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Contingency Factors Influencing Implementation of Physical Asset Management Practices

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Purpose: The purpose of this empirical study is to examine the role of two contingency factors, i.e. uncertainty and competitiveness in relation to physical asset management (PAM) practices as well as to maintenance key performance indicators. The research is based on a premise that PAM, which was defined by risk management practices, performance assessment practices, life cycle management practices, and policy & strategy practices, has become an indispensable element of strategic thinking of asset owners as well as maintenance and asset managers. The purpose of this study is to advance the understanding of how organizations that face high or low level of uncertainty and competitiveness respond in terms of PAM deployment.

Methodology/Approach: This study employed a data set based on a large-scale survey among organizations in six European countries (i.e. Slovenia, Poland, Greece, Sweden, Turkey and Slovakia). Data were collected from 138 organizations located in the above-mentioned countries to conduct the study.

Findings: The results show that organizations that are faced with high level of uncertainty and competitiveness are more engaged in the deployment of PAM practices. Moreover, results show that when organizations are facing high levels of competitiveness they are using KPIs to a greater extent than organizations under low levels of competitiveness.

Originality/value: From a theoretical perspective, this study contributes to the contingency theory by providing empirical evidence whether a context-dependent approach to PAM is needed. The findings also provide insights for managers on how to respond to the competitive pressure as well as how to customize PAM practices in order to adapt to the changes in dynamic organizational environment.

Keywords: Physical asset management, maintenance, uncertainty, competitiveness, maintenance key performance indicators, empirical study

1 Introduction

In today's increasingly complex interrelated industries, success depends on offering higher customer value or operating with lower costs (Porter, 1985). One important way in which competitive performance could be achieved is through effective management of physical assets (Schuman & Brent, 2005). In the present business environment, physical asset management (PAM) is becoming a key challenge for business organisations and has acquired more importance as a management function than ever before (Emmanouilidis & Komonen, 2013). The recent publication of ISO 55000 standards for asset management encouraged the interest on this topic even more. In the context of manufacturing and process industry PAM has been evolving in order to help asset and maintenance managers to exploit full potential of the companies and effectively reach their business goals.

One of the main tasks of PAM is to guarantee that the changing business requirements and physical assets match together in an optimal way, taking into account all life cycle aspects of equipment (Emmanouilidis & Komonen, 2013). However, there is growing debate over the difference between asset and maintenance management. Many researchers argue that PAM is more profound than maintenance management (Amadi-Echendu et al., 2007). Traditionally, maintenance, with its multifaceted activities, resources, measurement, and management, has been important to manufacturing organizations. However, in recent years, the need to manage different aspects of maintenance more effectively has increased the importance of the role of maintenance in organizations (Simões, Gomes, & Yasin, 2011). In any industrial practice, the basic effort is to reduce costs and increase profit (Pacaiova, Glatz, & Kacvinsky, 2012). As outlined by Al-Najjar (2002), the role of maintenance with respect to production is to maintain the quality of all the essential elements that contribute to the production process to keep the product quality and delivery on time at a competitive price.

The main challenge facing operating and production organizations is the necessity to maintain, and often increase, operational effectiveness, revenue and customer satisfaction, while simultaneously reducing capital, operating and support costs (Mitchell, 2002). As such, one should say that PAM could be considered as maintenance management, which has a strategic role in the organization and goes well beyond the responsibility of traditional maintenance management. An important aspect of PAM is to strike the right balance between performance, cost and risk in pursuing the enterprise goals. In other words, it supports managing investments, capacity and production in a more efficient, better quality-assured, safer and more competitive way (Emmanouilidis & Komonen, 2013). Thus, it is no longer sufficient to consider PAM as traditional asset maintenance, but rather as a holistic approach to the management of assets, taking into account elements such as strategy, risk measurement, safety, environment and human factors (Frolov et al., 2010).

Although there is a great body of literature covering various aspects of PAM (e.g. Emmanouilidis & Komonen, 2013; Komonen, Kortelainen, & Räikkönen, 2012; Amadi-Echendu et al., 2007; Schuman & Brent, 2005; Ratnayake, 2013; Ratnayake & Markeset, 2012), there is a lack of empirical studies that have explored the PAM practices. As such, PAM as a discipline and business process is yet being at its early stage within the scientific debate and solutions to support its adoption in different industrial contexts are still under definition (Roda & Macchi, 2016). We aim to fill this research gap by demonstrating the effect of contingency factors (i.e. uncertainty and competitiveness) on PAM practices.

Furthermore, asset performance measurement is essential in order to achieve desired business objectives within the domain of PAM. From industrial and asset life-cycle perspectives, what to measure and what not, is a challenge (Parida, 2016), especially due to dynamic business environment and complex technical assets and systems. However, literature on asset performance measurement has been evolving in scientific research (Attwater et al., 2014). Since there has been no studies that would have explored how organizations respond in competitive environment, with respect to asset performance measurement, this study contributes to the literature by exploring the role of contingency factors on the use of maintenance and asset measures.

The paper is organized as follows. In Section 2, the theoretical background is provided. Section 3 is devoted to presentation of research methods. The research analysis and results are presented in Section 4, followed by the discussion in Section 5 and conclusions in Section 6.

2 Literature review

2.1 Physical asset management

Before discussing the literature review on the role of PAM in organization, it is necessary to define the maintenance and asset management. The scope of maintenance in a manufacturing environment is illustrated by its various definitions. The British Standards Institute defines maintenance as "A combination of all technical and associated administrative activities required to keep equipment, installations and other physical assets in the desired operating condition or restore them to this condition" (BSI, 1984). Over the time, maintenance has developed across a wider range, and thus maintenance management has been defined.

In European Standards considering maintenance (EN 13306:2010), maintenance management is defined as all activities of the management that determine the mainte-

nance objectives or priorities, strategies, and responsibilities and implement them by means such as maintenance planning, maintenance control and supervision, and several improvement methods including economical aspects in the organization.

Further, Wireman (1998) has, in his book "Developing Performance Indicators for Managing Maintenance", defined maintenance management as, "The management of all assets owned by a company, based on maximizing the return on investment in the asset". Another approach can be found in Crespo Marquez and Gupta (2006). The authors presented a holistic framework for managing the maintenance function.

They suggest that maintenance management must be aligned with actions at three levels of business activities (i.e. strategic, tactical and operational). More recently, PAM comes to the forefront. It goes well beyond the scope of maintenance management. The PAM deals with the whole life cycle of the asset, from its design to its final disposal. According to Mitchell (2002), asset management is "A comprehensive, fully integrated strategy process and culture directed at gaining greatest lifetime effectiveness, value, profitability and return from production and manufacturing equipment assets". Moreover, European Federation of National Maintenance Societies (EFNMS, 2009) has preferred a simple definition "The optimal life cycle management of physical assets to sustainably achieve the

stated business objectives".

In any asset intensive industry, effective management of physical assets is crucial. Changing business environment has increased the strategic importance of PAM in companies that have significant investments in physical assets (Komonen et al., 2012). Without proper management of physical assets serious health, safety, environment, and financial consequences can occur (Ratnayake & Markeset, 2012). It is widely acknowledged that profitability increases by improving availability and preventing loss of production and loss of human or capital resources (Duijm, Fiévez, Gerbec, Hauptmanns, & Konstandinidou, 2008).

This means that ineffective asset and maintenance management could be attributable to issues such as lost profit due to missing production during planned and unplanned stoppages, loss of customers, reputation and consequently loss of market share because of maintenance-related factors resulting in delivery delay and poor quality (Al-Najjar, 2007; Maletič, Maletič, Al-Najjar, & Gomišček, 2014). To improve performance and gain competitive advantage, the PAM process should therefore include activities covering entire life cycle of an asset (Maletič, 2015). In this respect, the life cycle phases are considered as presented in Figure 1.

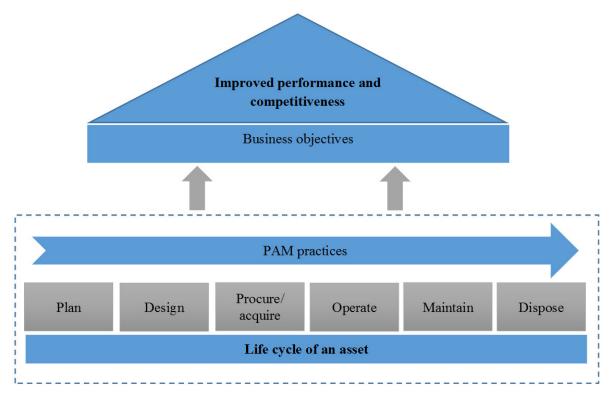


Figure 1: Asset life cycle phases

2.2 Asset performance measurement

From the operation's perspective, a performance measurement can be defined as the process of quantifying the efficiency and effectiveness of an action (Neely, 1994). Like other manufacturing functions, performance measurement is important in managing the maintenance and asset function (Muchiri, Pintelon, Gelders, & Martin 2011). According to Parida (2016), proactive asset performance management maintains assets at minimum costs at reduced inventory, outsourcing with reduced downtime, risk and reliability improvement.

Furthermore, author argues that asset performance measurement should consider the asset life cycle and whole life value from the owner and operator's perspective to achieve the operational readiness of the assets. It is worth mentioning that with the introduction of ISO 55000 standard, the asset performance measurement has been gaining importance. As such, it can be argued that performance measurement is vital for asset management in terms of balancing the costs, opportunities and risk against the desired performance of assets, to achieve the organizational objectives (ISO 55000, 2014). However, literature (e.g. Attwater et al., 2014) revealed that there is still little research done on performance measurement systems for asset management holistically and systematically.

2.3 Contingency theory and factors

Several authors suggests in the literature that organizational practices are formulated in the light of perceived environmental conditions and internal capabilities (Sila, 2007). Contingency theory assumes that organizations attain effectiveness by fitting the characteristics of the organization to contingencies that reflect the situation of the organization (Donaldson, 2001). Different contingency and institutional variables have been identified in the literature as factors that influence the customization of the organizational practices as well as the relationship between these practices and performance implications (e.g. Sila, 2007; Zhang, Linderman, & Schroeder, 2012).

The stability of the competitive environment in the past decades has been replaced by increasing uncertainty. Product life cycles are becoming shorter, customers are changing their preferences faster, and competition has become increasingly fiercer (Dreyer & Grønhaug, 2004). Further, competitive environment is also one of the key characteristics of the strategic management discipline that has emphasis on organization's performance (Jansen, Van Den Bosch, & Volberda, 2006). Accordingly, competitive environments have been associated with intensive pressures for higher efficiency and lower prices (Matusik & Hill 1998).

3 Methods

3.1 Sample and data collection

The data used in this study was obtained from a research project conducted by a team of international researchers in the field of maintenance and asset management (Maletič et al., 2016; Maletič, 2015). This research utilizes a questionnaire survey, which corresponds to the primary source as a way of data collection method (Kumar, 2005). The target survey population consisted of international e-mail lists of managers across a wide range of functions. In total, 138 usable responses were collected during the given time window in 2014 and 2105. The questionnaire was responded by organizations that were located in Slovenia, Poland, Greece, Sweden, Turkey and Slovakia, in portion of 31.9%, 34.1%, 16.7%, 6.5%, 5.8% and 5.1%, respectively. Primarily, the rationale for the selection of the particular countries was based on the sampling strategy to obtain a good spread of countries by geographic, economic, political and social criteria.

In terms of organizational size (following the guidelines of the Statistical Office of the Republic of Slovenia), profile of the organizations is provided in Table 1.

Based on Slovenian Standard Industrial Classification Codes (SIC), Table 2 shows the industry structure of the organisations under investigation. As shown in Table 2,

Table 1: Sample distribution by size of the organizations

Size	Share (%)
0–5	12.2
6–50	17.4
51–250	31.3
251–500	21.7
over 500	12.2
Data not available	5.2
Total	100

most respondents (39.3%) indicate that their organizations were active in the 'manufacturing' industry.

3.2 Measures

We undertook an intensive review of the literature to identify measures for PAM practices. The instrument developed in this study consists of two major parts. The first part comprises four constructs measuring PAM practices, and the second part comprises two constructs measuring uncertainty and competitiveness. A 5-point Likert scale was used to capture the extent to which organizations are deploying PAM practices as well as to assess the level of uncertainty and competitiveness.

The four constructs for measuring PAM are the following: risk management, performance assessment, life cycle management, and policy & strategy. Items for measuring these constructs were derived from past studies on PAM (e.g. EFNMS - EAMC, 2012; Emmanouilidis & Komonen, 2013, Maletič, 2015; Maletič et al., 2016). Items related to uncertainty and competitiveness were developed based on prior empirical studies in the field of quality management (e.g. Zhang et al., 2012; Jansen, Van Den Bosch, & Volberda, 2006). The list of all items is presented in Appendix A.

Additionally, several key performance indicators (KPIs) were used in this study as well. The KPIs were identified based on maintenance and asset performance measurement literature (e.g. Parida, Kumar, Galar, & Stenström, 2015; Muchiri et al. 2011; Maletič et al., 2012). A 5-point Likert scale was used to assess how much emphasis is placed on each of the KPIs. A review of the past research on asset performance measurement literature in-

dicates that many different KPIs exist for measuring maintenance and asset performance in organizations. Despite the importance of performance measurement within the PAM (Parida, 2016), the aim of this study is not a comprehensive research of asset performance measurement, but rather the investigation of the impact of contingency factors on the use of KPIs in organizations. As such, for the purpose of this study, we built a construct for exploring the use of KPIs in organizations based on few most commonly used KPIs in maintenance and asset management field (Simões, Gomes, & Yasin, 2016).

4 Results

4.1 Scale validity and reliability

The scales for PAM practices were subjected to validity and reliability tests. The construct validity was assessed merely using exploratory factor analysis (EFA) based on oblique rotation (Direct Oblimin). The scale reliability was tested by calculating its Cronbach's alpha. Additionally, we performed corrected item-total correlations (CITCs) in order to strengthen validity and reliability results.

The factor loadings and corresponding CITCs are shown in Appendix A. The results show four factors with eigenvalues greater than one, accounting for 66.9% of the variance (K-M-O statistic 0.937; Bartlett statistic 2819.395; significance 0.000). According to Field (2005), data are suitable for factor analysis (i.e. K-M-O > 0.5; Bartlett test of sphericity is significant). The first factor shows the variables having a common underlying dimen-

Table 2: Sample distribution by industry type

Industry (standard industrial classification)	Share (%)
Agriculture, Forestry and Fishing	1.7
Mining and Quarrying	6
Manufacturing	39.3
Electricity, Gas, Steam and Air Conditioning Supply	2.6
Water Supply, Sewerage, Waste Management and Remediation Activities	0.9
Construction	6.8
Wholesale and Retail Trade, Repair of Motor Vehicles and Motorcycles	16.2
Transportation and Storage	5.1
Accommodation and Food Service Activities	0.9
Information and Communication	3.4
Financial and Insurance Activities	0.9
Other	16.2
Total	100

sion of "risk management". The second factor named "performance assessment", includes the variables relating to measurement and improvement of PAM. The third factor, "life cycle management" captures the common underlying theme of managing entire life cycle of physical assets. The fourth factor is named "policy & strategy", includes variables related to the organization's activities that exemplify asset management policy and strategy formulation.

4.2 Descriptive statistics

The results presented in Table 3 include means, standard deviations, and bivariate correlations for all composite variables in this research. As it can be seen from Table 3 the highest mean value corresponds to the life cycle management (mean 3.72, s.d. 0.81), while the lowest value corresponds to the performance assessment (mean 3.43, s.d. 0.87). Table 3 presents the results of the correlation coefficients. One can see that all correlation coefficients are statistically significant and range from 0.644 to 0.887 (p < 0.01).

4.3 Difference of means (t-test)

T-test was used to examine whether a significant difference exists related to PAM practices` implementation between

the two groups for each corresponding construct: low level and high level of uncertainty and competitiveness (Table 4). A score of 4 and above was treated as a high, and a score of 3 or below was treated as a low level group.

The results show that there are significant differences between the mean values of the PAM concerning the low and high levels of uncertainty and competitiveness (t=-2.014, p < 0.05, t=-2.109, p < 0.05, respectively).

4.4 Contingency factors and key performance indicators

The results presented in Table 5 illustrate the descriptive statistics and summary of t-tests results for the KPIs. The independent t-tests were performed within two groups: (1) low and high levels of uncertainty; (2) low and high levels of competitiveness. The results indicate that in the case of uncertainty much emphasis (i.e. mean above 4) is placed on measuring maintenance costs (mean = 4.03, SD = 1.113), while the lowest mean value corresponds to the quality rate, particularly in the environment of the low level of uncertainty (mean = 3.25, SD = 1.05). Regarding the competitiveness results indicate that when organizations are faced with high levels of competitiveness maintenance costs are the most important KPI (mean = 4.10, SD = 0.924), while less emphasis is put on measuring the

Table 3: Means, standard deviations and correlations

	Mean	SD	(1)	(2)	(3)	(4)	(5)
(1) Physical asset Management	3.57	.73					
(2) Risk Management	3,60	.86	.887**				
(3) Performance assessment	3.43	.87	.862**	.659**			
(4) Life cycle management	3.72	.81	.862**	.701**	.658**		
(5) Policy & strategy	3.54	.82	.868**	.698**	.663**	.644**	-

^{**} Correlation is significant at the 0.01 level (2-tailed)

Table 4: Summary of the results of the t-test

Construct	Group	Mean	Std. Deviation	Std. Error	t				
Uncertainty									
Physical asset	Low level (N=37)	3.36	0.737	0.121	-2.014*				
management	High level (N=101)	3.64	0.717	0.071					
		Competit	iveness						
Physical asset	Low level (N=35)	3.35	0.782	0.132	-2.109*				
management	High level (N=103)	3.64	0.700	0.069	-2.109*				

quality rate (mean = 2.91, SD = 1.380) and on measuring the number of HSSE (mean = 2.91, SD = 1.401).

In order to empirically assess whether there are significant differences between means of key performance indicators, we performed several independent t-tests. A p-value of ≤ 0.05 was considered statistically significant, with effects sizes calculated by a Cohen's d effect size. Cohen (1988, p. 25) hesitantly defined effect sizes as "small, d = 0.2," "medium, d = 0.5," and "large, d = 0.8", stating that

"there is a certain risk inherent in offering conventional operational definitions for those terms used in power analysis in as diverse field of inquiry as behavioural science".

An independent samples t-test indicated a significant difference between the low and high levels of uncertainty concerning the maintenance costs (t = -2.228, p < 0.05). Regarding the competitiveness significant difference was found in the case of overall equipment effectiveness (OEE) (t = -2.108, p < 0.05), availability of assets (t = -2.831, p < 0.05).

Table 5: Differences between low level and high level of contingency in terms of key performance indicators (KPI)

KPI	Contingency	N	mean	Std. Deviation	Std. Error	t	Cohen's d Effect Size		
			Un	certainty	•				
	Low level	37	3.65	0.949	0.156	-0.470	0.09		
	High level	80	3.75	1.142	0.128	-0.470	0.09		
Overall Equipment Effectiveness (OEE)			Comp	petitiveness					
Effectiveness (GEE)	Low level	35	3.40	1.218	0.206	-2.108*	0.40		
	High level	82	3.85	0.995	0.110	-2.108*	0.40		
			Un	certainty					
	Low level	37	3.32	1.029	0.169	-0.763	0.15		
Availability of as-	High level	80	3.50	1.396	0.156	-0.703	0.13		
sets			Comp	petitiveness					
	Low level	35	2.94	1.349	0.228	-2.831**	0.56		
	High level	82	3.66	1.209	0.134	-2.031	0.50		
	Low level	36	3.53	1.108	0.185	-2.228*	0.45		
Maintenance costs	High level	80	4.03	1.113	0.124	-2.226	0.43		
Waintenance costs	Competitiveness								
	Low level	34	3.32	1.387	0.238	-2.991**	0.66		
	High level	82	4.10	0.924	0.102	-2.991	0.00		
	Uncertainty								
	Low level	36	3.25	1.105	0.184	-0.491	0.11		
Quality rate	High level	80	3.38	1.335	0.149	-0.491	0.11		
Quality face			Comp	petitiveness					
	Low level	35	2.91	1.380	0.233	-2.411*	0.48		
	High level	81	3.52	1.174	0.130	-2.411	0.40		
			Un	certainty					
Number of HSSE	Low level	37	3.30	1.175	0.193	-1.052	0.21		
(Health, safety, secu-	High level	79	3.58	1.438	0.162	-1.032	U.Z.1		
rity and environment)			Comp	petitiveness					
complaints	Low level	35	2.91	1.401	0.237	-3.114**	0.62		
	High level	81	3.74	1.273	0.141	-3.114	0.02		

0.01), maintenance costs (t = 2.991, p < 0.01), quality rate (t = -2.411, p < 0.05) and number of HSSE (t = -3.114, p < 0.01).

5 Discussion

This paper contributes to the literature on contingency theory by developing a better understanding of contingency factors (i.e. uncertainty and competitiveness) regarding the deploying of PAM practices. The results of t-test show that when organizations are faced with high levels of uncertainty they are putting more effort in introducing different PAM practices. Additionally, the results of this study indicate that high levels of competitiveness seem to stimulate the organizations to deploy PAM to a greater extent than organizations that are faced with low levels of competitiveness. As such, these findings contribute to the discussion in the literature concerning the role of contextual factors such as uncertainty (Zhang et al., 2012) and competitiveness (Jansen et al., 2006).

