated weight of the group might cause a dangerous crack in the ice surface. Should a break in the ice be discovered at any time, sound an alarm. Warn all skaters of ice conditions that could prove hazardous.  
 Sometimes, even under ideal skating conditions, ice breakthrus will occur. If this happens, don't try to climb out of the watery trap. Don't panic. Above all, stay

calm! Extend both arms along the surface of the ice, and kick vigorously. The kicking action will help lift the body forward and enable the victim to roll to safety.  
 When attempting to help someone who has broken thru the ice surface, throw a rope, or lie down flat, and push a plank or ladder to the drowning person. Never stand up near the edge of a broken ice field, and never attempt a swimming rescue of someone who has broken thru the ice surface.  
 The Red Cross recommends that skaters have simple rescue equipment, such as ropes, oars, planks, and old ladders available for use in emergencies. Blankets are also useful, especially for warming victims, of ice breakthrus.

arms. The result is a fashionable "sack blouse," sleeveless and with a straight, horizontal neckline.  
**His Story**  
 A long-suffering wife was about to berate her husband for staggering in at 3 a.m.  
 "Before you begin," said he, "I want you to know that I was sitting up with a sick friend."  
 "A likely story, a likely story," mocked the wife. "What's his name?"  
 The husband gave this problem deep thought, then announced, "He was so sick he couldn't tell me."



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## Scarves Adapted to Sack Fashions

Paris. - Instead of "seven veils" you can deck yourself out in "seven scarves."  
 Lanvin - Castillo has a new, Parisian way with silk scarves. He uses them to make blouse, boleros and even robes and dresses. The large size silk squares used for these new styles were especially woven by Bianchini.  
 The simplest "scarf fashion" is a middy blouse. You need two identical silk squares, one for the front and one for the back. You sew them together on each shoulder and on both sides under the



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Could be and some his."  
 "My dear," whispered a wife, "Really?" said her husband, "and I suppose a few eccentric individuals are minding their own business?"  
 "Have you heard about the Tomlinsons? Everybody is talking about them. Some are taking her part."

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**Thin Ice Is Dangerous!**  
 "Stay off ice that's less than two inches thick," was the warning issued to ice skaters by Allard Hardy, Director of First Aid and Water Safety Service at the Greater Cleveland Chapter of American Red Cross.  
 Altho ice skating is one of the finest of winter sports, many needless drownings occur each year—drownings that could have been prevented if the skaters had observed some very simple, easy to remember rules.  
 First of all, skaters should use supervised ice skating areas. Once a suitable rink is found, skaters should check the thickness of the ice. Freezing temperatures are necessary for ice to freeze solidly. During thawing spells, ice loses its solidity and increases the possibility of skaters breaking thru the surface. Therefore, when the temperature begins to rise, stay off the ice, Hardy stated.  
 The safest and best conditions for ice skating are to be found on shallow waters, such as ponds, flooded hollows, slowly moving



**VOJNA NEVESTA SE POSLUŽUJE PREKOMORSKE TELEFONSKE POSTREŽBE ŽE OD LETA 1946**  
 "Prekomorske telefonske postrežbe smo se posluževali od leta 1946, ko sem prišla v Združene države", pravi Hannelore Arendt iz East Clevelanda. "Od kraja mi je bilo večkrat dolgčas po sorodnikih v Nemčiji, pa sem jih poklicala. Tisti klici so mi čudovito pomagali." "Letos sem hotela, da bi moja mati prišli sem na obisk. Vse smo se dogovorili po prekomorskem telefonu. Je bilo toliko hitreje kakor pisanje."  
 "Zdi se mi, kakor bi imela svojce onkraj morja krog sebe, ko jih pokličem!"  
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For a new taste treat—serve  
**Cereal Flake Applesauce Meat Balls**

Meat balls with tomato sauce take on new interest and flavor when made with cereal flakes and applesauce. This combination makes a moist meat ball with an unusual flavor.  
 Busy homemakers will appreciate this recipe because it can be prepared in the morning ready to be baked at dinner time. Prepare some instant mashed potatoes, frozen green beans, and a tossed salad and presto! — a filling, satisfying main course for dinner is ready in short order. For a quick and easy dessert serve raisin oatmeal cookies with ice cream, instant pudding, or fruit.  
 Cookies, pie crusts, confections, muffins, breads, and main dishes take on new interest and flavor when breakfast cereals are used as an ingredient. But these are not the only advantages of using breakfast cereals in recipes. Breakfast cereals make important nutritional contributions of protein, the B-complex vitamins, minerals, and food energy.

**Cereal Flake Applesauce Meat Balls**  
 1/4 cup chopped onion 1/2 teaspoon black pepper  
 1 tablespoon fat 1 egg, beaten  
 2 1/2 cups corn flakes, crushed 1 cup thick applesauce  
 2 pounds ground beef 1 10 1/2-ounce can condensed cream of tomato soup  
 1 1/2 teaspoons salt 1/2 cup water  
 1/4 teaspoon sage (optional)

Brown onion in hot fat. Combine all ingredients except last two. Mix well and shape into 32 balls, about 1 1/4 inches in diameter. Place in a 13 x 9-inch baking pan. Mix soup and water together and pour over balls. Bake in a moderate oven (350° F.) about 45 minutes. Yield: 8 servings.

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