The main theoretical implication of this study is the development of an empirically based and testable framework of PAM practices, which integrates the literature exploring PAM practices (e.g. EFNMS – EAMC, 2012). We used exploratory factor analysis, corrected item-total correlations and reliability estimation using Cronbach's alpha to confirm whether the scales have a factor structure that depicts the theoretical dimensionality of their setting. Our results indicated that PAM comprises of four constructs, namely risk management, performance assessment, life cycle management and policy & strategy.

Our findings underpin previous studies (e.g. Emmanouilidis & Komonen, 2013) that have examined the role of PAM practices in industrial sectors. Further, our study supports the view of researchers who argue that holistic views of PAM reflect the general movement in engineering circles to emphasize the importance of PAM and to focus on the bigger picture of life cycle asset assessment, including strategy, risk measurement, safety and environment and human factors (Amadi-Echendu et al., 2007).

Further, this study also contributes to the maintenance and asset performance measurement literature. Recent studies (e.g. Parida et al., 2015) emphasize that the asset managers and owners need to measure and know the relationship between the outputs of asset and maintenance process in terms of its total contribution to the business goal. This means that measurement is fundamental to achieve higher performance, to achieve improvement and business success (Parida, 2016). The findings of this study offer empirical support for the above statements. When facing high levels of competitiveness, the results show that organizations are using KPIs to a greater extent than organizations under low levels of competitiveness. Moreover, KPIs are considered as essential element of asset performance measurement and management, which can support the as-

set owners and operators to achieve sustainable asset productivity with a good return on investment (Parida, 2016). In this regard, our study underscores previous studies (e.g. Parida et al., 2015) suggesting that performance assessment ultimately enhances competitive advantage. In contrast to the competitiveness, our study did not reveal any significant dependence between uncertainty and the majority of the KPIs used in this study. It appears that when organization are faced with high level of uncertainty the emphasis on measuring KPIs is not as strong as when organizations are striving to sustain competitive advantage.

From the managerial perspective, the study emphasizes the need to recognize different dimensions of PAM practices. In addition, important information for managers is also to perceive how organizations responded to different environmental conditions (i.e. uncertainty and competitiveness). The increasing turbulent business environment means that organizations are constantly faced with either uncertain and/or competitive environments. From a practical point of view, organizations that want to sustain competitive advantage are recommended to adopt PAM practices. Our study further highlights the need for managers to emphasize the use of KPIs, especially in highly competitive business environments.

6 Conclusion

This study contributes to the PAM literature by developing the framework of PAM practices. The empirical analysis evokes a number of important findings. First, our study contributes to the literature by empirically validating the PAM construct. Our study is one of the first to define the construct for measuring PAM. Second, our study presents a step toward uncovering the role of contingency factors in deploying asset management practices as well as the use of KPIs in the field of maintenance and asset management. Building on insights from contingency theory, the findings suggest that contingency perspective is a valuable approach to enrich our understanding of asset management practices implementation as well as asset performance measurement. Third, our study contributes to the literature by suggesting that competitive intensity stimulates organizations to put more effort on PAM. In this regard, PAM can be conceived as an effective approach to gain competitive advantage. Furthermore, based on the results of this study one can argue that competitiveness as a contingency factor can foster the use of KPIs. The latter is especially important to monitor the PAM performance as well as to support the continuous improvement of the PAM system. Identified PAM dimensions alongside with contingency perspective are illustrated in Figure 2.

Although this study contributes to both academia and practice, we acknowledge several limitations that open up avenues for further research. First, future studies should seek additional contingency factors. Therefore, more key

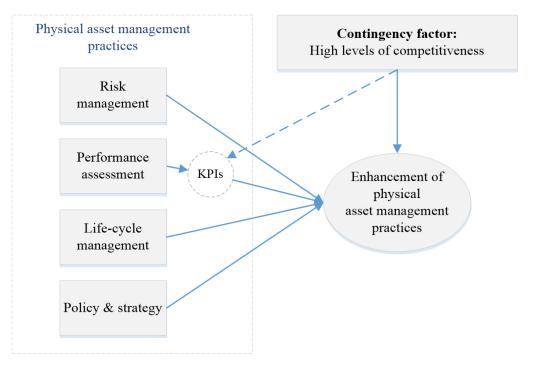


Figure 2. Summary of the study findings

contingency variables need to be identified in the asset management discipline. Second, our construct did not explore the relationship between PAM practices and performance outcome. As such, future studies could focus on the relationship between PAM practices and organizational performance as well. Third, our study did not cover all aspect of asset performance measurement. In this regard, we recommend that future studies should consider more comprehensive set of KPIs and test if different contingency factors encourage their use. Finally, although performance monitoring of assets is well recognized in the literature, performance measurement of the PAM systems is not yet well explored in terms of industrial practice as well as academic research (Attwater et al., 2014). Future studies should therefore focus on this topic as well.

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Vpliv kontingenčnih dejavnikov na izvajanje dejavnosti obvladovanja fizičnih sredstev

Namen: Namen pričujoče empirične raziskave je preučiti vlogo dveh kontingenčnih dejavnikov, t.i. negotovosti in konkurenčnost v povezavi z oblvadovanjem fizičnih sredstev (physical asset management - PAM), kakor tudi v povezavi s ključnimi kazalniki učinkovitosti in uspešnosti vzdrževanja. Raziskava temelji na predpostavki, da dejavnosti obvladovanja fizičnih sredstev, ki so opredeljene z dimenzijami kot so obvladovanje tveganj, ocenjevanje učinkovitosti in uspešnosti, obvladovanje življenjskega cikla ter politika in strategija, so postali nepogrešljiv del strateškega razmišljanja lastnikov fizičnih sredstev, kakor tudi managerjev s področja vzdrževanja in PAM. Namen raziskave je poglobiti razumevanje odzivanja organizacij na visoko ali nizko stopnjo negotovosti in konkurenčnosti z vidika implementacije PAM.

Metodologija/pristop: Podatki v članku temeljijo na izvedeni anketni raziskavi med organizacijami iz šestih evropskih držav (Slovenija, Poljska, Grčija, Švedska, Turčija in Slovaška). Podatki so bili zbrani iz 138 organizacij, ki se nahajajo v omenjenih državah.

Ugotovitve: Rezultati kažejo, da organizacije, ki se soočajo z visoko stopnjo negotovosti in konkurenčnost se bolj uspešni pri vključevanju dejavnosti PAM v organizacijo. Nadalje, rezultati kažejo, da če se organizacije soočajo z visoko stopnjo konkurenčnosti uporabljajo ključne kazalnike učinkovitosti in uspešnosti vzdrževanja ter PAM v večji meri kot organizacije podvržene nizki stopnji konkurenčnosti.

Izvirnost/pomembnost prispevka: S teoretičnega vidika, pričujoča raziskava prispeva k kontingenčni teoriji z zagotovitvijo empiričnih dokazov, ki prikazujejo ali je potreben kontekstno odvisen pristop k PAM. Rezultati raziskave tudi nudijo spoznanje managerjem o tem kako se odzvati na pritisk konkurence in katere so dejavnosti PAM, ki organizaciji omogočajo, da se prilagodi na spremembe v dinamičnem poslovnem okolju.

Ključne besede: Obvladovanje fizičnih sredstev, vzdrževanje, negotovost, konkurenčnost, ključni kazalniki vzdrževanja, empirična študija

APPENDIX A: Measurement scales

The value in parenthesis for each retained item indicates the standardized factor loadings and CITC.

Risk Management

Respondents were asked to indicate how much emphasis is placed on each of the following activities where 1 means totally disagree and 5 means totally agree.

RM1: We embed risk into all activities which could affect assets performance (0.947; 0.785)

RM2: We analyse IT-system, business system, human resources, competence, etc. and address risk (0.799; 0.755)

RM3: We analyse operation, production, quality and logistic process and address risk (0.792; 0.764)

RM4: We perform risk assessment in order to minimize business losses (0.767; 0.815)

RM5: Risk management is an integrated part of asset management strategy (0.756; 0.782)

RM6: We analyse equipment failure causes and effects to address risk (0.657; 0.748)

Performance Assessment

Respondents were asked to indicate how much emphasis is placed on each of the following activities where 1 means totally disagree and 5 means totally agree.

PA1: We exploit asset history to enhance asset knowledge (0.848; 0.761)

PA2: We regularly review overall effectiveness of asset management activities (0.830; 0.833)

PA3: We undertake benchmarking to support asset management activities (0.813; 0.784)

PA4: We monitor key performance indicators (KPIs) to verify the achievement of organization's asset management goals (0.812; 0.800)

PA5: We proactively pursue continuous improvement of asset management activities (0.721; 0.745)

PA6: Company collects and analyses data related to asset management activities (0.681; 0.661)

PA7: We regularly review overall efficiency of asset management activities (0.673; 0.791)

PA8: We exploit information systems to support asset management activities (ERP, CMMS, AMS, or similar ones) (0.584; 0.580)

PA9: We monitor condition of critical assets (0.567; 0.745)

Life cycle Management

Respondents were asked to indicate how much emphasis is placed on each of the following activities where 1 means totally disagree and 5 means totally agree.

LM1: We continuously modernise our assets in accordance with our renewing/revision plans (0.874; 0.732)

LM2: We continuously rationalise our assets to reduce production cost (0.866; 0.686)

LM3: We assure quality of our assets during the whole life cycle phases (0.582; 0.675)

LM4: We assure execution of maintenance processes within all assets' life cycle phases (0.581; 0.741)

LM5: We execute disposal of assets in accordance with the asset management plan (0.573; 0.670)

Policy & Strategy

Respondents were asked to indicate how much emphasis is placed on each of the following activities where 1 means totally disagree and 5 means totally agree.

PS1: We execute asset management strategy (0.624; 0.653)

PS2: We undertake analyses of asset management policy to determine future production capacity (0.468; 0.652)

PS3: We apply asset management policy (0.822; 0.570)

PS4: We develop asset management objectives (0.463; 0.732)

The value in parenthesis for each retained item indicates the standardized factor loadings.

Uncertainty

Respondents were asked to indicate their level of agreement with the following statements on a scale from 1 to 5, where 1 means totally disagree and 5 means totally agree.

UN1: Demand for our organization's products and services is unstable and difficult to predict (0. 980)

UN2: Our organization must frequently improve its products and practices to keep up with competitors (0. 802)

UN3: Products/services quickly become obsolete in our industry (0.786)

Competitiveness

Respondents were asked to indicate their level of agreement with the following statements on a scale from 1 to 5, where 1 means totally disagree and 5 means totally agree.

CO1: Organization is faced with high competitive pressures in global markets (0. 773)

CO2: Competition in our local markets is intense (0.766)

CO3: Our local markets are characterized by a strong price competition (0.761)

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Psychological Empowerment, Job Satisfaction and Organizational Commitment Among Lecturers in Higher Education: Comparison of Six CEE Countries

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Background and Purpose: Organizations should implement new findings from the field of human resource management. If an organization wants to have successful and effective employees, they should be satisfied with all aspects of work and at the same time they should be feel commitment towards an organization. To have a full insight in employees, organizations have to take care of psychological side of employees, which manifests in psychological empowerment.

Design/Methodology/Approach: The survey was conducted among 409 university lecturers in Austria, Croatia, Czech Republic, Germany, Serbia, and Slovenia. The investigated constructs of psychological empowerment, job satisfaction and organisational commitment were compared. Spreitzer's PEQ was used for the assessment of the psychological empowerment, Spector's JSS for job satisfaction, and Allen's and Meyer's OCQ for the assessment of organisational commitment.

Results: The research showed that the highest level of psychological empowerment can be found among university lecturers from Serbia and the lowest from Germany. Job satisfaction level is the highest in Austria and the lowest in Slovenia. Affective organisational commitment is the highest in Slovenia and the lowest in Germany. Continuance organisational commitment scored the highest in Croatia and the lowest in Czech Republic. Additionally, the outcomes show the highest level of normative organisational commitment in Czech Republic and the lowest in Austria. Only affective organisational commitment was not found as statistically significant.

Conclusion: Knowledge of psychological empowerment, job satisfaction and organizational commitment can be helpful for leaders, because with this knowledge they can manage, develop and motivate employees properly.

Keywords: psychological empowerment, organizational commitment, job satisfaction, higher education, HRM

1 Introduction

In the 21th century, teachers are scientific workers and independent educational professionals (Tschannen-Moran, 2009). Higher education lecturers are driving force of higher education institutions (Aslan, Shaukat, Ahmed, Shah & Mahfar, 2014) and their work is very stressful (Saner & Eyüpoğlu, 2012b). Their work is influenced by many factors; among them are psychological empowerment, job satisfaction and organizational commitment. According to Lee and Nie (2014) we should pay more attention to teachers' psychological empowerment, because it has a big influence on their professional development and psychological well-being. Psychological empowerment raises individual's convictions about their own effectiveness. Lecturer's job satisfaction is also of great importance, because it plays an important role in satisfaction of students, higher education institution's effectiveness (Lourdes Machado, Soares, Brites, Ferreira & Gouveia, 2011) and has a big influence on quality of lecturers' work (Karabiyik & Korumaz, 2014). Lecturers work in complex environment, because they have a great variety of duties, such as teaching, helping students and researching, which can affect their level of job satisfaction (Yılmaz, Çelebi & Çakmak, 2014). Organizational commitment is a relationship between individual and organization (Fanggida, Rolland, Survana & Efendi, 2016). Satisfied and committed employees are crucial for higher institution's success (Saner & Eyupoglu, 2012a).

2 Literature Review

This paragraph will provide the review of the scientific literature and previous research related to the psychological empowerment, organizational commitment and job satisfaction.

2.1 Psychological empowerment

Empowerment is a process of strengthening individuals' feelings of their own effectiveness among other members of an organization (Conger & Kanungo, 1988). Considering the advancement of science and technology together with the increase of global competition, empowerment is recognized to be crucial for the companies' effectiveness (Ergeneli, Ari & Metin, 2007). Empowerment is one of the key factors of organization's success (Jose & Mampilly, 2014). Empowerment can be defined as individual's internal (Shapira-Lishchinsky & Tsemach, 2014) or external process of feeling empowered (Shapira-Lishchinsky & Tsemach, 2014; Thomas & Velthouse, 1990). It is also considered as act of empowering others (Menon, 2001). Empowerment has been defined in several different perspectives: process approach, structural approach, and

psychological approach (Leach, Wall & Jackson 2003; Mathieu, Gilson & Ruddy 2006; Menon 2001; Spreitzer 1995b; Uner & Turan, 2010; Quiñones, Van den Broeck & De Witte, 2013). Advocates of the process approach define empowerment as the relationships between structural antecedents and resulting psychological states (Lee & Wei, 2011; Mathieu, Gilson & Ruddy, 2006). Advocates of the structural approach see empowerment as a set of management practices and managers' behaviours that include the delegation of authority and responsibility to the employees (Lee & Wei, 2011; Mathieu, Gilson & Ruddy, 2006; Özaralli, 2003).

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Advocates of the psychological approach contemplate empowerment as the psychological state of subordinates resulting from empowering practices at work (Lee & Wei, 2011; Mathieu, Gilson & Ruddy, 2006; Mishra & Spreitzer, 1998; Spreitzer, 1995b; Spreitzer, 1995a).

Psychological empowerment is a new ap-proach of motivating and has gained great attention from managers (Edalatian Shahriari, Maleki, Koolivand & Meyvand, 2013); for this reasons, there are numerous definitions of this construct (Shapira-Lishchinsky & Tsemach, 2014). Conger, Kanungo and Menon (2000) defined psychological empowerment as a motivation and as a process of individuals' perception of their own effectiveness in comparison to the other members in organization, together with a help of formal and informal procedures and techniques for encouraging effectiveness. Psychological empowerment can be defined as an active motivational orientation with regard to individual's work role and individual's feeling of being in control at work (Boudrias, Morin & Lajoie, 2014).

Psychological approach contemplate empowerment as the psychological state of subordinates resulting from empowering practices at work and it is defined as four-dimensional construct of employees' perceptions (Kirkman & Rosen, 1999; Mishra & Spreitzer, 1998; Spreitzer, 1995b; Zhang, Song, Tsui & Fu, 2014): meaning (sense of meaningfulness that their work is important); competence (competence to perform their tasks well); self-determination (freedom to choose how they carry out their tasks) and impact (belief that their work has an impact on the effectiveness of the larger system). The concept of psychological empowerment plays an important role in behavioural, emotional and cognitive constructs, such as job satisfaction and organizational citizenship behaviour (Wang, 2015).

Meaning is defined as the value employees assign to their job according to their beliefs and standards, together with the fit between the organization's requirements of a task or work goal and personal values or ideas (Spreitzer, 1995b; Quinn & Spreitzer, 1997). Employees who perceive their work as important will likely have greater sense of commitment and will participate in the organization's events more often plus they will be more focused on their work tasks; otherwise, the employees will be apathet-

ic and less willing to be involved in organization's events (Thomas & Velthouse, 1990). When employees perceive that their job requirements are meaningful, they will spend more effort on understanding problems from multiple perspectives and searching for different solutions using information from numerous sources (Gilson & Shalley 2004; Zhang & Bartol, 2010). Employees perceive meaning of work as intrinsic concern for specific job (Amenumey & Lockwood, 2008) and they believe that is one of three critical psychological states of intrinsic motivation (Hackman & Oldham, 1975). In teaching, meaning refers to professional relations, respect and comprehension from other lecturers, which are given based on their knowledge and capabilities (Shapira-Lishchinsky & Tsemach, 2014). Three main assignments of lecturers are teaching, researching and helping students (Lawrence, Ott & Bell, 2012; Veletsianos & Kimmons, 2013; Kelli, Adamsoo, Mets, Jonsson & Pisuke, 2013), but every lecturer develops their unique style of doing them (Hirsto, Lampinen & Syrjäkari, 2013).

Competence is defined as the employee's beliefs in their capability to successfully accomplish their tasks (Spreitzer, 1995a; Quiñones, Van den Broeck & De Witte, 2013). Employees' perceive themselves as competent, when they are confident about their abilities to complete their all job tasks with success (Quinn & Spreitzer, 1997). It refers to the individual's perception of the required abilities to cope with different work situations (Spreitzer, 2008). Competence derives from the concept of self-efficacy (Bandura, 1977) and greater is individuals' perception of self-efficacy, more committed they will be able to accomplish given tasks and they will be more effective (Goodale, Koerner & Roney, 1997; Taylor, 2013). Those individuals would be more initiative, persistence, and would show greater effort to deal with difficult situations (Bandura, 1977). In teaching, competence refers to ability of lecturers of their own capabilities to develop adequate teaching plan in to help students (Shapira-Lishchinsky & Tsemach, 2014). Their perception of self-efficacy is a key factor for reaching academic goals (El-Sayed, El-Zeiny & Adeyemo, 2014).

Self-determination is defined as employee's sense of autonomy to make their own decision regarding job tasks, without feeling constant supervision (Spreitzer, 1995b). Employees who feel high sense of self-determination will be more flexible, creative, initiative, persistent and will have more self-control (Thomas & Velthouse, 1990). Furthermore, they will respond better in stressful situations if they will feel high sense of self-determination (Goodale, Koerner & Roney, 1997). In teaching, self-determination refers to sense of autonomy at work (e.g. teaching plan, selection of study material) together with involvement in decision making concerning their work (e.g. financial plan, schedule) (Shapira-Lishchinsky & Tsemach, 2014).

Impact is defined as level of employee's influence they have over the outcomes in the organization (Spreitzer, 1995b), working unit and ability to attract others to listen to their ideas (Quinn in Spreitzer, 1997). Self-determination is control over individual's behaviour, while impact is control over individual's working environment (Thomas & Velthouse, 1990). In teaching, impact refers to individual's ability to sense possibilities of influencing events in the organization (Shapira-Lishchinsky & Tsemach, 2014). Employees, who feel low sense of impact, are less persistant in reaching set goals (Taylor, 2013).

Seibert, Wang and Courtright (2011) showed that psychological empowerment consists of all four dimensions. Employees who are empowered will not wait passively for instructions yet they will actively change and affect their work environment, leading to greater efficiency (Sigler & Pearson, 2000). Empowered employees believe that they are important and influential in the organization, and that feel greater sense of commitment (Kark, Shamir & Chen, 2003). Numerous researchers have shown that employees who feel empowered are more loyal to the organization (Avolio, Zhu, Koh & Bhatia, 2004; Liden, Wayne & Sparrowe, 2000). Psychological empowerment has a positive effect on employees' self-efficacy and the result of this is that employees believe they can play an important part in adding to organization's productivity (Martin & Bush, 2006). Psychological empowerment is not a fixed personality attribute, since it consists of cognitions that are shaped by the work environment (Stander & Rothmann, 2010).

2.2 Organizational commitment

Researchers have been investigating the relationship between employees and their employing organization for decades (Stinglhamber et al., 2015), since they are aware of importance of employees, who are driving force of every organization (Jordan, Miglič & Marič, 2016). Organizational commitment of employees is one of the most important organizational behavioural issues faced by most organizations, for the reason that employees are not as committed as they were before (Lo, Ramayah & De Run, 2010).

Commitment is a strong psychological and social attachment to something or somebody (Tyree Jr., 1996). Organizational commitment is defined as an individual's identification and involvement with a specific organization (Kalantarkousheh, Sharghi, Soleimani & Ramezani, 2014). It is reflection of individual's psychological state, which refers to the employes's organization and defines a relationship between the employee and the organization (Boštjančič, 2010). Individuals, who are more psychologically attached to the organization, will be more productive and satisfied (Hunter & Thatcher, 2007). Allen and Meyer (1990a) firstly formed two basic types of organizational commitment, but later they added the third one and formed the three-component model, which includes affective organizational commitment, normative organizational com-

mitment and continuance organizational commitment (Allen & Meyer, 1990b).

Affective commitment is defined as attachment based on emotions or desire (Meyer & Allen, 1991). The majority of the literature has explored affective commitment (Eisenberger et al., 2010; Liden, Wayne & Sparrowe, 2000; Riketta, 2002; Rhoades & Eisenberger, 2002), while normative and continuance commitment received less attention (Gutierrez, Candela & Carver, 2012). Affective commitment refers to employees' emotional attachment to the organization, identification with the organization and involvement in the organization (Allen & Meyer, 1993). Revealed positive outcomes of affective commitment have been increased job involvement, attendance, performance, job satisfaction, low rates of attrition and decreased intent to leave (Mathieu & Zajac, 1990; Meyer, Allen & Smith, 1993; Meyer, Stanley, Herscovitch & Topolnytsky, 2002) Employees with a strong affective commitment have a desire to maintain their work role and are going to put more effort into their work (Choi, Tran & Park, 2015; Luchak & Gellatly, 2007).

Normative commitment is defined as attachment based on perceived obligation (Meyer & Allen, 1991), a sense of loyalty or duty (Allen & Meyer, 1993; Meyer & Parfyonova, 2010). Employees with a strong continuance commitment continue working in their organization because they need to (McCallum, Forret & Wolff, 2014; Nakra, 2014; Ravangard, Sajjadnia & Ansarizade, 2013).

Continuance commitment is defined as attachment based on perceived cost (Meyer & Allen, 1991; Allen & Meyer, 1993) and refers to an employee's intention to leave or wish to remain a part of the organization and depends on their recognition of the availability of alternatives if they want to leave the organization (Namasivayam & Zhao, 2007). Highly continuance committed employees will differ in behavioural and potentially cognitive outcomes at work for the reason that they may feel trapped in the job and will produce only the minimum necessary to keep the job (Gutierrez, Candela & Carver, 2012).

2.3 Job satisfaction

Job satisfaction has a long-standing tradition in organizational research (Nguyen & Borteyrou, 2016) and due to that fact we can find numerous definitions (Westover & Taylor, 2010; Gözükara & Çolakoğlu, 2016). Understanding job satisfaction is of great importance for two reasons: personally for employees and for managers, because it affects employees' productivity (Keles, 2015). Job satisfaction is defined as individual's affective reaction or a cognitive attitude toward job; it is an extent to which individuals like or dislike their job (Ivancevich & Matteson, 2002; Spector, 1997).

Individuals who have high level job satisfaction generally have positive attitude towards their work; if they have

low level job satisfaction, they generally have negative attitude towards their work (Robbins & Judge, 2015). If we want to understand the complexity of job satisfaction as a concept, we have to understand the relationship between individual and an organization, because work itself produces feelings which cause a satisfaction or dissatisfaction, (Spector, 1997). This perspective can help organizations to retain their employees (Saari & Judge, 2004; Westlund & Hannon, 2008).

Job satisfaction can result from organizational climate (Mincu, 2015) together with individual's perception and evaluation of a job, which is influenced by the individual's unique circumstances such as needs, values and expectations (Sempane, Rieger & Roodt, 2002). If employees are dissatisfied and they see chance for work in other organization, they will leave organization without sense of guilt (Martins & Coetzee, 2007).

Employees' job satisfaction is an indicator of organisational effectiveness, which is influenced by organisational and dispositional factors (Rothmann & Coetzer, 2002). Majority of managers are aware of importance of job satisfaction, because they know that satisfied employee is also a productive employee (Saari & Judge, 2004). For optimal effectiveness the whole individual's potential is needed; this is the reason why is job satisfaction so important (Rothmann & Coetzer, 2002).

Job satisfaction is a main concept in organizational psychology, and research on its determinants and outcomes is significant for the development of appropriate human resources management practices (Hauff, Richter & Tressin, 2015). Employees' job satisfaction affects their performance and commitment. The assessment of the employee's work conditions is reflected in the attitudes, which are the unit of measurement of job satisfaction (Hajdukova & Klementova, 2015). It is an individual's emotional attitude towards work and work environment. During the investigation of job satisfaction, it is necessary to distinguish whether a person is completely satisfied at work, or is satisfied only by several factors, the extent to which various aspects of the work are important to him/her and to recognize if it is only current state of satisfaction or dissatisfaction (Gok, Karatuna & Karaca, 2015).

Job satisfaction is influenced by personal and organizational factors, which cause emotional reaction which affects organizational commitment (Mowday, Steers & Porter, 1979). Job satisfaction is interrelated with emotions and because of that it affects organization as a whole: productivity (Humphrey, Nahrgang & Morgeson, 2007; Morrison, 2008), job performance (Riketta, 2008), fluctuation and absenteeism (Spector, 2008). Motivated employees are a key factor to organization's success and it is of great importance to understand what motivates them; with this knowledge, we get committed employees (Schein, 1996).

Employees' job satisfaction also affects the health of their personal relationships outside of work environment (Chen, Brown, Bowers & Chang, 2015) together with their self-evaluation (Wu & Griffin, 2012). Understanding job satisfaction is important for understanding if employment contributes to an individual's overall quality of life (Park, Seo, Park, Bettini & Smith, 2016). Job satisfaction is a specific job attitude relating to the reaction an individual has to either their work as a whole or specific facets of the job (Judge & Kammeyer-Mueller, 2012). Compatibility of employees' values and beliefs with those of the organization can result in increased job satisfaction (Kim, 2012).

2.4 National culture in chosen CEE countries

National culture is a collective mental programme which differentiates the members of one group of people from another (Hofstede, 1980) and varies depending on social environment in which they are acquired (Hofstede, Hofstede & Minkov, 2010). National culture is a collective phenomenon, because it is at least partly shared with people who live or lived within the same social environment where it was learned. It six dimensions are: power distance, collectivism versus individualism, femininity versus masculinity, uncertainty avoidance, long term orientation versus short term normative orientation, and indulgence versus restraint (Hofstede, Hofstede & Minkov, 2010).

The power distance represents the degree of an acceptance unequally distributed power, even though the fundamental issue is how a society handles inequalities among individuals. The individualism is defined as a preference for a loosely social framework in which individuals are expected to take care of only themselves and their close relatives. On the contrary, collectivism represents a preference for a tightly social framework in which individuals can expect their close members to look after them in exchange for undoubtable loyalty. The masculinity represents a preference in society for achievement, heroism, assertiveness and material rewards for success, where a society is very competitive. On the contrary, the femininity

represents a preference for cooperation, modesty, caring for the weak and quality of life, where a society is more oriented towards consensus. The uncertainty avoidance is defined as the degree to which the members of a society feel uncomfortable with uncertainty and ambiguity. The long term orientation versus can be named also as pragmatic orientation short term normative orientation. In the academic environment, monumentalism versus flexhumility is sometimes also used. Indulgence represents relatively free gratification of basic and natural human drives in society related to enjoying life and having fun. On the contrary, restraint stands for a society that suppresses gratification of needs, regulated by strict social norms.

Hofstede's dimensions of national culture scores for each country are shown in Table 1; if the score is lower than 50, it means the culture score is relatively low on the scale, and if the score is over 50, it is relatively high. The countries scores differentiate extremely for each dimension. In our study, all dimensions are represented with a country with low score or high score, excluding uncertainty avoidance. Based on studied literature and previous research, we propose our research questions:

RQ1: Does lecturer's psychological empowerment differ by country?

RQ2: Does lecturer's job satisfaction differ by country?

RQ3: Does lecturer's affective organizational commitment differ by country?

RQ4: Does lecturer's continuance organizational commitment differ by country?

RQ5: Does lecturer's normative organizational commitment differ by country?

Table 1: Comparison of six chosen CEE countries by Hofstede's dimensions of national culture

	PDI	IDV	MAS	UAI	LTO	IND
Slovenia	71	27	19	88	49	48
Croatia	73	33	40	80	58	33
Serbia	86	25	43	92	52	28
Austria	11	55	79	70	60	63
Germany	35	67	66	65	83	40
Czech Republic	57	58	57	74	70	29

Note. PDI (Power Distance Index), IDV (Individualsim versus Collectivism), MAS (Masculinity versus Femininity), UAI (Uncertainity Avoidance Index), LTO (Long Term Orientation versus Short Term Normative Orientation), IND (Indulgence versus Restraint) (Hofstede, Hofstede & Minkov, 2010).

3 Research methodology

3.1 Participants

The participants in the research were lecturers from Austria, Croatia, Czech Republic, Germany, and Slovenia. The full set of questionnaires was completed by a total of 409 lecturers, of whom 195 (47.7%) were men and 214 (52.3%) were women. Out of 409 respondents, 84 (20.5%) come from Slovenia, 107 (26.2%) from Croatia, 71 (17.4%) from Serbia, 34 (8.3%) from Austria, 39 (9.5%) from Czech Republic, and 74 (18.1%) from Germany. They work at social science 227 (55.5%) or natural sciences 182 (44.5%) institutions. The average age of respondents was 41.3 years and in average they work for 14.6 years.

Out of 409 respondents, 227 (55.5%) were professors and 182 (44.5%) were other pedagogical workers. According to academic rank, respondents were: 54 (13.2%) full professors, 71 (17.4%) associate professors, 102 (24.9%) assistant professors, 21 (5.1%) senior lecturers, 18 (4.4%) lecturers, 11 (2.7%) language instructors, 3 (0.7%) senior research fellows, 27 (6.6%) research fellows, 36 (8.8%) teaching assistants with PhD and 66 (16.1%) assistants.

3.2 Instruments

Psychological Empowerment Questionnaire (PEQ) was used for measuring psychological empowerment developed by Spreitzer (1995b). The 12-item scale is composed of 4 dimensions: competence (e.g., "I am confident about my ability to do my job"), self-determination (e.g., "I have significant autonomy in determining how I do my job"), meaning (e.g., "My job activities are personally meaningful to me") and impact (e.g., "I have significant influence over what happens in my department"). The response scale was a seven-point Likert scale ranging from 1 (completely disagree) to 7 (completely agree). The higher scores indicate the perception of being more psychologically empowered. Evidence of the internal consistency of the psychological empowerment has been reported in numerous studies (Faulkner & Laschinger 2008; Seibert, Silver & Randolph, 2004; Spreitzer 1995b). The coefficient of reliability (Cronbach's alpha) was .88, respectively.

Organizational Commitment Questionnaire (OCQ) was used for measuring organizational commitment developed by Allen and Meyer (1990b). The 24-item scale is composed of 3 dimensions: affective organizational commitment (e.g., "I would be very happy to spend the rest of my career with this organization"), normative organizational commitment (e.g., "I think that people these days move from company to company too often") and continuance organizational commitment (e.g., "It would be very hard for me to leave my organization right now, even if I wanted to"). The higher scores indicate the perception of

being more committed to the organization. The three-component model of organisational commitment has been tested extensively in different settings; differences between results in North America and others countries are small, what indicates possibility of generalization of the model (Meyer, Stanley, Herscovitch & Topolnytsky, 2002). The coefficient of reliability (Cronbach's alpha) was .80 for affective organizational commitment, .73 for continuance organizational commitment, and .58 for normative organizational commitment.

Job Satisfaction Survey (JSS) was used for measuring job satisfaction developed by Spector (1997). The 36-item scale is composed of 9 dimensions: pay (e.g., "I feel I am being paid a fair amount for the work I do"), promotion (e.g., "There is really too little chance for promotion on my job"), supervision (e.g., "My supervisor is quite competent in doing his/her job"), fringe benefits (e.g., "I am not satisfied with the benefits I receive"), contingent rewards (e.g., "When I do a good job, I receive the recognition for it that I should receive"), operating procedures (e.g., "Many of our rules and procedures make doing a good job difficult"), co-workers (e.g., "I like the people I work with"), nature of work (e.g., "I I sometimes feel my job is meaningless") and communication (e.g., "Communications seem good within this organization"). The questionnaire was used in more than fifty studies in different context and industries (Job Satisfaction Survey, 2011). The coefficient of reliability (Cronbach's alpha) was .81, respectively.

3.3 Data collection

Empirical research on psychological empowerment, organizational commitment and job satisfaction of lecturers in six CEE countries was performed by survey method. To obtain data, we prepared and used two separate survey questionnaires – one in Slovene and other one in English. We designed online questionnaire, which were sent to lecturers via e-mail in spring 2016. After conducting online research, primary data was controlled and edited. For processing and analysing data, we used IBM SPSS Statistics 24.

4 Results

In our research, we studied differences in psychological empowerment, job satisfaction and organizational commitment of lecturers from six CEE countries.

RQ1: Does lecturer's psychological empowerment differ by country?

Table 2 shows the number of respondents, means, standard deviations and statistically significant differences (bolded) for psychological empowerment. According to mean, the

Table 2: Means, standard deviations, and analysis of variance (ANOVA) for psychological empowerment

				Mean differences						
Country	n	M	SD	1	2	3	4	5	6	
Slovenia	84	5.63	.70	-	-	-	-	-	-	
Croatia	107	5.39	.93	.25 (.249)	-	-	-	-	-	
Serbia	71	5.72	.69	.08 (.984)	.33 (.071)	-	-	-	-	
Austria	34	5.45	.91	.19 (.877)	.07 (.999)	.27 (.654)	-	-	-	
Germany	74	5.18	.58	.47 (.000)*	.21 (.403)	0.55 (.000)*	.28 (.574)	-	-	
Czech Republic	39	5.51	.77	.13 (.938)	.12 (.966)	.21 (.714)	.06 (1.00)	.34 (.175)	-	

Note. *p < .05, n = 409.

Table 3: Means, standard deviations, and analysis of variance (ANOVA) for job satisfaction

				Mean differences						
Country	n	M	SD	1	2	3	4	5	6	
Slovenia	84	3.93	.63	-	-	-	-	-	-	
Croatia	107	4.19	.55	.26 (.034)*	-	-	-	-	-	
Serbia	71	4.31	.51	.39 (.001)*	.13 (.628)	-	-	-	-	
Austria	34	4.33	.61	.40 (.025)*	5.00 (0.84)	.01 (1.00)	-	-	-	
Germany	74	4.14	.37	.22 (.092)	.14 (.842)	.17 (.207)	.18 (.582)	-	-	
Czech Republic	39	4.23	.54	.30 (.089)	.04 (.999)	.09 (.957)	.10 (.973)	.08 (.959)	-	

Note. *p < .05, n = 409.

most psychologically empowered are lecturers in Serbia, 5.72, while the least psychologically empowered are lectures in Germany, 5.18. A Kolmogorov – Smirnov test was used to test for normality and assumption of normality was violated, p = .000. Leven's test for homogeneity of variances was found to be violated F(5, 403) = 4.98, p = .000; due to that fact we had to conduct Welch's analysis of variance. Analysis of variance showed differences of lecturer's psychological empowerment by country, F(5, 147) = 6.79, p = .000, $\eta_p^2 = .056$. Post hoc analysis using Games – Howell's post hoc test indicated significant differences of lecturer's psychological empowerment between Slovenia and Germany (p = .000), and Germany and Serbia (p = .000).

RQ2: Does lecturer's job satisfaction differ by country?

Table 3 shows the number of respondents, means, standard deviations and statistically significant differences (bolded) for job satisfaction. According to mean, the most satisfied lecturers are in Austria, 4.33, while the least satisfied are

lectures in Slovenia, 3.93. A Kolmogorov – Smirnov test was used to test for normality and assumption of normality was violated, p = .000. Leven's test for homogeneity of variances was found to be violated F(5, 403) = 4.37, p = .000; due to that fact we had to conduct Welch's analysis of variance. Analysis of variance showed differences of lecturer's job satisfaction by country, F(5, 146) = 4.18, p = .000, $\eta_p^2 = .060$. Post hoc analysis using Games – Howell's post hoc test indicated significant differences of lecturer's job satisfaction between Slovenia and Croatia (p = .034), Slovenia and Serbia (p = .001), and Slovenia and Austria (p = .025).

RQ3: Does lecturer's affective organizational commitment differ by country?

Table 4 shows the number of respondents, means and standard deviations for affective organizational commitment. According to mean, the highest level of affective commitment is perceived by lecturers in Slovenia, 4.48, while

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the lowest level of affective commitment is perceived by lectures in Germany, 4.16. A Kolmogorov - Smirnov test was used to test for normality and assumption of normality was violated, p = .000. Leven's test for homogeneity of variances was found to be violated F(5, 403) = 7.95, p = .000; due to that fact we had to conduct Welch's analysis of variance. Analysis of variance showed no statistically significant differences of lecturer's affective organizational commitment by country, F(5, 145) = 1.77, p = .123, $\eta_p^2 =$.012.

RQ4: Does lecturer's continuance organizational commitment differ by country?

Table 5 shows the number of respondents, means, standard deviations and statistically significant differences (bolded) for continuance organizational commitment. According to mean, the highest level of continuance commitment is perceived by lecturers in Croatia, 4.52, while the lowest level of continuance commitment is perceived by lectures in Czech Republic, 3.83. A Kolmogorov – Smirnov test was used to test for normality and assumption of normality was violated, p = .002. Leven's test for homogeneity of variances was found to be violated F(5, 403) = 5.14, p = .000; due to that fact we had to conduct Welch's analysis of variance. Analysis of variance showed differences of lecturer's continuance organizational commitment by country, F(5,147) = 3.23, p = .009, η_p^2 = .041. Post hoc analysis using Games - Howell's post hoc test indicated significant differences of lecturer's psychological continuance organizational commitment between Slovenia and Czech Republic (p = .043), and Croatia and Czech Republic (p = .011).

RQ5: Does lecturer's normative organizational commitment differ by country?

Table 6 shows the number of respondents, means, standard deviations and statistically significant differences (bolded) for normative organizational commitment. According to mean, the highest level of normative commitment is perceived by lecturers in Czech Republic, 4.04, while the lowest level of normative commitment is perceived by lectures in Austria, 3.43. A Kolmogorov - Smirnov test was used to test for normality and assumption of normality was violated, p = .000. Leven's test for homogeneity of variances was found to be violated F(5, 403) = 2.43, p = .035; due to that fact we had to conduct Welch's analysis of variance. Analysis of variance showed differences of lecturer's normative organizational commitment by country, F(5, 148) =2.46, p = .036, η_p^2 = .031. Post hoc analysis using Games

Table 4: Means and standard deviations for affective organizational commitment

Country	n	M	SD
Slovenia	84	4.48	.94
Croatia	107	4.40	1.08
Serbia	71	4.41	1.16
Austria	34	4.33	1.19
Germany	74	4.16	.66
Czech Republic	39	4.46	1.13

Note. N = 409.

Table 5: Means, standard deviations, and analysis of variance (ANOVA) for continuance organizational commitment

				Mean differences						
Country	n	M	SD	1	2	3	4	5	6	
Slovenia	84	4.40	.88	-	-	-	-	-	-	
Croatia	107	4.52	1.13	.12 (.963)	-	-	-	-	-	
Serbia	71	4.24	1.05	.16 (.911)	.28 (.545)	-	-	-	-	
Austria	34	4.33	.99	.07 (.999)	.19 (.932)	.09 (.998)	-	-	-	
Germany	74	4.17	.68	.25 (.364)	.36 (.083)	.09 (.992)	.17 (.938)	-	-	
Czech Republic	39	3.83	1.04	.58 (.043)*	.70 (.011)*	.42 (.354)	.50 (.290)	.343 (.484)	-	

Note. *p < .05, n = 409.

						Mean diff	lean differences			
Country	n	M	SD	1	2	3	4	5	6	
Slovenia	84	3.78	.83	-	-	-	-	-	-	
Croatia	107	3.71	.79	.07 (.992)	-	-	-	-	-	
Serbia	71	3.81	.76	.04 (1.00)	.11 (.945)	-	-	-	-	
Austria	34	3.43	.78	.35 (.267)	.28 (.457)	.37 (.170)	-	-	-	
Germany	74	3.74	.59	.03 (1.00)	.04 (.999)	.07 (.990)	.32 (.300)	-	-	
Czech Republic	39	4.04	.76	.27 (.497)	.33 (.196)	.23 (.662)	.62 (.013)*	.30 (.288)	-	

Table 6: Means, standard deviations, and differences analysis of variance (ANOVA) for normative organizational commitment

Note. *p < .05, n = 409.

– Howell's post hoc test indicated significant differences of lecturer's normative organizational commitment between Austria and Czech Republic (p = .013).

5 Discusion

Our study has shown that lecturers in all six CEE countries feel psychologically empowered, because all scores are well over the scale midpoint. Statistically significant differences in psychological empowerment were found between Slovenia and Germany, and Serbia and Germany. It is of great importance for managers to have employees with high level of psychological empowerment, because it shows that they see themselves as competent to do their work, they have impact on actions in their work environment, they perceive themselves as effective and they see their work as important. Psychologically empowered employees will be more satisfied with their job (Seibert, Wang & Courtright, 2011) and they will be more committed to their organization (Chang, Shih & Lin, 2010).

Results have shown that lecturers are satisfied with their job, because all score are well over the scale midpoint. Statistically significant differences in job satisfaction were found between Slovenia and Croatia, Slovenia and Serbia, and Slovenia and Austria. Knowing the level of job satisfaction is important for managers, because it is associated with a number of desirable organizational outcomes such as high productivity, low absenteeism, low turnover rates (Yang & Wang, 2013), mental and physical health (Shahmohammadi, 2015), for what strives any organization. Employees with the highest level of job satisfaction are most likely to recognise organisational values and goals, and will remain with the organisation longer (Ahmad & Oranye, 2010; Lourdes Machado et al., 2011). Managers should focus on employees' job satisfaction, because otherwise they will leave organization together with the knowledge (Alniacik, Alniacik, Erat & Akcin, 2013; Tnay, Othman, Siong & Lim, 2013); on the other hand, their performance on professional level will be worsen (Şirin, 2009). Employees will be satisfied, when they will perform their job with enthusiasm and will be praised for work done (Avram, Ionescu & Mincu, 2015). Organizations' effectiveness depends on employees' job satisfaction (Bitmiş & Ergeneli, 2013), although it has to be pointed out, that perception of job satisfaction is a subjective perception which can differ from individual to individual, so it can very vary (Belias, Koustelios, Vairaktarakis & Sdrolias, 2015).

According to the results in our study, the highest score was found for affective organizational commitment, but it was not found as statistically significant. The scores for all countries were above the scale midpoint, what suggest that employees feel desire to be in their organization. Positive outcomes of employees' affective commitment are greater effectiveness, bigger desire for work, readiness for extra work (Choi, Tran & Park, 2015; Luchak & Gellatly, 2007), and desire to stay in the organization (Kleine in Weißenberger, 2014).

According to the result in our study, statistically significant differences in continuance organizational commitment were found between Slovenia and Czech Republic, and Croatia and Czech Republic. The scores for all countries were above the scale midpoint, what suggest that they feel trapped in their organizations and will only produce the minimum necessary to keep the job (Lambert, Minor, Wells in Hogan, 2015).

According to the results in our study, statistically significant differences in normative organizational commitment were found between Czech Republic and Austria. The scores for all countries were above the scale midpoint, what suggest their obligation to stay employed in their organization. Employees with high normative commitment respond to their own sense of loyalty and fairness (Hofman in Newman, 2014). Employees with high normative commitment will out-perform those with lower level (Meyer & Allen, 2004).

Although this research makes important contribution,

implications for theory, research and practice, current results and conclusions are evaluated on base of six CEE countries. Potential limitation of this research is that individual's national culture can differ and it is not in line with majority. Therefore, we have to be aware of that if we want to measure a nation's cultural characteristics for an unbiased study a large number of individuals are required (Lee, Trimi & Kim, 2013) and also for generalization of the results.

6 Conclusion

Understanding the importance of employees' psychological empowerment, job satisfaction and organizational commitment is of great importance for managers, because knowing the levels of mentioned constructs can help them how to handle them appropriate and also how to motivate them. Additionally, it can genuinely assist managers to eliminate disturbing factors which directly or indirectly influence on psychological empowerment, job satisfaction and/or organizational commitment.

Our research has been conducted among lecturers in higher education in six CEE countries based on different national cultures, where we found significant differences in psychological empowerment, normative and continuance organizational commitment, and job satisfaction; on the contrary, we did not find significant differences in affective organizational commitment.

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Psihološko opolnomočenje, zadovoljstvo z delom in organizacijska pripadnost visokošolskih pedagogov: primerjava šestih držav Srednje in Vzhodne Evrope (CEE)

Ozadnje in namen: Organizacije morajo uvajati nova spoznanja s področja upravljanja kadrovskih virov. Če želi imeti organizacija uspešne in učinkovite zaposlene, morajo le-ti biti zadovoljni z vsemi vidiki dela in bodo hkrati čutili večjo pripadnost organizaciji. Za popoln vpogled v zaposlene, morajo organizacije poskrbeti za psihološko stran zaposlenih, ki se kaže v psihološkem opolnomočenju.

Oblikovanje/Metodologija/Pristop: Raziskava je bila izvedena med 409. visokošolskimi pedagogi iz Avstrije, Hrvaške, Češke, Nemčije, Srbije in Slovenije. Proučevani konstrukti psihološkega opolnomočenja, zadovoljstva z delom in organizacijske pripadnosti so bili primerjani po državah. Spreitzerin PEQ je bil uporabljen za ocenjevanje psihološkega opolnomočenja, Spectorjev JSS za zadovoljstvo z delom ter Allenin in Meyerjov OCQ za oceno organizacijske pripadnosti.

Rezultati: Raziskava je pokazala, da je najvišja stopnja psihološkega opolnomočenja med visokošolskimi pedagogi iz Srbije in najnižja med tistimi iz Nemčije. Zadovoljstvo z delom je najvišje v Avstriji in najnižje v Sloveniji. Čustvena organizacijska pripadnost je najvišja v Sloveniji in najnižja v Nemčiji. Kalkulativna organizacijska pripadnost je najvišje ocenjena na Hrvaškem in najnižje na Češki. Dodatno, rezultati pokažejo, da je najvišja stopnja normativne organizacijske pripadnosti na Češkem in najnižja v Avstriji. Do statistično značilnih razlik ni prišlo le v primeru čustvene organizacijske pripadnosti.

Sklep: Poznavanje psihološkega opolnomočenja, zadovoljstva z delom in organizacijske pripadnosti je koristno za vodje, saj lahko s tem znanjem ustrezno upravljajo, razvijajo in motivirajo zaposlene.

Ključne besede: psihološko opolnomočenje, organizacijska pripadnost, zadovoljstvo z delom, visoko šolstvo, upravljanje s kadrovskimi viri.

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Reasons for Plagiarism in Higher Education

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Background and Purpose: The survey was performed to determine the reasons that lead students to possibly commit plagiarism during their studies. By doing so, we wanted to determine the main reason for the appearance of plagiarism and how, within this main reasons, various indicators of plagiarism are judged and, finally, how demographic data and student motivation for study are associated with the reasons for plagiarism.

Design/Methodology/Approach: A paper-and-pencil survey was carried out among 17 faculties of the University of Maribor in Slovenia. A sample of 139 students 85 males and 54 females participated in this study, ages ranged from 19 to 36 years. The questionnaire contained 95 closed questions referring to: (i) general data, (ii) education, (iii) social status, (iv) awareness of plagiarism, and (v) reasons for plagiarism. Parametric and nonparametric statistical tests were performed depending on distributions of the answers.

Results: The results reveal that information and communication technology is largely responsible for the plagiarism with two reasons highlighted: ease of copying and ease of access to materials and new technologies. We also found some differences between low and high motivated students. Different average values of the answers considering motivation for study were confirmed for academic skills, teaching factors and other reasons for plagiarism, where the average for lower motivated students is significantly different (higher) than the average for higher motivated students. At the end we could find no direct relationship between the average time spent on the Internet and plagiarism.

Conclusion: The transmission of knowledge is the basic mission of faculties. This mission is based on moral beliefs about the harmfulness of its abuse, and plagiarism is exactly such abuse. Regardless of the students past at this point professors are those who could greatly contribute to the right set of skills to keep students off plagiarising.

Keywords: plagiarism, higher education, reasons for plagiarism, academic skills, teachers

1 Introduction

Plagiarism is a recurring problem in higher education (Jiang, Emmerton, & Mckange, 2013; Lorenz, 2013). While we search for a common definition of plagiarism, we are coping with a challenge for which no answer yet exists. Various authors advocate different definitions: citing direct text without attribution (Belter & DuPre, 2009), citing parts of text of another author, using parts of text without citing (Colnerud & Rosander, 2009), presentation of foreign ideas as their own, without a clear reference to the source ((Hard, Conway, & Moran, 2006). Furthermore, Perrin (2009), Larkham (2002) and Culwin (2001)

define plagiarism as the use of the author's words, ideas, reflections and thoughts without proper acknowledgment of the source. An extended definition of plagiarism takes into account the fact that if a student does not think about it and doesn't write his text all alone and does not apply the appropriate bibliographical references, this is indeed plagiarism (Lathrop & Foss, 2000).

Students are under enormous pressure from family, peers, and instructors to compete for scholarships, admissions, and, of course, place in the job market. They often see education as a rung in the ladder to success, and not an active process valuable in itself. Because of this, students tend to focus on the end results of their research,

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rather than the skills they learn in doing it (Turnitin.com and Research Resources). This often results in plagiarism. Students justify plagiarism by pointing out that since their peers plagiarize, they must do the same to keep up (Turnitin.com and Research Resources, n.d.). It is clear that a lot of students plagiarise intentionally. Many authors tried to explain the reasons which led students to plagiarise. These reasons vary from being lazy (Dordoy, 2002), poor time management (Dordoy, 2002), pressure from other students, (Devlin, & Gray, 2007; Dordoy, 2002; Errey, 2002; Park, 2003; Wilhoit, 1994;), pressure to receive higher grades (Dordoy, 2002; Park, 2003; Wilhoit 1994), gaining easy access to material via the internet (Dordoy, 2002), fear of failure and taking risks because they think they will not get caught (Dordoy, 2002, & Sutherland, 2004). Reasons for plagiarising unintentionally may include collaborative team work in producing an assignment (Wilhoit 1994), misunderstanding of rules (Dordoy, 2002) and not being aware of what plagiarism entails (Dordoy, 2002).

Along these lines, the purpose of our study was to investigate the reasons for plagiarism in higher education. Our findings might aid in preventing or reducing plagiarism among students. The survey was aimed at obtaining a view toward the retention and the continuation of academic integrity. We wanted to highlight how students evaluate individual sets of causes for possible plagiarism, which of this causes are dominant and what the correlations between the general and opinion parts of the survey are. Furthermore, we wanted to find out, how the wider academic community, and finally the social environment could support the student in coping with this problem. We classified the reasons for plagiarism as following: information and communication technology, control, punishment and consequences, academic skills, teacher factor, different pressures of the external public, pride, and other reasons.

The research questions of the study were divided into three groups:

RQ group 1: What are the reasons for plagiarism in higher education, according to students? Are there any differences between male and female students regarding this? Are the reasons for plagiarism connected with specific study areas (formal, social, natural sciences)?

RQ group 2: Does the student's motivation affect his/ her reasons for plagiarism? Do higher motivated students plagiarise less?

RQ group 3: Is plagiarism correlated with time spent on the internet (web)? Does social status connected with work and scholarship affect plagiarism?

Next the theoretical background is presented.

2 Theoretical background

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The reasons for the plagiarism such as self-esteem, achievement desire and study motivation, are discussed by many authors (Angell, 2006; Rettinger & Kramer, 2009; Williams, Nathanson, & Paulus, 2010). In contrast Barnas (2000) claims that one of the main causes is the teacher factor. Songsriwittaya, Kongsuwan, Jitgarum, Kaewkuekool, and Koul (2009) state that the reason that motivates students to plagiarize is the goal to get good grades and to compare their success to their peers. Students with performance goals are more likely to engage in plagiarism than students with mastery goals. The views of Engler, Landau, & Epstein (2008), Hard, Conway, & Moran (2006) are also noteworthy. They say that plagiarism arises out of social norms and peer relationships. As a very common cause, the growing diversity of sources and form is emphasized. which (as such) often represents uncertainty regarding correct information usage (Evering & Moorman, 2012). The flood of online resources, without precisely stated authorship, may be one of the problems where students have difficulty determining what is right and what is wrong. Online resources are also available 24 hours a day, 7 days a week and enable a flood of information, which often leads to a confused state in a student. Given students' ease of access to both digital information and sophisticated digital technology, several researchers have noted that students may be more likely to ignore academic ethics and to engage in plagiarism than would otherwise be the case (Chang, Chen, Huang, & Chou, 2015). Many students simply do not view copying homework answers as wrong-at least not when it is done with technology (Yang, 2014).

A common reason is the poor preparation of notes on lectures (Rettinger & Kramer, 2009), which can lead to inadequate referencing of the text. We need to know that authors' words are not only written but also oral. Many students come with the question of primary and secondary sources, which can also become a reason for plagiarism. Additional reasons are related to the problem of increasing the number of students per professor, the pressure for high estimates, time pressures and the dissatisfaction of students with their study (Carrol, 2002). As we mentioned before the reason for plagiarism may also arise from personal factors, such as student age, sex, study program, study level and cultural background.

Fish and Hura (2013) think that plagiarism is much more likely to occur if students have an unclear perception of plagiarism and that plagiarism is quite common among their peers, and that the consequences are minor Okoro (2011) also highlights studies that reveal that 90% of students are aware that plagiarism is wrong and unethical but, at the same time, there is the academic world that is aware of the facts that students plagiarize (despite all the mentioned risks), because they feel that nobody will catch them. Some studies argue that students do not know

the actual nature of plagiarism because they have not been taught about proper citation methods (Blum, 2009; Carrol, 2007; Hansen, 2003).

The results of a study conducted in the US and Canadian universities present the incidence of plagiarism, since one of five students admitted that he/she has cheated on tests or exams at least once in the last year, but the number rises to 59% for undergraduate students (McCabe, 2005). Selwyn (2008) presents results from the UK, where about 60% of undergraduate students admitted plagiarism connected to the internet in the previous year and the fact that those who work on the internet better are more prone to plagiarism.

The idea of our research is presented in the initial part of the paper. The method and results of the research are presented in the next chapter.

3 Method

Sample

The paper-and-pencil survey was carried out in 2015 among 17 faculties of the University of Maribor in Slovenia. The survey was carried out by the Faculty of Organisational Sciences, University of Maribor.

A sample of 139 students (85 males (61%) and 54 (39%) females) participated in this study. Ages ranged from 19 to 36 years, with a mean of 21 years and 7 months (M=21.57 and SD=2.164). More than half (53%) of the participants

were formal sciences students, 23% were social sciences and 23% natural sciences students. The majority (75.5%) attended traditional courses, and 24.5% blended learning. More than half (52.5%) were working at the time of the study, and 42% of all participants had scholarships. More than two thirds (70%) of them were highly motivated for study and 30% less so; 27.5% of students spend 2 or fewer hours per day on the internet, 40.5% spend between 2 and 5 hours and 32% spend 5 or more hours on the internet per day. The general data can be seen in Table 1.

Instrument

The questionnaire contained 95 closed questions referring to: (i) general data (gender, age, study motivation, time spent on the internet), (ii) education (study level, study area, way of study, average grade), (iii) social status (working status, scholarship, financial situation, residence, father's and mother's educational level), (iv) awareness of plagiarism, and (v) reasons for plagiarism (ICT and web, control, academic skills, teaching factors, pressure, pride, other). The items in the (iv) and (v) groups used a 5-point Likert scale from strongly disagree (1) to strongly agree (5), with larger values indicating stronger orientation.

4 Results

All statistical tests were performed with SPSS at the significance level of 0.05. Parametric tests (Independent – Sam-

Table 1: General data

C 1	Male	85	61%
Gender	Female	57	39%
C4 11	Bachelor	118	85%
Study level	Masters	21	15%
	Formal sciences	74	53%
Study area	Social sciences	32	23%
	Natural sciences	32	23%
Warrafatudu	Classic learning	105	75.5%
Way of study	Blended learning	34	24.5%
Wealting within time of study	Yes	73	52.5%
Working within time of study	No	66	47.5%
Cahalambin	Yes	58	42%
Scholarship	No	81	58%
Madissatis of Constraints	Lower	41	30%
Motivation for study	Higher	97	70%
	2 or fewer hours	38	27.5%
Average time spent on the internet in hours	between 2 and 5 hours	56	40.5%
	5 or more hours	44	32%

		Mean	St. deviation
1.1	It is easy for me to copy/paste due to contemporary technology	4.22	0.805
1.2	I do not know how to cite electronic information	2.35	1.054
1.3	It is hard for me to keep track of information sources on the web	2.93	1.075
1.4	I can easily access material from the internet	4.20	0.800
1.5	Easy access to new technologies	4.20	0.800
1.6	I can easily translate from other languages		1.093
1.7	I can easily combine material from multiple sources	3.82	1.002
1.8	It is easy to share documents, information, data		0.844
1	ICT and Web	3.67	0.577
2.1	There is no teacher control on plagiarism	2.50	0.912
2.2	There is no faculty control on plagiarism	2.35	0.859
2.3	There is no university control on plagiarism	2.27	0.839
2.4	There are no penalties	2.12	0.910
2.5	There are no honour codes on plagiarism	2.41	0.915
2.6	There are no electronic systems of control	2.14	0.929
2.7	There is no systematic tracking of violators	2.60	1.034
2.8	I will not get caught	2.17	1.096
2.9	I am not aware of penalties	2.55	1.078
2.10	I do not understand the consequences	2.58	1.135
2.11	The penalties are minor	2.51	0.898
2.12	The gains are higher than the losses	2.57	1.008
2	Control	2.40	0.615
3.1	I run out of time	3.39	1.113
3.2	I am unable to cope with the workload	2.79	1.087
3.3	I do not know how to cite	2.54	1.088
3.4	I do not know how to find material	2.40	1.004
3.5	I do not know how to research	2.31	0.939
3.6	My reading comprehension skills are weak	1.75	0.790
3.7	My writing skills are weak	2.14	0.967
3.8	I sometimes have difficulty expressing my ideas	2.58	1.089
3	Academic skills	2.49	0.708
4.1	The tasks are too difficult	2.84	0.968
4.2	Poor explanation - bad teaching	3.11	1.081
4.3	Too many assignments in a short time	3.36	1.022
4.4	Plagiarism is not explained	2.78	1.220
4.5	I am not satisfied with course contents	3.05	1.038
4.6	Teachers do not care	2.76	0.989
4.7	Teachers do not read students' assignments	2.65	0.962
4	Teaching factors	2.93	0.702

Table 2: Average values and standard deviations of the answers (continued)

5.1	Family pressure	1.86	0.827
5.2	Peers pressure	1.93	0.881
5.3	Under stress	2.76	1.221
5.4	Faculty pressure	2.64	1.183
5.5	Money pressure	2.37	1.105
5.6	Afraid to fail	2.83	1.197
5.7	Job pressure	2.32	1.131
5	Pressure	2.39	0.845
6.1	I do not want to look stupid in front of peers	2.40	1.108
6.2	I do not want to look stupid in front of professor	2.47	1.131
6.3	I do not want to embarrass my family	2.38	1.182
6.4	I do not want to embarrass myself	2.45	1.240
6.5	I focus on how my competences will be judged relative to others	2.45	1.047
6.6	I am focused on learning according to self-set standards	3.04	1.128
6.7	I am afraid to ask for help	2.26	0.981
6.8	My fear of performing poorly motivates me to plagiarize	2.27	0.997
6.9	Assigned academic work will not help me personally/professionally	2.19	1.078
6	Pride	2.43	0.845
7.1	I do not want to work hard	2.48	1.132
7.2	I do not want to learn anything, just pass	2.00	0.956
7.3	My work is not good enough	2.09	0.900
7.4	It is easier to plagiarize than to work	2.65	1.148
7.5	To get better-higher mark (score)	2.71	1.124
7	Other reasons	2.39	0.811

ples *t*-Test, Paired – Samples *t*-Test, One-Way ANOVA) were selected for normal and near normal distributions of the answers. Nonparametric tests (Mann-Whitney Test, Kruskal-Wallis Test, Friedman's ANOVA) were used for significantly non-normal distributions.

RQ group 1

The average values of the answers (and standard deviations) in the sample, referring to the reasons for plagiarism are shown in Table 2.

According to Friedman's ANOVA, the reasons for plagiarism can be divided into three homogeneous groups. First and dominating are ICT and Web reasons (Group 1), the second group consists of teaching factors (Group 4) and all the other reasons (2, 3, 5, 6 and 7) belong to Group 3. The distributions of the average values of the answers in Groups 2, 3, 5, 6 and 7 are not significantly different

(p=.066; see Table 3).

ICT and Web reasons were detected as dominating reasons for plagiarism and, as such, they were investigated in more detail (Table 2). That the distributions of the answers to the questions 1.1, 1.4, 1.5 and 1.8 are not significantly different was confirmed by Friedman Test (*Chi-Square* = 1.638, p=.651). Consequently, the average values (means) of the answers to the questions 1.1, 1.4, 1.5 and 1.8 are not significantly different, whereas the distributions of the answers for all the other pairs were confirmed to be significantly different.

Different distributions of the answers considering gender were confirmed for 1.2 and 1.4 by the Mann-Whitney Test (p=.020; p=.048). It seems that male students on average have more problems with knowing how to cite electronic information than female students do; female students can also access material from the internet more easily (Table 4). Different distributions of the answers con-

Table 3: Homogeneous subsets according to Friedman's ANOVA

	Sample ave	Sample average rank					
Group	Subset 1	Subset 2	Subset 3				
5	3.094						
2	3.216						
7	3.295						
6	3.511						
3	3.543						
4		4.903					
1			6.439				
Test Statistic	8.806						
Sig (2-sided)	.066						

Table 4: Descriptive statistics for individual statements (ICT and Web) according to gender and results for Mann-Whitney Test

	ICT and Web	M	Male Female		Mann-Whitney Test		
	Te Fand web		Std. Dev.	Mean	Std. Dev.	Z	p
1.2	I do not know how to cite electronic information	2.49	1.042	2.11	1.040	-2.322	.020
1.4	I can easily access material from the internet	4.08	0.862	4.39	0.656	-1.976	.048

Table 5: Descriptive statistics for individual statements (ICT and Web) according to study area and results for Kruskal-Wallis Test

	Forma		Sciences	Social S	Sciences	Natural Sciences Kruskal-Wa		Kruskal-Walli	llis Test	
	ICT and Web	Mean	Std. Dev.	Mean	Std. Dev.	Mean	Std. Dev.	Chi-Square	p	
1.2	I do not know how to cite electronic information	2.54	1.088	1.91	1.027	2.31	0.896	9.574	.008	
1.6	I can easy translate from other languages	3.73	0.983	3.25	1.136	3.22	1.184	6.065	.048	

sidering study area were confirmed for 1.2 and 1.6 by the Kruskal-Wallis Test (p=.008; p=.048). Students enrolled in social sciences seem to have fewer problems with citing electronic information than students of formal and natural sciences. However, students of formal sciences find translating from other languages easier than students from the other two science areas do (Table 5).

Different average values of the answers considering gender were confirmed by the Independent *t*-Test (t=2.247, p=.026). This was also done for the pride reasons, where the average for male (M=2.56 and SD=.854) is significant-

ly different (higher) than the average for female (M=2.24 and SD=.797). The normality of distribution for average values of the answers within groups (male and female) was checked with a Kolmogorov-Smirnov test, the results of which were not significant. The average values of the answers for individual statements 6.5, 6.7 and 6.9 and the significances for t-Test for equality of means are shown in Table 6. The average values of the answers for these three statements are significantly different (higher for male than female).

Table 6: Descriptive statistics for individual statements (pride group) and results for t-Test

		Male		Female		t-Test	
	Pride	Mean	Std. Dev.	Mean	Std. Dev.	t	p
6.5	I focus on how my competences will be judged relative to others	2.65	1.081	2.13	0.912	3.067	.003
6.7	I am afraid to ask for help	2.44	1.017	1.98	0.858	2.826	.005
6.9	Assigned academic work will not help me personally/professionally	2.42	1.100	1.83	0.947	3.207	.002

Table 7: Descriptive statistics for individual statements (academic skills, teaching factors and other reasons) according to motivation and results for t-Test

			Lo	wer	Higher r	notivation	<i>t</i> -Te	est
			motiv	ation	Ingher i	iioti vatioii	, 10	.50
			Mean	Std.	Mean	Std.	4	
			Mean	Dev.	Mean	Dev.	t	p
	3.1	I run out of time	3.71	1.209	3.25	1.051	2.244	.026
ills	3.2	I am unable to cope with the workload	3.10	1.136	2.65	1.041	2.248	.026
Academic skills	3.3	I do not know how to cite	2.95	1.176	2.38	1.015	2.844	.005
emi	3.4	I do not know how to find material	2.71	1.031	2.27	0.974	2.380	.019
cad	3.5	I do not know how to research	2.61	0.972	2.19	0.905	2.461	.015
A	3.8	I sometimes have difficulty expressing my own ideas	2.88	1.208	2.44	1.010	2.177	.031
50	4.2	Poor explanation - bad teaching	3.44	1.001	2.97	1.094	2.363	.020
Teaching factors	4.3	Too many assignments in a short time	3.66	0.938	3.23	1.036	2.299	.023
leac fact	4.5	I am not satisfied with course contents	3.34	1.087	2.94	0.998	2.113	.036
	4.6	Teachers do not care	3.13	0.939	2.61	0.977	2.807	.006
	7.1	I do not want to work hard	2.80	1.269	2.35	1.051	2.178	.031
Other reasons	7.2	I do not want to learn anything, just pass	2.56	1.074	1.76	0.801	4.283	.000
Oth	7.3	My work is not good enough	2.39	1.046	1.97	0.809	2.303	.025

RQ group 2

Different average values of the answers considering motivation for study were confirmed with ANOVA for academic skills, teaching factors and other reasons for plagiarism, where the average for lower motivated students is significantly different (higher) than the average for higher motivated students (p=.002; p=.008; p=.017). Means and standard deviations of the answers for individual statements and the results for t-Test of equality of means are shown in Table 7.

As can be seen in Table 7, on average students with lower motivation run out of time, are unable to cope with the workload, do not know how to cite, do not know how to find material or draw conclusions from the research, and have difficulties in expressing their own ideas. They also find that teachers give poor explanations and think they get too many assignments in a short time. The question here could also be why their motivation is low. It could be that they are not satisfied with course contents. Since higher motivated students seem to be much more satisfied with course contents (t=2.113, p=.036) (see statement 4.5 in Table 7). Lower motivation could also be due to students' perception of teachers' relation with them. As can be seen in Table 7, students with lower motivation think that teachers do not care (t=2.807, p=.006). Lower study motivation is also more obvious for students who do not want to work

Table 8: Descriptive statistics for statement "It is easier to plagiarize than to work" according plagiarism and results for ANOVA

				Students	plagiarise	d			
	Otherwane		ver	on	ice	2 or mo	ore time	ANC	VA
	Other reasons	Mean	Std.	Mean	Std.	Mean	Std.	F	n
		TVICUIT	Dev.	IVICALI	Dev.	TVICUIT	Dev.	1	P
7.4	It is easier to plagiarize than to work	2.33	1.012	2.73	1.087	2.90	1.300	3.040	.051

Table 9: Results for Independent t-Test for Statement 7.4 regarding plagiarism

				t-T	est
		Stude	nts plagiarised	t	p
		never	once	-1.900	.060
It is easier to plagiarize than to work		never	2 or more time	-2.320	.023
7.4		once	2 or more time	-0.693	.490

Table 10: Cross-tabulation

			Students	plagiarised
		never	once	2 or more times
Motivation	lower	16	14	11
Monvation	higher	30	37	30

hard (t=2.178, p=.031) and just want to pass and do not want to learn anything (t=4.283, p=.000) and those who think their work is not good enough (t=2.303, p=.025).

Results of the ANOVA test showed that the frequency of plagiarising does not affect other reasons for the plagiarism group. The only statistically important difference concerns the statement that it is easier to plagiarise than to work (Table 8). Students who plagiarised two or more times in average think that it is easier to plagiarise than to work than students who never plagiarised. Different average values of the answers to the statement were confirmed by an Independent t-Test (t=-2.320, p=.023) for the students in groups "never" and "2 or more" (Table 9).

Chi-Square Test of Independence was also used to determine whether higher motivated students plagiarise less. The relationship between variables can be seen in Table 10. According to the calculated p-value (*Chi-Square*=0.854, p=.652), the independence of the variables cannot be declined.

The Spearman's correlation coefficient between motivation (higher and lower motivated students) and plagiarism for the sample data is 0.071. Based on the significance of the correlation test (p=.409) we cannot say that high motivated students plagiarise less.

RQ group 3

A Chi-Square Test of Independence was used to determine whether there is a significant association between the average time spent on the internet and plagiarism. The relationship between variables can be seen in Table 11. According to the calculated p-value (Chi-Square=4.364, p=.359), the null hypothesis that the variables are independent cannot be declined. The Spearman's correlation coefficient between average time spent on the internet and plagiarism for the sample data is 0.088. Based on the significance of the correlation test (p=.306), we cannot say that plagiarising is correlated with time spent on the internet.

Regarding social status, such as work and scholarships, we determined that the only statistically important difference between students who work (M=2.30 and SD=0.622) and who do not (M=2.51 and SD=0.593) regarding the reasons for plagiarism concerns the group control (t=-1.996, p=.048).

Different distributions of the answers considering work within the time of the study were confirmed by statements $2.1 \ (Z=-3.274, p=.001)$ and $2.2 \ (Z=-2.158, p=.031)$ using the Mann-Whitney Test (Table 12). As can be seen, students who do not work more often think that there is no teacher and no faculty control on plagiarism than those who work.

Table 11: Cross-tabulation

		Student plagiarised once 2 or more times			
		never	once	2 or more times	
	2 or fewer hours	12	16	10	
Average time spent on the internet in hours	between 2 and 5 hours	23	17	16	
internet in nours	5 or more hours	10	19	15	

Table 12: Results for Mann-Whitney Test

		work: Yes		work: Yes work: No		Mann-Wł Test	
	Control	Mean	Std.	Mean	Std.	7	n
		IVICALI	Dev.	Mean	Dev.	Z	p
2.1	There is no teacher control on plagia- rism	2.26	0.800	2.77	0.957	-3.274	.001
2.2	There is no faculty control on plagiarism	2.19	0.828	2.53	0.863	-2.158	.031

Descriptive statistics (*t*-Test) of the reasons for plagiarism according to the scholarship was also calculated but showed no statistically important differences between those who have and do not have scholarships.

5 Discussion

The predominant causes for plagiarism

The results of our research showed that information and communication technology are the most apparent cause with an average value of 3.67 (see Table 2). Since the plagiarism is highlighted not only as an academic question, it is important to relate the personal lives of students with a high degree of causal relationship between plagiarism and social factors such as living in the digital age, daily Internet exposure and the inclusion of the Internet in the academic environment. Although there is no empirical research which would directly link the plagiarism and the Internet (Carter, 2008), numerous studies show the ease of access to Internet material as a catalyst for plagiarism (Emerson, 2008; Ma, Wan, & Lu, 2008; Ma et al., 2007; Power, 2009; Senders, 2008; Suarez & Martin, 2001; Sulikowski, 2008). Students in our research indicate the information communication technology (ICT) to be the cause for plagiarism. Within the ICT cause, two reasons are highlighted: ease of copying, with an average value of 4.22 (see Table 2) and ease of access to materials and new technologies, with an average value of 4.20 (see Table 2).

Technology has become a major cultural communication tool and, despite offering better access to a variety of ideas and information, it also presents an opportunity for mispresented ideas and information (Howard & Davies, 2009). We are aware that authorship may become blurred because of the abundance of ways to access information (Moorman & Horton, 2007). Students have frequent experience with the various internet search browsers, different social media, social networks and multimedia tools (such as digital, video cameras) outside the academic environment. The problem occurs because the digital literacy experience is not automatically connected with the skills knowledge and expertise that are necessary for searching, navigation and evaluation of information in an ethical sense (Poe, 2010). Taking responsibility for teaching skills and competencies related to plagiarism is an urgent imperative (Evering & Moorman, 2012).

The second most important cause for plagiarism are items related to teachers with an average of 2.93 (see Table 2). The reason may be supported by the fact that many students still cannot accept responsibility for their behaviour. They follow fixed principles that are specific to their practices, especially when they are a part of the education system. Many youths avoid responsibility (Arnett, 2000); according to several authors there is a lack of the responsibility of students, and this is a widespread concern (Kolbert, 2012; Trzesniewski & Donnellan, 2010).

Following the survey on this topic (Evering & Moorman, 2012), the orientation of schools, parents and the wider social environment should be focused on the way the information is collected online according to ethical principles and not only by the evaluation of what is right and what is wrong. We are not coping with a problem of a given technology and the development guidelines, neither of the availability of resources. We would like to present the thesis that is necessary for young people to be oriented to the proper field of education where they can get the full range of skills, abilities and competencies within the ICT hand-in-hand with moral and ethical judgement when dis-

cussing the internet and plagiarism.

Furthermore, our goal was to discover differences between male and female students while considering ICT as the dominant cause for plagiarism. A study published at the University of the Balearic Islands in Spain has found that, on the whole, male students are more likely to plagiarize than their female counterparts in their college courses. The study did not attribute it to an ethical difference of judgement between the sexes, but rather that male students are more likely to procrastinate and then turn to plagiarism in the rush to complete the assignment. The study, which looked at nearly 2800 students at the college, found that 81.3% of those queries had copied fragments from websites and 72.5% had copied from encyclopaedias and other printed sources ("As of March 30, 2015, the Plagiarism today listed on its website https://www.plagiarismtoday. com/2015/03/30/do-men-plagiarize-more-than-women/"). Our research showed that male students more than female students disclose pride, unwillingness to help others and the belief that their academic work will do no good for them (see Table 4). However, there are also some studies which show us that there are no differences between male and female students regarding plagiarism. One study determined that students plagiarize regardless of gender or age (Jurdi, Hage, & Henry, 2011), and another one indicated that plagiarism is more based on moral values developed in the primary family (Kecici, Bulduk, Oruc, & Celik, 2011). Our research showed differences according to the statements "I do not know how to cite electronic information" and "I can easily access material from the internet" (see Table 4). Responses indicate that male students have more problems with ways of citing Internet information, and female students seek material from the Internet more easily.

It is evident that there are differences in the academic instructions presented to students, which very clearly present ways of seeking information and ways of accompanying research work. We propose that the academic world clarify the instructions for proper citations and consider tools that would prepare young people to properly handle electronic resources. The different methods of citation, could also be one of the reasons for improper citations of sources. This highlights the possible standardization of ways of quoting sources, which could make work easier.

Regardless, plagiarism is not only the problem of our time. Students who intentionally or inadvertently copied the words of another author have existed for the last two hundred years (Carter 2008). Plagiarism has been known from the outset of over civilisation: the only thing that changed is the media and socio cultural expectations of our society (Sulikowski, 2008). Although plagiarism has always been an academic issue, from students' perspective, the main reason for plagiarism was ICT technology. The internet, including different search engines, social networks and the possibility of electronic communication,

have given students an extremely large field of access to information materials for study projects. The survey *Pew Internet and American Life Project* (Lenhart, Madden, & Hitlin, 2005) showed that almost 90% of students aged between 12 and 17 years use the internet, and that most of the students and their parents believe that the internet helps in meeting the study requirements (Sisti, 2007).

Plagiarism in connection with motivation

Based on the results of our research, we find that the difference between low and highly motivated students largely lay in different academic skills, teaching factors and other reasons for plagiarism. This is a view of human behaviour that is supported by various studies that show us if individuals believe that they can perform a particular job effectively they are more eager to use any means to achieve their goal (Bandura, 1986). Among the reasons that were detected in low-motivated students we find the lack of time, inability to cope with the workload, lack of knowledge to cite, how to find material and how to research, and of abilities to express their ideas (see Table 7). Zimmerman (2002) claims that individuals who are self-regulated are more aware of the importance of their learning, their determination of personal goals, determination of strategies to achieve the objectives, projections of their behaviour and increasing their motivation. Particularly among low-motivated students we find that the reasons given by them are poor explanations by their teachers and too many assignments in too little time for them. It is interesting that there are no differences between low and highly motivated students within the frequency of plagiarism (see Table 7). Some researchers argue that self-efficacy has an enormous impact on student performance (Coutinho & Neuman, 2008; Long, Monoi, Harper, Knoblauch, & Murphy, 2007; Pajares, 1996; Schunk, 1989).

Our perspective is that professors are those who greatly contribute to the right set of skills and abilities of students in the conditions of plagiarism (here we agree with Fish & Hura, 2013). Higher motivated students are more satisfied with the content of the curriculum and teacher's involvement. Less motivated students do not want to invest too much effort in study; they just want to pass the exam, and they feel that their work is not good enough. However, we have to be aware that lower motivated students also blame the allegedly poor explanations of their teachers (see Table 7).

Time spent on the Internet and Social status

Our research has shown that there is no direct relationship between the average time spent on the Internet and plagiarism and that within the social status of students there are differences only between those who work during their studies and those who do not work. Students who do not work largely reveal control (see Table 2) as a reason for plagiarism. Among students who receive a scholarship for study and students who do not, we did not find any differences in the causes for plagiarism (see Table 12).

Despite the obvious advantages of the Internet, the time spent online may be a cause for concern. Students who have trouble with controlling their own time may suffer from internet addiction, which has a negative impact on students in general (Young, 1998; Chen & Peng, 2008; Cao & Su, 2007).

Advances in computer technology have enabled the internet to serve as a platform not only to seek information, but also to exchange ideas and knowledge with other users, and obtain expert opinions via email, teleconferencing, chatting and other avenues. Nevertheless, the advent of social network sites such as Facebook, Twitter, LinkedIn and others that include chatting and online games have changed the perception of internet use from one that is associated with learning to that of a socializing facility. Such website applications have resulted on the internet being used for both academic and non-academic activities (Ayub, Hamid, & Nawawi, 2014).

Websites can certainly affect how students use the Internet, and they change their educational habits, which manifests as the progressive growth of e-tools for learning, e-classrooms and other benefits that faculties may offer students as the form of information and communication technologies through which can enrich competencies and knowledge.

Understanding and achieving results based on what is already known as well as anticipated in advance, such as in the work environment is also important in the academic environment. The transmission of knowledge is the basic mission of faculties. This mission is based on moral beliefs about the harmfulness of its abuse, and plagiarism is exactly such abuse. Teachers should be able to transmit the knowledge of these moral beliefs to students in such a way that they will be able to cope with plagiarism.

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Ključne besede: plagiarizem, visoko šolstvo, vzroki za plagiarizem, akademske veščine, profesorji

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Burnout of Older and Younger Employees – The Case of Slovenia

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Background and Purpose: People spend a significant part of their lifespan working, but the role of age in job design and implementation of work have largely been ignored. The consequences can be evident in stress and burnout in different symptoms. Thus, age-diverse employees are faced with different symptoms of burnout and stress when carrying out their work. The main aim of this paper is to present burnout of older employees compared to younger employees in Slovenian companies.

Design/Methodology/Approach: The paper is based on research including a survey between two age groups of employees, namely the younger employees that were classified in the group of under 50 years of age and the older employees that were classified in the group of above 50 years of age. Since the Kolmogorov-Smirnov and Shapiro-Wilk test showed that the data was not normally distributed, the noan-parametric Mann-Whitney U test was used to verify differences in the physical symptoms of burnout, emotional symptoms of burnout, and behavioral symptoms of burnout in the workplace between two groups.

Results: The results show that there are significant differences in the great majority of the variables describing the physical symptoms of burnout, emotional symptoms of burnout, and behavioral symptoms of burnout in the work-place between younger and older employees.

Conclusion: Well-being in the workplace of age-diverse employees is a key for long-term effectiveness of organizations. Managers and employers should apply appropriate measures to reduce burnout as well as to contribute to employees well-being and better workplace performance.

Keywords: Physical symptoms of burnout, emotional symptoms of burnout, behavioral symptoms of burnout, employees, human resource management

1 Introduction

Modern organizations are faced with an important problem: burnout in the workplace and as a result of dissatisfaction and demotivation of their employees in the workplace.

Burnout is an important occupational health issue that has a substantial health and well-being, career progression and organizational productivity impact (Kristensen et al., 2005 in Robinson et al., 2016) and is a psychological response to prolonged work stress that results from a mismatch between the person and the job (Ellrich, 2016).

Satisfied employees are a vital prerequisite for a healthy company (Halkos and Bousinakis, 2010). Stressful and dissatisfied employees would not be able to deliver the same quality of work and productivity as those employees with lower stress levels and higher satisfaction. Therefore, it is important that employers create a safe and friendly work environment (George and Zakkariya, 2015). Age-related differences are apparent in the nature of stressors

likely to be encountered at work (Hansson et al., 2001). However, stress can be considered as an unpleasant emotional situation that we experience when requirements (work-related or not) cannot be counter-balanced with our ability to resolve them, which leads to burnout. This results in emotional changes as a reaction to this danger (Halkos and Bousinakis, 2010). Occupational stress and burnout have impacted the health and psychological well-being of workers with the attendant effects on their attitude to work (Brandy and Cox, 2002 in Babajide and Akintayo, 2011). When the working environment is perceived to be conducive, there is less stress and job performance is greatly enhanced (Parkes, 2002).

Burnout refers to a state of emotional and mental exhaustion caused by long-term chronic, emotional, and interpersonal stress while carrying out a task. It is a psychological withdrawal from work in response to excessive stress or dissatisfaction (Leiter et al., 2001). Burnout mediates a relationship between job stressor consisting of role conflict, role ambiguity, and role overload, and job outcomes consisting of job performance, job satisfaction, and turnover intention (Ambrose and Norman, 2010; Fogarty et al., 2000). Intiyas and Supriyadi (2013) clearly suggest that the increase of pressure on the antecedent factor (job stressor) will increase the burnout intensity and then will result in diminished job outcomes.

Burnout of older employees can be explained by a high workload, a lack of challenge and physical demands of the job, less opportunities for growth, and a lack of social support, especially from colleagues within the organization (Henkens and Leenders, 2010).

The consequences of burnout for the individual, for the companies, and for the nation are worrying. Burnout can affect health, giving rise to both physical and psychosomatic problems as well as depression, low self-esteem, guilt feelings, anxiety, and low tolerance for frustration. Work-related consequences can include dissatisfaction with the work, mistakes in the workplace, absenteeism, fluctuation, and presentism (Suner-Soler et al., 2014).

Further, it has become important to understand the role of individual differences in examining the effects of job characteristics on job attitudes (Morgeson and Humphrey, 2006). That means, that job characteristics are not experienced in the same way by all workers (Zaniboni et al., 2014).

Zaniboni et al. (2014) demonstrated that the role of age in the relationship between job characteristics and job attitudes is important, because with the aging population, it is important to see how jobs might be redesigned to enable people to continue to work successfully. It is appropriate to examine the interplay between age and work characteristics because people generally spend a significant part of their lifespan working, and therefore have ample opportunity to display these adaptive processes throughout their working lives, yet the role of age in job design has largely

been ignored (Truxillo et al., 2012).

Leaders have an important role in reducing the burden and stress of employees at the workplace by providing adequate complexity of work (Yavas et al., 2013). Despite changes and new directions, organization devote very little focus to safeguard welfare and satisfaction of employees in the workplace. Some companies would not change their practices, even if this would adversely affect the well-being of employees (Rumbles and Rees, 2013).

The main aim of the paper is to consider human resource management in the age-diversity of employees in the context of burnout in the workplace. There is not much literature and research that is comprehensively and systematically based on theoretical knowledge nor studies about age-diverse employees and their symptoms of burnout. With this research we wanted to fill that gap.

First, this article provides a review of the literature on burnout and age-diverse employees. Then the aim of the study and its hypotheses as well as a description of the methodology are discussed. In two following sections the results about the burnout among younger and older employees and discussion of the findings are shown. Finally, limitations and future research opportunities are presented.

2 Theoretical framework

2.1 Symptoms of burnout

Burnout is a psychological term or concept for the experience of long-term exhaustion and diminished interest, usually in the work context. Further, burnout is often construed as the result of a period of expending too much effort at work while having too little recovery (Embriaco et al., 2007). Burnout symptoms are work-related. High levels of role stress are the result of burnout symptoms (Ashill et al., 2009). Thus, occupational stressors and burnout are serious threats to the health and well-being of employees, which may cause physical, mental and social illness for employees (Mosadeghrad, 2014).

2.2 Burnout in the workplace

Burnout in the workplace is a psychological syndrome of chronic emotional and interpersonal stressors experienced by individuals at work and their subsequent responses to the tasks, the organization, co-workers, clients, and themselves. Further, individuals experiencing burnout may suffer from physical illnesses, sleep disturbances, work/family conflicts, and substance abuse (Swider and Zimmerman, 2010). According to Burke and Greenglass (2001 in Malasch et al. 2001), burnout leads to lower productivity and effectiveness at work. It is associated with decreased job satisfaction and a reduced commitment to the job or the organization. Nahrgang et al. (2011) assert that

the demands of the workplace have often been linked to increased employee burnout and absenteeism.

Among younger employees the level of burnout is reported to be higher than it is among older employees. Often, age correlates with work experience, so burnout appears to be more of a risk earlier in one's career (Malasch et al. 2001), yet although Finnish research suggested burnout increases with ageing (Ahola et al., 2006 in Henkens and Leenders, 2010). Lester and Brower (2001) pointed out that the effects of stressors are felt more by workers above 45 years than those below forty year of age (Lester and Brower, 2001). According to Henkens and Leenders (2010), burnout of older employees can be explained by a high workload and a lack of challenge and physical demands of the job, less opportunities for growth, and a lack of social support, especially from colleagues.

2.3 Age-diversity in the workplace

Demographic changes and age-diversity provide new challenges for the management of organizations (Hertel et al., 2013a). With a more age-diverse workforce, new research questions arise. It becomes more important to find ways for people to stay satisfied and engaged in their work at different life stages (Zaniboni et al., 2014). Organizations' need to know more about age-diversity in the workplace in order to adapt their HRM strategies and leadership styles in an effective and sustainable way for their age-diverse employees (Hertel et al., 2013b). Job characteristics are not experienced in the same way by all age-diverse workers. Given the demographic shifts in today's workplace, worker age would appear to be an important individual difference (Zaniboni et al., 2014). Organizations' should be aware of the well-being of all age-diverse employees, therefore the well-being of employees contributes to the productivity of the organization. It is important to know that a satisfied employee is a necessary precondition for a healthy organization (Halkos and Bossinakis, 2010). Stressful, depressed, and dissatisfied employees cannot achieve the same level of quality of work and productivity than employees with low stress and high satisfaction (George in Zakkariya, 2015).

2.4 Human resource management

Human resource management affects the functioning of employees in the organization, while organizations are still insufficiently aware of demographic changes and challenges of an aging workforce for their future development and operation. Ilmarinen (2001) argues that the aging of workforce at a certain level of organization requires consideration of the age of employees in their daily management. The author also stresses that workload must be reduced with age.

2.5 Age management and diversity management

Naegele and Walker (2006) define age management as those measures that combat age barriers and promote age-diversity. According to Walker and Taylor (1998 in Principi et al., 2015), age management initiatives may be considered as practices designed to tackle age barriers, either directly or indirectly, and to provide an environment in which each individual is able to achieve his or her potential without being disadvantaged by their age. Thus, age management encompasses the following eight dimensions: job recruitment; learning, training, and lifelong learning; career development; flexible working time practices; health protection and promotion, and workplace design; redeployment; employment exit and the transition to retirement; comprehensive approaches (Naegele and Walker, 2006).

Ashikali and Groeneveld (2015) summarize that diversity management is used to attract, retain, and effectively manage a diverse workforce in order to contribute to the organizations' performance. Thus, diversity management is about changing organizational practices and climates as the only way to realize the potential of a diverse workforce. Managing diversity requires a strategic approach to managing people at work and is an important part of human resource management, which includes a wide range of activities that improve the functioning of individuals and organizations (Beaver and Hutchings, 2005).

3 Aim of the study and hypotheses

The main purpose of this research is to examine burnout of employees in the workplace with physical, emotional, and behavioural symptoms in Slovenian companies. This study examines if there are differences in burnout at work settings between younger and older employees. The literature covers all employees, therefore it was decided to investigate if there are differences in burnout between older employees and younger employees.

This paper aims to answer the following research question: (1) RQ1: Are there statistically significant differences in the burnout symptoms in the workplace between older and younger employees?

Based on the research questions were designed three hypotheses in which burnout symptoms are divided into physical symptoms of burnout, emotional symptoms of burnout, and behavioural symptoms of burnout.

The research hypotheses for this study were as follows: RH1: There are differences in the physical symptoms of burnout in the workplace between older (50 to 65 years) and younger employees (18 to 49 years).

In the literature, the definitions of older employees vary. In most cases, the lower age limit defining older employees is 45 years (Brooke, 2003) or 50 years (Ilmarinen, 2001). The term "older employees" includes employees between 40 and 50 years of age (Ghosheh et al., 2006). Because of the different theoretical principles, it was decided to use the boundary of 50 years.

Mosadeghrad (2014) argues that job related, individual, organisational, and environmental factors influence employees stress. Further, the job itself including duties, responsibilities, heavy workload, variations in workload, role ambiguity, and role conflict can be a source of stress and burnout for employees in organization. Pruessner et al. (1999) summarize that physical symptoms of burnout include exhaustion, fatigue, headaches, sleep disorders, loss of energy, nonspecific pain, reduced attention span, feelings of meaninglessness, apathy, raised blood pressure, chest pains and gastro-intestinal disorders (Mosadeghrad, 2014).

RH2: There are differences in the emotional symptoms of burnout in the workplace between older (50 to 65 years) and younger employees (18 to 49 years).

Burnout is a unique response to continuous and prolonged exposure to occupational stress. Employees who become more tired every day may be more exhausted. Thus, negative emotions are associated with work overload. Further, negative emotions at work play a key role in the development of burnout and they may lead to health deterioration. Burnout is saturated with low-arousal and unpleasant emotions (Beata et al., 2014). Emotional symptoms of burnout in the workplace may include depressed mood states, anxiety, irritability, loss of confidence, tension, or sadness (Mosadeghrad, 2014).

RH3: There are differences in the behavioural symptoms of burnout in the workplace between older (50 to 65 years) and younger employees (18 to 49 years).

Burnout leads to lower productivity and effectiveness at work. It is associated with decreased job satisfaction and a reduced commitment to the job or the organization (Maslach et al., 2001). Behavioral symptoms of burnout in the workplace may include disturbed sleep patterns, reduced reaction times, reduced work capacity, and less work motivation (Mosadeghrad, 2014).

4 Methodology

4.1 Data and sample

The quantitative method of data gathering was used in the empirical study to examine the burnout in the workplace between younger and older employees, including physical, emotional, and behavioral symptoms of burnout. Questionnaires were sent to small, medium-sized, and large Slovenian companies in January 2016. This research includes 400 companies and one employee in each company. The companies were from basic industries, capital goods,

consumer durables, consumer non-durables, consumer services, finance, healthcare, miscellaneous, public utilities, technology, and transportation. The sampling frame included companies from business register AJPES, which had registered 191.863 companies in 2015. From those companies, 525 companies were randomly selected with the program Random Number Generator and the response rate was 76%. The respondent in each company was selected by the company itself randomly, after receiveing the questionnaire. The employees were divided into two age groups, namely the younger employees were classified in the group of under 50 years of age and the older employees were classified in the group of above 50 years of age. The sample consists of 400 employees: 174 (43.5%) young employees (18 to 49 years) and 226 (56.5%) older employees (50 to 65 years). The Level of the highest achieved education of the respondents includes: 2 (0.5%) Primary school, 64 (16.0%) Vocational or secondary school, 137 (34.3%) High school, 180 (45.0%) University education, and 17 (4.2%) Masters degree or doctorate. The respondents were from all regions in Slovenia. The Size of companies in which the respondents are employed includes: 102 (25.5%) large companies, 226 (56.5%) medium-sized companies, and 72 (18%) small companies.

4.2 Research instrument

When designing the questionnaire for measuring the burnout of employees in the workplace, we relied on various theoretical principles and research. Physical symptoms of burnout in the workplace have been summarized based on Shirom's (1989) categories. Emotional symptoms of burnout in the workplace have been summarized using Yunus and Mahajar (2009), Michael et al. (2009) and Moore (2000) listings. Behavioral symptoms of burnout in the workplace have been summarized referencing Fairbrother and Warn (2003); Grebner et al. (2010) and Malik et al. (2010).

To determine the burnout of older and younger employees in the workplace, the employees indicated their agreement to the listed statements on a 5-point Likert type scale labelled from 1 to 5 whereby 1 is strongly disagree and 5 is completely agree.

4.3 Statistical analysis

In article arithmetic means and medians to describe the symptoms of burnout of younger and older employees were used. The Kolmogorov-Smirnov and Shapiro-Wilk test were used to verify the normality of the data distribution (Bastič, 2006). We found that the data is not normally distributed, therefore, we have verified the differences between younger and older employees with the non-parametric Mann-Whitney U test (which is a substitute for the par-

ametric t-test of independent samples). The Mann-Whitney U test is based on the average ranks and sums of ranks (Bastič, 2006) of answers about the physical, emotional, and behavioural symptoms of burnout.

5 Results

The Kolmogorov-Smirnov and Shapiro-Wilk test showed that data is not normally distributed (p < 0.001) at a 0.1% significance level (Bastič, 2006) for any statement that describe the burnout of employees, therefore, the differences between two independent samples were examined with the non-parametric Mann-Whitney U test.

Table 1 presents descriptive statistics for the symptoms of burnout of employees in the workplace. In Table 2, the arithmetic mean and the median of the statements according to the age groups are shown. Table 3 presents the average ranks and sums of ranks for answers about the physical symptoms of burnout of younger and older employees on which the Mann-Whitney U test is based. They are shown to facilitate the understanding of the test results. To implement this test, the values of the numeric variable are converted into ranks. This means that Mann-Whitney U test numeric variable are converted into ranks, therefore value rankings are used for test statistic. Table 4 presents statistically significant differences in physical symptoms of burnout between younger and older employees.

The results in Table 1 show that employees are faced with physical, emotional and behavioral symptoms of burnout in the workplace. In the context of physical symptoms, employees are more susceptible to headaches and migraines, messy sleep cycle, tiredness and exhaustioness, lower back pain and shoulder pain. In the context of emotional symptoms, employees are more susceptible to tension and in the context of behavioral symptoms and more susceptible to insomnia.

The arithmetic means and the medians for answers about the physical symptoms of younger and older respondents in Table 2 show that on average physical symptoms in our sample are more common at older respondents. Table 2 shows that the means for answers about the physical symptoms of younger and older respondents indicate that, on average, older respondents had the highest agreement with: I have headaches, migraines; I have lower back pain, shoulder pain; I often have the flu or virosis; I have increased heart rate; I have stomach aches; my blood pressure varies; I have indigestion; I have sweaty and cold hands; I have vertigo; I'm sweating.

On average higher agreement of younger respondents is achieved with the following statements describing physical symptoms: I am often tired, exhausted; my sleep cycle is messy.

The review of average ranks in Table 3 shows that significant differences in the physical symptoms of burnout exists between the groups. This is reflected in headaches,

migraines; messy sleep cycle; vertigo; sweating; sweaty and cold hands; blood pressure varies; flu or virosis; tiredness; stomach aches; increased heart rate; lower back pain, shoulder pain and in indigestion.

Table 4 presents the results of the Mann-Whitney U test for considering statistically significant differences in the physical symptoms of burnout among older and younger employees.

The results of the Mann-Whitney U test in Table 4 show that the differences are statistically significant (p < 0.001) at a 0.1% significance level in most (i.e. 67 %) variables of physical symptoms of burnout. These statements are: I have vertigo (tsi3); I'm sweating (tsi4); I have sweaty and cold hands (tsi5); My blood pressure varies (tsi6); I often have the flu or virosis (tsi7); I have stomach aches (tsi9); I have increased heart rate (tsi10); I have indigestion (tsi12).

Based on this result, we accepted hypothesis RH1: There are significant differences in the physical symptoms of burnout in the workplace between older (50 to 65 years) and younger (18 to 49 years) employees.

In the following tables we will present the results for the second research hypothesis.

Further, in Table 5, the arithmetic mean and the median of the age groups are shown. Table 6 presents the average ranks and sums of ranks for answers about the emotional symptoms of burnout of younger and older employees on which the Mann-Whitney U test is based. Table 7 presents statistically significant differences in emotional symptoms of burnout between younger and older employees.

The arithmetic means and the medians for answers about the emotional burnout of younger and older employees in Table 5 show that on average both of them are not emotional burnout. On average, younger employees are more tense than older employees.

The review of average ranks in Table 6 shows that significant differences in the emotional symptoms of burnout exist between the groups. This is reflected in depressive feelings, tension, panic, afraid of losing the job or not finishing the work on schedule, sadness, feeling of helplessness, everything seems meaningless, emotionally exhausted, exceedingly sensitive, quarrelsome and in anger.

Table 7 represents the results of the Mann-Whitney U test for considering statistically significant differences in the emotional symptoms of burnout among older and younger employees.

By using the Mann-Whitney U test, we verified whether the observed differences are statistically significant. Results of the Mann-Whitney U test in Table 7 show that the differences are statistically significant (p < 0.001) at a 0.1% significance level in most (i.e. 73 %) statements. These statements are: I am tense (csi2); I feel panic (csi3); I am afraid of losing the job or not finishing the work on schedule (csi4); I am sad (csi5); I have a feeling of helplessness (csi6); To me, everything seems meaningless

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Table 1: Descriptive statistics for answers about the symptoms of burnout in the workplace

	N	Mean	Std. Deviation	Minimum	Maximum
tsi1: I have headaches, migraines.	400	3,36	,810	1	5
tsi2: My sleep cycle is messy.	399	3,47	,879	1	5
tsi3: I have vertigo.	400	1,68	,644	1	4
tsi4: I'm sweating	399	1,78	,696	1	4
tsi5: I have sweaty and cold hands.	398	1,84	,733	1	4
tsi6: My blood pressure varies.	399	1,88	,833	1	4
tsi7: I often have the flu or virosis.	399	2,88	,904	1	5
tsi8: I am often tired, exhausted.	400	3,53	,928	1	5
tsi9: I have stomach aches.	399	2,01	,845	1	4
tsi10: I have increased heart rate	400	2,13	,960	1	5
tsi11: I have lower back pain, shoulder pain.	398	3,24	1,084	1	5
tsi12: I have indigestion.	398	1,72	,693	1	5
csi1: I have depressive feelings.	400	2,60	,867	1	5
csi2: I am tense.	399	3,34	1,024	1	5
csi3: I feel panic	399	1,89	,725	1	5
csi4: I am afraid of losing the job or not finishing the work on schedule.	399	2,52	,896	1	5
csi5: I am sad.	400	2,11	,842	1	5
csi6: I have a feeling of helplessness.	400	1,86	,719	1	5
csi7: To me, everything seems meaningless.	399	1,79	,693	1	5
csi8: I am emotionally exhausted.	400	2,64	,899	1	5
csi9: I am exceedingly sensitive.	400	2,09	,816	1	5
csi10: I am quarrelsome.	400	2,12	,731	1	4
csil1: I feel anger.	400	2,10	,738	1	4
vsil: I have attacks of rage and cry.	400	1,97	,705	1	4
vsi2: I avoid activities.	400	2,64	,885	1	5
vsi3: I have nightmares.	400	2,40	,885	1	5
vsi4: I have insomnia.	399	3,00	,999	1	5
vsi5: I have difficulties with concentration and memory.	399	1,87	,744	1	4
vsi6: I wish for solitude.	399	1,94	,768	1	5
vsi7: My working ability has declined.	399	2,23	,921	1	5
vsi8: I lack the will to work.	400	2,71	1,062	1	5
vsi9: I lack the will to socialise with co-workers.	399	2,65	1,018	1	5

	18 to 49 years		50 to 65 years		Total	
	Mean	Median	Mean	Median	Mean	Median
tsi1: I have headaches, migraines.	3.32	3.00	3.38	4.00	3.36	3.00
tsi2: My sleep cycle is messy.	3.50	4.00	3.44	4.00	3.47	4.00
tsi3: I have vertigo.	1.29	1.00	1.97	2.00	1.68	2.00
tsi4: I'm sweating	1.53	1.00	1.97	2.00	1.78	2.00
tsi5: I have sweaty and cold hands.	1.61	1.00	2.02	2.00	1.84	2.00
tsi6: My blood pressure varies	1.58	1.00	2.11	2.00	1.88	2.00
tsi7: I often have the flu or virosis.	2.66	3.00	3.04	3.00	2.88	3.00
tsi8: I am often tired, exhausted.	3.60	4.00	3.47	4.00	3.53	4.00
tsi9: I have stomach aches.	1.70	1.00	2.25	2.00	2.01	2.00
tsi10: I have increased heart rate	1.79	1.00	2.40	2.00	2.13	2.00
si11: I have lower back pain, shoulder pain.	3.21	3.00	3.27	4.00	3.24	3.00
tsi12: I have indigestion.	1.31	1.00	2.03	2.00	1.72	2.00

Table 2: The arithmetic means and the medians for answers about the physical symptoms of younger and older employees

(csi7); I am emotionally exhausted (csi8); I am exceedingly sensitive (csi9). Based on this results, we can answer the research question that there are statistically significant differences in the emotional symptoms of burnout between older and younger employees.

Based on the results, we accepted hypothesis RH2: There are significant differences in the emotional symptoms of burnout in the workplace between older (50 to 65 years) and younger (18 to 49 years) employees.

In the following tables we will present the results for the third research hypothesis.

In Table 8, the arithmetic mean and the median of the age groups are shown. Table 9 presents the average ranks and sums of ranks for answers about the behavioral symptoms of burnout of younger and older employees on which the Mann-Whitney U test is based. Table 10 presents statistically significant differences in behavioral symptoms of burnout between younger and older employees.

The arithmetic means and the medians for answers about the behavioural burnout of younger and older employees in Table 8 show that older respondents are more susceptible to behavioural symptoms of burnout than younger respondents. On average, higher values of agreement of older respondents is achieved with the following statements describing behavioural symptoms of burnout: I lack the will to socialise with co-workers; I lack the will to work; I avoid activities; my working ability has declined; I have nightmares. On average, older respondents are neither agree nor disagree with these statements.

On average, younger respondents have the next lowest symptoms of burnout: I have difficulties with concentration and memory; I wish for solitude and my working ability has declined, while the mean value indicates a higher burnout symptom of which is: I have insomnia.

The review of average ranks in Table 9 shows that significant differences in the behavioural symptoms of burnout exist between the groups. Which is reflected in attacks of rage and cry, avoid activities, nightmares, insomnia, difficulties with concentration and memory, wish for solitude, declined working ability, lack will to work, lack will to socialise with co-workers.

Table 10 represents the results of the Mann-Whitney U test for considering statistically significant differences in the behavioral symptoms of burnout among older and younger employees.

The results of the Mann-Whitney U test in Table 10 shows that differences are statistically significant (p < 0.001) at 0.1% significance level in most (i.e. 89 %) variables of behavioural symptoms of burnout. These statements are: I have attacks of rage and cry (vsi1); I avoid activities (vsi2); I have nightmares (vsi3); I have difficulties with concentration and memory (vsi5); I wish for solitude (vsi6); my working ability has declined (vsi7); I lack the will to work (vsi8); I lack the will to socialise with co-workers (vsi9).

Based on this results, we accepted hypothesis RH3: There are significant differences in the behavioral symptoms of burnout in the workplace between older (50 to 65 years) and younger (18 to 49 years) employees.

Table 3: Average ranks and sums of ranks for answers about the physical symptoms of burnout of younger and older employees

		N	Mean Rank	Sum of Ranks
tsi1: I have headaches, migraines.	18 to 49 years	174	192.56	33505.50
	50 to 65 years	226	206.61	46694.50
	Total	400		
tsi2: My sleep cycle is messy.	18 to 49 years	173	200.97	34768.00
	50 to 65 years	226	199.26	45032.00
	Total	399		
tsi3: I have vertigo.	18 to 49 years	174	132.59	23071.00
	50 to 65 years	226	252.78	57129.00
	Total	400		
tsi4: I'm sweating.	18 to 49 years	173	154.16	26670.00
	50 to 65 years	226	235.09	53130.00
	Total	399		
tsi5: I have sweaty and cold hands.	18 to 49 years	174	159.14	27690.50
	50 to 65 years	224	230.85	51710.50
	Total	398		
tsi6: My blood pressure varies.	18 to 49 years	174	151.88	26426.50
-	50 to 65 years	225	237.22	53373.50
	Total	399		
tsi7: I often have the flu or virosis.	18 to 49 years	173	177.82	30763.50
	50 to 65 years	226	216.98	49036.50
	Total	399		
tsi8: I am often tired, exhausted.	18 to 49 years	174	205.67	35787.00
	50 to 65 years	226	196.52	44413.00
	Total	400		
tsi9: I have stomach aches.	18 to 49 years	174	156.29	27195.00
	50 do 65 years	225	233.80	52605.00
	Total	399		
tsi10: I have increased heart rate.	18 to 49 years	174	156.61	27250.50
	50 to 65 years	226	234.29	52949.50
	Total	400		
tsi11: I have lower back pain, shoulder pain.	18 to 49 years	173	196.78	34042.50
	50 to 65 years	225	201.59	45358.50
	Total	398		
tsi12: I have indigestion.	18 to 49 years	174	131.62	22902.50
	50 to 65 years	224	252.23	56498.50
	Total	398		

Table 4: Statistically significant differences in physical symptoms of burnout between younger and older employees

	Mann-Whitney U	Asymp. Sig. (2-tailed)
tsi1: I have headaches, migraines.	18280.500	.195
tsi2: My sleep cycle is messy.	19381.000	.874
tsi3: I have vertigo.	7846.000	.000
tsi4: I'm sweating	11619.000	.000
tsi5: I have sweaty and cold hands.	12465.500	.000
tsi6: My blood pressure varies.	11201.500	.000
tsi7: I often have the flu or virosis.	15712.500	.000
tsi8: I am often tired, exhausted.	18762.000	.404
tsi9: I have stomach aches.	11970.000	.000
tsi10: I have increased heart rate.	12025.500	.000
tsi11: I have lower back pain, shoulder pain.	18991.500	.667
tsi12: I have indigestion.	7677.500	.000

Table 5: The arithmetic means and the medians for answers about the emotional symptoms of burnout of younger and older employees

	18 to 49 years		50 to 65 years		Total	
	Mean	Median	Mean	Me- dian	Mean	Me- dian
csi1: I have depressive feelings.	2.60	3.00	2.60	2.00	2.60	3.00
csi2: I am tense.	3.76	4.00	3.01	3.00	3.34	3.00
csi3: I feel panic	1.68	1.00	2.05	2.00	1.89	2.00
csi4: I am afraid of losing the job or not finishing the work on schedule.	2.98	3.00	2.16	2.00	2.52	2.00
csi5: I am sad.	1.82	2.00	2.34	2.00	2.11	2.00
csi6: I have a feeling of helplessness.	1.51	1.00	2.13	2.00	1.86	2.00
csi7: To me, everything seems meaningless.	1.36	1.00	2.12	2.00	1.79	2.00
csi8: I am emotionally exhausted.	2.70	3.00	2.59	2.00	2.64	3.00
csi9: I am exceedingly sensitive.	1.87	2.00	2.26	2.00	2.09	2.00
csi10: I am quarrelsome.	2.16	2.00	2.09	2.00	2.12	2.00
csi11: I feel anger.	2.12	2.00	2.08	2.00	2.10	2.00

6 Discussion and conclusion

We answered the research question with the results of the Mann-Whitney test that show: there are statistically significant differences in the burnout symptoms in the work-place between younger and older employees in Slovenian companies.

The results of this research show that on average, older employees are more susceptible to physical symptoms of burnout than younger employees. This is reflected in headaches and migraines, lower back pain and shoulder pain, flu or virosis, increased heart rate, stomach aches, blood pressure varies, indigestion, sweaty and cold hands, vertigo and sweating. Thus, long-term health problems and chronic diseases increase with age. Older employees need urgent adjustments at work due to their health problems to prevent the risks of early retirement and work disability. Lower physical capacity is mainly a problem at jobs

Table 6: Average ranks and sums of ranks for answers about the emotional symptoms of burnout of younger and older employees

Number 1, February 2017

		N	Mean Rank	Sum of Ranks
csi1: I have depressive feelings.	18 to 49 years	174	206.50	35931.00
	50 to 65 years	226	195.88	44269.00
	Total	400		
csi2: I am tense.	18 to 49 years	174	246.51	42892.50
	50 to 65 years	225	164.03	36907.50
	Total	399		
csi3: I feel panic.	18 to 49 years	174	160.07	27851.50
	50 to 65 years	225	230.88	51948.50
	Total	399		
csi4: I am afraid of losing the job or not finishing the work on schedule.	18 to 49 years	174	258.16	44920.00
	50 to 65 years	225	155.02	34880.00
	Total	399		
csi5: I am sad.	18 to 49 years	174	162.17	28218.00
	50 to 65 years	226	230.01	51982.00
	Total	400		
csi6: I have a feeling of helplessness.	18 to 49 years	174	143.78	25018.00
	50 to 65 years	226	244.17	55182.00
	Total	400		
csi7: To me, everything seems meaningless.	18 to 49 years	174	129.07	22458.50
	50 to 65 years	225	254.85	57341.50
	Total	399		
csi8: I am emotionally exhausted.	18 to 49 years	174	213.53	37154.00
	50 to 65 years	226	190.47	43046.00
	Total	400		
csi9: I am exceedingly sensitive.	18 to 49 years	174	167.86	29207.50
	50 to 65 years	226	225.63	50992.50
	Total	400		
csi10: I am quarrelsome.	18 to 49 years	174	207.75	36148.50
	50 to 65 years	226	194.92	44051.50
	Total	400		
csi11: I feel anger.	18 to 49 years	174	204.08	35510.50
	50 to 65 years	226	197.74	44689.50
	Total	400		

Table 7: Statistically significant differences in the emotional symptoms of burnout between younger and older employees

	Mann-Whitney U	Asymp. Sig. (2-tailed)
csi1: I have depressive feelings.	18618.000	.334
csi2: I am tense.	11482.500	.000
csi3: I feel panic.	12626.500	.000
csi4: I am afraid of losing the job or not finishing the work on schedule.	9455.000	.000
csi5: I am sad.	12993.000	.000
csi6: I have a feeling of helplessness.	9793.000	.000
csi7: To me, everything seems meaningless.	7233.500	.000
csi8: I am emotionally exhausted.	17395.000	.037
csi9: I am exceedingly sensitive.	13982.500	.000
csi10: I am quarrelsome.	18400.500	.230
csill: I feel anger.	19038.500	.550

Table 8: The arithmetic means and the medians for answers about the behavioral symptoms of burnout of younger and older employees

	Mann-Whitney U	Asymp. Sig. (2-tailed)
csi1: I have depressive feelings.	18618.000	.334
csi2: I am tense.	11482.500	.000
csi3: I feel panic.	12626.500	.000
csi4: I am afraid of losing the job or not finishing the work on schedule.	9455.000	.000
csi5: I am sad.	12993.000	.000
csi6: I have a feeling of helplessness.	9793.000	.000
csi7: To me, everything seems meaningless.	7233.500	.000
csi8: I am emotionally exhausted.	17395.000	.037
csi9: I am exceedingly sensitive.	13982.500	.000
csi10: I am quarrelsome.	18400.500	.230
csi11: I feel anger.	19038.500	.550

with high physical workload. Satisfactory employment and friendly working environment can help age-diverse employees to avoid sickness and physical deterioration, secure good cognitive and physical capacity and promote positive and active attitudes towards life.

Although the results show that older employees on average disagree with the statements describing emotional burnout, average values of their agreement are higher in the case of feeling panic, being said, having a feeling of helplessness, meaningless and being exceedingly sensitive. Physical symptoms and emotional symptoms of burnout may be related to discriminatory and stereotyped treatment of older employees in the workplace. Older employees often have difficulties in the case of educa-

tion, training, remuneration, promotion within the workplace since they are treated differently than younger employees. Usually, employers only see obligation in older employees rather than using them as a valuable resource since they have a lot of knowledge and experience. Age discrimination, prejudices and stereotypes about age by the employers have a significant negative impact on the working environment, well-being and state of health of the older employees. Younger employees often suffer from an imbalance between work and private life; therefore, they often experience stress or fail to complete their work on schedule. Younger employees are faced with tension within a workplace or when carrying out work tasks, they do not have so much professional experience and expertise as

Table 9: Average ranks and sums of ranks for answers about the behavioral symptoms of burnout of younger and older employees

		N	Mean Rank	Sum of Ranks
vsi1: I have attacks of rage and cry.	18 to 49 years	174	172.25	29972.0
	50 to 65 years	226	222.25	50228.0
	Total	400		
vsi2: I avoid activities.	18 to 49 years	174	175.30	30503.0
	50 to 65 years	226	219.90	49697.0
	Total	400		
vsi3: I have nightmares.	18 to 49 years	174	175.89	30604.
	50 to 65 years	226	219.45	49595.5
	Total	400		
vsi4: I have insomnia.	18 to 49 years	173	213.92	37007.:
	50 to 65 years	226	189.35	42792.:
	Total	399		
vsi5: I have difficulties with concentration and memory.	18 to 49 years	174	135.31	23543.
	50 to 65 years	225	250.03	56256.
	Total	399		
vsi6: I wish for solitude.	18 to 49 years	173	139.18	24078.
	50 to 65 years	226	246.56	55721.
	Total	399		
vsi7: My working ability has declined.	18 to 49 years	174	134.99	23488.:
	50 to 65 years	225	250.27	56311
	Total	399		
vsi8: I lack the will to work.	18 to 49 years	174	163.64	28474.
	50 to 65 years	226	228.88	51726.0
	Total	400		
vsi9: I lack the will to socialise with co-workers.	18 to 49 years	174	150.57	26198.
	50 to 65 years	225	238.23	53601.
	Total	399		

older employees which cause additional strain resulting in emotional symptoms of burnout.

On average, older and younger employees are not exposed to behavioural symptoms of burnout. But on average, older employees neither agree nor disagree with the following: I lack the will to socialise with co-workers, I lack the will to work, I avoid activities, my working ability has declined, I have nightmares. Both, older and younger employees on average neither agree nor disagree with: I have insomnia. The same as physical and emotional symptoms of burnout in Slovenian companies, so are behavioural symptoms also caused by discrimination and stereotypes of age-diverse employees, workload in

the workplace which includes long hours, work overload, time pressure, lots of job demands, difficult or complex tasks, over-demanding and inflexible work schedules, lack of breaks, lack of control over aspects of the job, lack of involvement in decision making, lack of variety and poor physical work conditions. Causes for symptoms of burnout can also result from lack of communication in the workplace and poor management. Lack of communication in the workplace can occur between management and employees and also between individual employees. Poor communication often leads to conflict, which can harm an organization. Poor management is reflected in an aggressive management style, bullying, lack of support of em-

	Mann-Whitney U	Asymp. Sig. (2-tailed)
vsi1: I have attacks of rage and cry.	14747.000	.000
vsi2: I avoid activities.	15278.000	.000
vsi3: I have nightmares.	15379.500	.000
vsi4: I have insomnia.	17141.500	.028
vsi5: I have difficulties with concentration and memory.	8318.500	.000
vsi6: I wish for solitude.	9027.500	.000
vsi7: My working ability has declined.	8263.500	.000
vsi8: I lack the will to work.	13249.000	.000
vsi9. I lack the will to socialise with co-workers	10973 500	000

Table 10: Statistically significant differences in the behavioral symptoms of burnout between younger and older employees

ployees from manager, lack of understanding and leadership, manager forever finding fault and poor relationships in the workplace.

The consequences of symptoms of burnout for the organization are high absenteeism, high presentism, high fluctuation, poor performance and productivity, increased ill-health, poor motivation and satisfaction in the workplace.

Therefore managers play an important role by reducing the workload on employees in the workplace. Managers should be aware of age of employees and their diverse needs. Slovenian companies should provide for their employees work hour flexibility (for example reduced hours, part-time work, job sharing), work schedule flexibility (for example flex schedule, annualized hours, compressed work week), flexibility of place (for example remote work), promoting health and a healthy lifestyle, promoting awareness of stress, stressors and solutions, promoting well-being and preventing stress in the workplace, managing stress and burnout in the workplace, relaxation training. Working conditions must be adapted to all employees and workplaces should be developed according to age diversity of employees and the workload adapted to all age groups. Organizational factors tend to play an important role in employees burnout and well-being. Therefore, Slovenian organizations should actively try to detect such factors and take corrective actions for the better health and well-being of the employee. It is important to know that job characteristics are not the same for age-diverse workers. In today's workplace, worker age would appear to be such an important individual difference. Managing diversity requires a strategic approach to manage people at work and is an important part of human resource management. From this perspective, this research shows the importance of well-being, health and friendly work environment for age-diverse employees and elimination of burnout symptoms in the Slovenian workplace. Age-diverse employees are faced with different symptoms of burnout when carrying out their work. Therefore, this research adds to the body of knowledge by pointing out the relationships between the age and the burnout symptoms which have not been studied enough, because the role of age in job design and implementation of work have largely been ignored.

7 Limitations and future research opportunities

Our study is limited to the field of older and younger employees in Slovenian place. Limitation of this research is also reflected in the literature, because there is not much literature that comprehensively and systematically bases on theoretical knowledge and studies examining the management of older employees and management of age-diverse employees. Therefore, our proposal for further research is to examine the differences in burnout and coping with burnout in the workplace among younger and older employees between different countries. Further research possibilities include also the study relating to examination of the different measures that have been introduced in different countries for prevention of burnout in the workplace and their performance for an organization. Future studies could also investigate the effects of other antecedents (drivers) which would influence burnout.

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Izgorelost starejših in mlajših zaposlenih - primer Slovenije

Ozadje in namen: Ljudje preživijo velik del svojega življenja na delovnem mestu, vendar je vloga starosti pri oblikovanju delovnih mest in izvajanju dela v veliki meri prezrta. Posledice se lahko odražajo v stresu in različnih simptomih izgorelosti. Tako se starostni raznoliki zaposleni soočajo z različnimi simptomi izgorelosti in stresom pri opravljanju njihovega dela. Glavni cilj prispevka je predstaviti izgorevanje starejših zaposlenih v primerjavi z mlajšimi zaposlenimi v slovenskih podjetjih.

Zasnova / metodologija / pristop: Prispevek temelji na raziskavi med dvema starostnima skupinama, in sicer mlajših zaposlenih, ki so bili razvrščeni v skupino pod 50 let in starejših zaposlenih, ki so bili razvrščeni v skupino nad 50 let. Kolmogorov-Smirnov in Shapiro-Wilk test je pokazal, da podatki niso normalno porazdeljeni, zato smo uporabili ne-parametrični Mann-Whitney U test za preverjanje razlik v telesnih, čustvenih in vedenjskih simptomih izgorelosti na delovnem mestu med obema skupinama.

Rezultati: Rezultati kažejo, da obstajajo statistično značilne razlike v veliki večini spremenljivk, ki opisujejo fizične, čustvene in vedenjske simptome izgorelosti na delovnem mestu med mlajšimi in starejšimi zaposlenimi v slovenskih podjetjih.

Zaključek: Dobro počutje na delovnem mestu starostno različnih zaposlenih je ključnega pomena za dolgoročno uspešnost organizacije. Managerji in delodajalci morajo izvajati ustrezne ukrepe za zmanjšanje izgorevanja, kot tudi, da prispevajo k dobremu počutju zaposlenih in boljše delovanje na delovnem mestu.

Ključne besede: Fizični simptomi izgorelosti, čustveni simptomi izgorelosti, vedenjski simptomi izgorelosti, zaposleni, upravljanje s človeškimi viri

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Analysis of Expatriation Process in a Slovenian Company

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Background and Purpose: The multinational companies require different approach of human resource management to achieve their goals. The reason is in employees who are working abroad, so-called expatriates. The purpose of the research is to investigate perceptions and experience of the expatriates working in one of the Slovenian multinational company.

Design/Methodology/Approach: The online survey was performed among all expatriates working for the pharmaceutical company. The questionnaire was randomly sent and delivered in an electronic form, structured in an online program named 1ka (https://www.1ka.si). A total of all 12 questionnaires were completed fully and properly.

Results: Results indicate that there are several reasons that expatriates went to work abroad, but none of them did not completely fulfilled the expectations of the expatriates. There are no differences between those expatriates who are working abroad up to 12 months and those who are working more than 12 months in their fulfilment of expectations working abroad for this company.

Conclusion: Based on the findings, the study shows the expatriates importance factors for their contribution of working abroad for the company and fulfilment of their expectations. The results are useful for the employees that will be in the future involved in the expatriation process in this company.

Keywords: expatriation; international career; knowledge transfer, international HRM, MNCs

1 Introduction

The organization must be aware of how important is to select suitable employees for the operation of working abroad. Only such candidates will be able to conduct their activities in an environment which is not the same as their environment at home. For modification of expatriate assignments, companies have more options in terms of identifying and selecting expatriates (Collings, Scullion and Morley, 2007). In the multinational company (MNC) where we conducted the study are very precautious when selecting candidate for their expatriation process and have a well-organized and developed international human resource management. Expatriation basically means sending company employees to another country to work and perform duties (Harvey and Kiessling, 2004). Successful organizations and companies recognize their employees as

the most important source of competitive advantage (Zupan and Kaše, 2007), and human resource management (HRM) is the one responsible for realizing this. Global MNCs are increasingly aware that efficient human resources management provides the profitability and success of most business operations (Morley and Collings, 2004). In the international human resource management (HRM) literature, expatriation is accorded significant status since it is seen as a one of the key contributors to company performance and development (Cerdina and Brewster, 2014). In most organizations have international operations consistent with the strategic plan of HRM. International operations represent an important strategic area for all MNCs, and therefore expatriate employees are the key players in the local and global business environment (Schiuma, Bourne and Harris, 2006). International operation defined by the company is directly linked to the success of an expatriate employee and is a process of integration of different cultures (Tušar, Žnidaršič and Miglič, 2016). Such employees with their career development contribute to business success of organizations. The strategic purpose of international operations is to evolve effective knowledge of management and to promote the development and existence of global managers. Such managers can use their experience and knowledge to contribute to a long-term success of the organization and provide a safe and profitable business environment. Multinational corporations (MNCs) today have recognized the critical role that human resources play in global competitiveness (Lin, Lu and Lin, 2012). International operations enable employees to acquire valuable international skills that are useful for the development of business strategies of the company. With the influence of globalisation continuing to expand in today's business environment, many organizations increasingly rely on expatriates to conduct business abroad (Huff, Song and Gresch, 2014). Our analysis and our examples are based on expatriates assigned abroad by the analysed company.

Organizations and companies use expatriation (Hocking, Brown and Harzing, 2004): (1) to provide skills in a market where they are hard to find, (2) to develop the organization through control and coordination, and (3) to create learning amongst expatriates that will benefit the firm. For reason one, the company's priority is to fill positions, leaving no room for consideration of individuals' careers; the second reason is about imposing central control, with the same effects, or about developing co-ordination through global mind-sets in the organization, which may involve changing minds at headquarters as well as in the subsidiaries, and would be include career considerations; and reason three, is to develop individual careers (Cerdin, 2008). Expatriates employees bring benefits to MNCs; improving control and reliability, transfer of technical skills, attaining expert knowledge, the possibility of personal and career development, etc. (Connelly, Hitt, DeNisi and Ireland, 2007), and are also the critical connectors of the home organization with branch offices abroad (Riusala and Suutari, 2004).

Expatriate adjustment, effectiveness and performance while on assignment had been examined frequently since this type of conceptual work appeared (Black, Mendenhall and Oddou, 1991). A valuable aspect of expatriate development is the expatriation experience for employees. The global-assignment-success cycle can develop successful employees within the organization assuming that (1) they have been selected effectively, (2) they use their time abroad to develop their competencies and (3) they return successfully to their organization (Stroh, Black, Mendenhall and Gregersen, 2005). Expatriation is nearly always a success for those employees who go abroad, but they often leave the company upon return (Suutari and Brewster, 2003). Therefore, expatriation has to be perceived from the outset in overall career development of employees in a company, within a broader logic of HRM, the chance of expatriate management leading to satisfactory results for both the organization and the employees is higher (Cerdin and Brewster, 2014).

The decision to leave home and familiar environment and search for an expatriate job is a disruptive, even momentous choice (Tharenou, 2008). Yet companies nowadays increasingly rely on their employees to even don't hesitate and take the offered job position, regardless to their opinion. Their purpose is to develop managers with global competencies that would represent the organization with their knowledge and experience. They are basically the ones that create cultural synergy to integrate business practices from the headquarters (HQ) of the companies to their subsidiaries. In many ways the success of companies' international business activities today depends on expatriates, for example, how well they are able to function in the new environment to which they are transferred, cooperate with locals, apply their competences and knowledge, learn new things, and cope with uncertainty (Koveshnikov, Wechtler and Dejoux, 2014).

1.1 International career

The nowadays modern and developed society is becoming global and multicultural especially in the international business field. Multiculturalism is an important dimension of global organization and means regular interaction between people from different cultures and contributes to diversity in the organization since merging different views, approaches, ways of doing business and establishing an international career (Adler, 2001). The development of an international career is usually possible in companies that do not operate only on the domestic market, but have their area of operation distributed on other foreign countries and foreign continents. That kind of organization can also be called a global company. Globalisation is widely regarded as a prime catalyst for international assignments, therefore international business activities are developing and the international expansion of investment flows continues to grow (Point and Dickmann, 2012). With globalisation, expatriate processes in MNCs are becoming a common practice for developing their employee's international careers. Career capital is particularly important for expatriates, whatever the purposes of their assignment, either shortterm or strategic, as it constitutes the foundation of their employability (Cerdin and Brewster, 2014). International career involves dealing on a daily basis with unfamiliar norms related to business practices, customs, living conditions, healthcare, safety, political systems, the law, language and religion (Harrison, Shaffer and Bhaskar-Shrinivas, 2004). While on a foreign assignment, employees may be anxious and uncertain about what will happen to them, their job skills, their careers, their immediate families, and their extended families (Borstorff, Harris, Feild and Giles, 1997). In considering expatriation, employees construct outcome expectations for their career, and these expectations of career instrumentality contribute to the belief that they can control events (Tharenou, 2008). Expatriates are valuable human capital and a source of sustained competitive advantage to the MNCs (Gonzalez and Chakraborty, 2014).

1.2 The characteristics of expatriation

As business continues to globalize, it has become increasingly common for organizations to assign their employees to extended work assignments abroad (Bolino, 2007). Through expatriate employees, organizations can implement effective control and global integration of the operation regarding to their branch offices abroad (Minbaeva and Michilova, 2004). The multinational global companies widely use expatriate employees for implementation of an informal control. The supervisory role of the expatriate employees means that they must monitor the strategic and operational processes at branch offices while ensuring that these take place in accordance with the directives of the home organization (Petison and Johra, 2008). Achieving success in expatriate assignments is an important issue for companies operating across national borders (Kohonen, 2008).

Adaptation of expatriates on an international operation is a multi-dimensional problem, which can be examined with the three aspects or dimensions: labour adjustment, adaptation coping with locals in a foreign country and overall adjustment to a new culture and living conditions (Andreason, 2003). The expatriation literature consistently suggests that expatriates on assignment require a great deal of support to adjust to their new environment (Mahajan and Toh, 2014). Self-efficacy for working abroad has been defined as individuals' certainty that they are able to master the challenges related to working and living in a country with a culture different than their own (Cianni and Tharenou, 2000). Cultural training is necessary for recruitment and selection process for the organization in order to evaluate and confirm the candidates' aptitude for expatriation, and even to take into consideration their families (Haslberger and Brewster, 2008). Nevertheless multinational companies are not implementing cultural training extensively in their expatriation management (Shen, 2005), because the connection between such training and expatriate performance remains hard to confirm (Puck, Kittler and Wright, 2008).

1.3 Knowledge transfer in expatriation

Expatriation experience and, in particular, the relationship development capability has significant positive effects on the international knowledge translation process (Choi and Johanson, 2012). Expatriates clearly play an important role in the transfer of knowledge from the headquarters (HQ)

of an MNC to its subsidiaries in a foreign (Tsang, 1999). Furthermore, expatriates who have business experience in a particular industry can effectively facilitate the knowledge transfer process whenever the knowledge transferred is closely related to that particular industry (Delios and Bjorkman, 2000). Companies should be aware that their expatriate employees are the ones who have the ability of transferring the knowledge and their experience to other individuals (Crowne, 2009). When expatriates experience learning and vitality on their assignments, they are more likely to have the energy and motivation to become engaged in work. Learning enables expatriates to obtain more resources that they can draw upon to invest in their work roles (Ren, Yunlu, Shaffer and Fodchuk, 2015). Next in the paper the methodology and results of the research expatriation process in a company are presented.

2 Methodology

2.1 Research questions and research hypothesis

Through the research, we wanted to answer the following three research questions (RQ) and one research hypothesis (RH):

RQ1: What are the reasons that the expatriates went to work abroad in this company? And if there are any differences regarding number of children, gender, age and education level of the expatriates?

RQ2: How are expatriates evaluating the importance factors of their contribution of working abroad for the company? And if expatriates that are studying, value this importance factors more than those who are not studying? And if there are any differences of valuating this importance factors between older expatriates (>= 35 years) and younger expatriates (< 35 years).

RH₁: Working abroad for the company has completely fulfilled the expectations of the expatriates.

2.2 Instrument

We gathered the data through an online questionnaire. The questionnaire contained 46 questions relating to (1) data of the respondent (age, sex, number of children, relationship status, education, location of company HQ, location of current employment, work position in the company, the duration of working abroad in the company and current study status) and (2) evaluated reasons for becoming expatriates in this company, importance factors for their contribution of working abroad for the company and the reasons for possible extension of their abroad employment.

The questionnaire was of the closed type. All statements of the evaluated reasons for becoming expatriates in this company and all statements of the reasons for possible extension of their abroad employment were measured on the 5-point Likert type scale of presence, in which "1" means "strongly disagree" and "5" means "completely agree". The statements regarding to importance factors for expatriates contribution of working abroad for the company were also measured on the 5-point Likert type scale of presence, in which "1" means "very low" and "5" means "very high".

In order to answer all the research questions we first tested the overall reliability of a questionnaire with Cronbach's alpha reliability test. The Cronbach's alpha tests shown in Table 1 were made for two segments of our questionnaire involving reasons of employees for becoming expatriates in this company and importance factors for their contribution of working abroad for the company.

Table 1 presents the Cronbach's alpha values based on standardized items for two segments of questionnaire used in our research. The values are all calculated higher than 0.6, and that means that are acceptable values and our scale used in our questionnaire is reliable (see Kline, 2000; Tabachnick and Fidell, 2007).

2.3 Sample

The online survey was performed among expatriates working for the pharmaceutical company. The questionnaire was randomly sent and delivered in an electronic form, structured in an online program named 1ka (https:// www.1ka.si). A total of 12 questionnaires were completed fully and properly. The sample consists of 12 expatriates employed in the company, 58.3% were male and 41.7% were females; the respondents are aged between 25 and 55 years (mean: 38 years and 4 months); half of them (50%) are without children, 8.3% have one child and 41.7% have two or more children; 50% are married and 50% are in a relationship (unmarried). The sample was highly educated with 41.7% of repatriates, that answered our questionnaire, have finished their university diploma or master's degree and 58.3% that have a doctoral degree (Ph.D). All questioned repatriates have the company headquarters (HQ) located in Slovenia; their current location of employment is distributed between countries of Germany (58.3%), Austria (16.7%), Switzerland (16.7%) and USA (8.3%). The average current duration of the respondent's abroad employment in the company was, in the time of conducting the study, 2 years and 2 months. Also 25% of them are still studying and are part-time students. For further analysis we classified older expatriates (>= 35 years) and younger expatriates (< 35 years) working in this company with hierarchical clustering. 58.3% are older or equal to 35 years old and 41.7% are younger than 35 years old.

2.4 Data analysis

Data gathered from the survey were first analysed with hierarchical clustering in order to determine different groups of respondents according to their age (2 groups). The clustering was made with Ward's method and standardized variables. For further analysis we therefore gained two groups regarding on their age (group 1: >= 35 years old; group 2: < 35 years old).

Furthermore we analysed descriptive statistics for age, sex, number of children, working status, relationship status, education, location of company HQ, location of current employment, work position in the company, the duration of working abroad in the company and current study status of respondents. In the next step we also made descriptive statistics for three segments of the questionnaire that were used to analyse our research questions (Table 2, Table 3 and Table 4). Further analyses were made with t-test, paired sample test, test of homogeneity of variances and one- sample t-test.

3 Results

3.1 Descriptive statistics

In the following section we will represent descriptive statistics of our research and attempt to determine the answers to our research questions and research hypothesis. Table 2 presents descriptive statistics for eleven different reasons of employees becoming expatriates in this company. Expatriates on average assessed that working abroad represents a challenge for them the highest ($\bar{x} = 4.67$) of their

Table 1: Cronbach's alpha test of two questionnaire segments

Questionnaire segments	Cronbach's alpha	Cronbach's alpha based on standardized items	N of items
Reasons of employees for becoming expatriates in this company	0.755	0.729	11
Importance factors of expatriates contribution of working abroad for the company	0.673	0.688	7

Table 2: Descriptive statistics of the reasons of employees for becoming expatriates in this company (n=12)

Reasons of employees for becoming expatriates in this company	Mean	SD
personal interest	4.25	0.965
personal decision in agreement with the company	3.92	1.311
expatriation started without consultation with the company	1.58	0.900
better wage and payment	4.50	0.674
working abroad represents a challenge	4.67	0.651
in order to fill a free working position	2.92	1.676
in order of knowledge transfer between company's HQ and subsidiary	3.42	1.621
objectives and motives of expatriation were clearly determined by company HRM	3.67	1.231
main objective of expatriation is the supervision of local employees	1.83	1.030
functions taken over working abroad cannot be performed by no local employee	1.92	1.240
subsidiary is the source of knowledge that has to be transferred to company's HQ	3.33	1.073

Table 3: Descriptive statistics for importance factors of expatriates contribution of working abroad for the company (n=12)

Importance factors of expatriates contribution of working abroad for the company	Mean	SD
effect on an increase of expatriate employees in the company in the future	3.33	0.985
application of standardized reporting system in the company	3.25	1.055
provide supervision, coordination and guidance of local employees	3.50	1.314
successful leadership and management of a department or a team of employees	3.67	1.303
faster flow of information between company HQ and subsidiary	4.25	0.452
assistance in the internationalization of the company	4.33	0.492
upgrade of knowledge and working skills	3.83	1.030

reasons for becoming expatriates in the company, followed by better wage and payment ($\bar{x}=4.50$), personal interest ($\bar{x}=4.25$), personal decision in agreement with the company ($\bar{x}=3.92$), objectives and motives of expatriation were clearly determined by company HRM ($\bar{x}=3.67$), in order of knowledge transfer between company's HQ and subsidiary ($\bar{x}=3.42$), subsidiary is the source of knowledge that has to be transferred to company's HQ ($\bar{x}=3.33$), in order to fill a free working position ($\bar{x}=2.92$), functions taken over working abroad cannot be performed by no local employee ($\bar{x}=1.92$), main objective of expatriation is the supervision of local employees ($\bar{x}=1.83$) and expatriation started without consultation with the company ($\bar{x}=1.58$).

Table 3 presents descriptive statistics for seven different importance factors of the expatriates contribution of working abroad for the company. Expatriates on average assessed that they value their assistance in the internation-

alization of the company the most ($\bar{x}=4.33$). For them the importance factors of their contribution of working abroad for the company are also insuring a faster flow of information between company HQ and subsidiary ($\bar{x}=4.25$) and the ability of retaining an upgrade of knowledge and working skills ($\bar{x}=3.83$). Slightly lower estimated importance factors of expatriates contribution of working abroad for the company were implementation of successful leadership and management of a department or a team of employees abroad ($\bar{x}=3.67$), providing supervision, coordination and guidance of local employees ($\bar{x}=3.50$), contributing to an increase of expatriate employees in the company in the future ($\bar{x}=3.33$) and assuring application of standardized reporting system in the company ($\bar{x}=3.25$).

3.2 Analyses of research questions

RQ1: What are the reasons that the expatriates went to work abroad in this company? And if there are any differences regarding number of children, gender, age and education level of the expatriates?

In order to answer the first research question a paired sample t-test for reasons that the expatriates went to work abroad in this company was performed. We verified expatriates reasons with the help of a statement containing eleven different variables (see Table 2), that was assessed on a 5-point Likert scale. The presented results in Table 2 show that some of the average values are outstanding. Expatriates on average assessed reason "working abroad represents a challenge" for their abroad allocation in the company the highest ($\bar{x} = 4.67$), followed by "better wage and payment" ($\bar{x} = 4.50$) and "personal interest" ($\bar{x} = 4.25$). Nevertheless, we wanted to know whether the average of "working abroad represents a challenge" is statistically higher to the other two variables. We therefore used a paired sample t-test to compare the average of variable "working abroad represents a challenge" to the ones that have a slightly lower average.

Furthermore we compared the average of the three variables that are related to the reasons for their abroad allocation in the company. Two paired t-tests were performed with each pair of variables having their null and alternative hypothesis stated:

$$\label{eq:payment} \begin{aligned} & \text{variable "better wage and payment": H}_0\text{: }\mu_{\text{challenge}} = \mu_{\text{payment}}, \\ & H_1\text{: }\mu_{\text{challenge}} > \mu_{\text{payment}} \end{aligned}$$

$$\begin{aligned} & \text{variable "personal interest": } H_0\text{: } \mu_{\text{challenge}} = \mu_{\text{personal interest'}} \\ H_1\text{: } \mu_{\text{challenge}} > \mu_{\text{personal interest}} \end{aligned}$$

The results of paired sample t-tests are shown in Table 5. In the first pair (working abroad represents a challenge - better wage and payment) p-value is equal to 0.551 > 0.05. Also in the second pair (working abroad represents a challenge - personal interest) p-value is higher than 0.05 (0.210), which means that the null hypothesis, which says that the variable average of "working abroad represents a

challenge" is equal to the average of the other two variables (better wage and payment, personal interest) cannot be rejected at the 5% significance level. We proved that the first three averages do not differ from each other, so we can say that for expatriates the reasons for going to work abroad: working abroad represents a challenge, better wage and payment and personal interest are equally important.

We furthermore wanted to find out whether there are any differences in expatriates reasons for working abroad for the company, regarding number of children. Because only one respondent has one child, we joined him in the group of having two or more children. So we have two groups (group 1; with no children and group 2; with children. We conducted the following t-test. For verification, we have set the null and alternative hypothesis:

H₀: There are no statistically significant differences between the number of children of expatriates in their reasons for working abroad for the company.

H₁: There are statistically significant differences between the number of children of expatriates in their reasons for working abroad for the company.

Table 6 shows the results of t-tests for equality of means between number of children of expatriates regarding to their reasons for working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, because all the variables are valued p > 0.05, except for the variable "personal decision in agreement with the company" where p-value is 0.019. Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level for all variables, where p-value is higher than 0.05. Therefore there are no differences between the number of children of expatriates regarding their reasons for working abroad for the company.

For the remaining variable "in order to fill a free working position" where the calculated p-value is less than 0.05 (t = -2.892, p = 0.016), which means that there are significant differences between the responses of those expatriates who do not have children and those who have at least one child. Expatriates who have children value this variable more and are therefore more interested in this reason for

Table 5: Paired sample t-test for reasons that the expatriates went to work abroad in the company

Mean		Paired differences		t	df	p (2.4-H-n)
						(2-tailed)
Pair 1	working abroad represents a challenge - better wage and payment	0.167	0.937	0.616	11	0.551
Pair 2	working abroad represents a challenge - personal interest	0.417	1.084	1.332	11	0.210

Table 6: Results of the t-tests for equality of means between the number of children of expatriates in their reasons for working abroad for the company

Reasons that expatriates went to work	Levene's test for equality of variances		T-test for equality of means			
abroad	F	Sig.	t	df	p (2-tailed)	
personal interest	0.250	0.628	0.286	10	0.780	
personal decision in agreement with the company	7.813	0.019	-1.659	6.111	0.147	
expatriation started without consultation with the company	1.612	0.233	0.958	10	0.360	
better wage and payment	0.227	0.644	-0.845	10	0.418	
working abroad represents a challenge	0.227	0.644	0.000	10	1.000	
in order to fill a free working position	0.125	0.731	-2.892	10	0.016	
in order of knowledge transfer between company's HQ and subsidiary	2.162	0.172	0.170	10	0.868	
objectives and motives of expatriation were clearly determined by company HRM	0.500	0.496	-0.933	10	0.373	
main objective of expatriation is the supervision of local employees	0.625	0.448	-0.542	10	0.599	
functions taken over working abroad cannot be performed by no local employee	2.041	0.184	-0.681	10	0.511	
subsidiary is the source of knowledge that has to be transferred to company's HQ	1.250	0.290	1.085	10	0.304	

working abroad for the company, than expatriates without children.

Because we furthermore wanted to find out whether there are any differences between genders in expatriates reasons for working abroad for the company, we conducted the following t-tests. For verification, we have set the null and alternative hypothesis for each variable:

H₀: There are no statistically significant differences between male employees and female employees in reasons for becoming expatriates in this company.

H₁: There are statistically significant differences between male employees and female employees in reasons for becoming expatriates in this company.

Table 7 shows the results of t-tests for equality of means between expatriates genders regarding their reasons for working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, because all significances are valued p > 0.05, except for the variable "in order to fill a free working position" where p-value is 0.019. Based on the results of t-tests the null hypothesis of equality of means is therefore

accepted everywhere at the 5% significance level (as p is > 0.05). On the basis of the information received, therefore we can say that there are no differences between expatriates genders regarding their reasons for working abroad for the company.

We furthermore wanted to find out whether there are any differences in reasons for working abroad for the company regarding expatriates age; therefore we conducted the following t-tests. Data gathered from the survey were already analysed with hierarchical clustering and we therefore have two groups regarding on their age (group 1: >= 35 years old; group 2: < 35 years old). In the group 1 there are 7 respondents and group 2 there are 5 respondents. For verification, we have set the null and alternative hypothesis for each variable:

H₀: There are no statistically significant differences between expatriates younger than 35 years and expatriates that are 35 years old and older in their reasons for working abroad for the company.

H₁: There are statistically significant differences between expatriates that are younger than 35 years and expatriates that are 35 years old and older in their reasons for

Table 7: Results of the t-tests for equality of means between expatriates genders in reasons for them working abroad for the company

Reasons that expatriates went to work	Levene's test for equality of variances		T-test for equality of means			
abroad	\mathbf{F}	Sig.	t	df	p (2-tailed)	
personal interest	1.428	0.260	-1.068	10	0.310	
personal decision in agreement with the company	4.882	0.052	-0.178	10	0.863	
expatriation started without consultation with the company	1.173	0.304	0.578	10	0.576	
better wage and payment	1.545	0.242	1.351	10	0.207	
working abroad represents a challenge	1.807	0.209	-0.581	10	0.574	
in order to fill a free working position	7.756	0.019	-0.151	9.834	0.883	
in order of knowledge transfer between company's HQ and subsidiary	0.663	0.434	-0.317	10	0.758	
objectives and motives of expatriation were clearly determined by company HRM	4.213	0.067	0.151	10	0.883	
main objective of expatriation is the supervision of local employees	0.485	0.502	-1.047	10	0.320	
functions taken over working abroad cannot be performed by no local em- ployee	3.936	0.075	1.251	10	0.240	
subsidiary is the source of knowledge that has to be transferred to company's HQ	2.355	0.156	-0.711	10	0.493	

working abroad for the company.

Table 8 shows the results of t-tests for equality of means between expatriates age regarding their reasons for working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, because all the variables are valued p > 0.05. Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level for all variables, where p-value is higher than 0.05. On the basis of the information received, therefore we can say that there are no differences between age of expatriates (younger and older) in their reasons for working abroad for the company.

We wanted to know also if perhaps there are any differences between the answers of respondents regarding to expatriates educational level in reasons for working abroad for the company. From the gathered data there were only two groups of the educational levels (university diploma/master's degree and doctoral degree) selected by expatriates working in this company. For verification, we have set the null and alternative hypothesis:

H₀: There are no statistically significant differences between the educational levels of expatriates in their reasons

for working abroad for the company.

H₁: There are statistically significant differences between the educational levels of expatriates in their reasons for working abroad for the company.

Table 9 shows the results of t-tests for equality of means between expatriates educational level regarding their reasons for working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, because all the variables are valued p > 0.05, except for the variable "personal interest" where p-value is 0.026 and variable "working abroad represents a challenge" where p-value is 0.002. Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level for all variables, where p-value is higher than 0.05. On the basis of the information received, therefore we can say that there are no differences between educational level of expatriates in their reasons for working abroad for the company.

For the remaining variable "personal interest" where the p-value is less than 0.05 (t = 3.576, p = 0.012), which means that there are significant differences between the responses of those expatriates who have finished university

Table 8: Results of the t-tests for equality of means between expatriates age in their reasons for working abroad for the company

Reasons that expatriates went to work		test for equality of variances	T-test for equality of means			
abroad	F	Sig.	t	df	p (2-tailed)	
personal interest	1.428	0.260	-1.068	10	0.310	
personal decision in agreement with the company	1.425	0.260	0.690	10	0.506	
expatriation started without consultation with the company	1.173	0.304	0.578	10	0.576	
better wage and payment	0.448	0.518	0.418	10	0.685	
working abroad represents a challenge	1.108	0.317	0.287	10	0.780	
in order to fill a free working position	2.420	0.151	1.743	10	0.112	
in order of knowledge transfer between company's HQ and subsidiary	2.769	0.127	0.376	10	0.715	
objectives and motives of expatriation were clearly determined by company HRM	0.021	0.887	1.721	10	0.116	
main objective of expatriation is the supervision of local employees	2.604	0.138	1.265	10	0.235	
functions taken over working abroad cannot be performed by no local employee	3.936	0.075	1.251	10	0.240	
subsidiary is the source of knowledge that has to be transferred to company's HQ	0.381	0.551	-1.315	10	0.218	

diploma or master's degree and those who have a doctorate degree. Expatriates who have university diploma or master's degree value this variable more and are therefore more interested in this reason for working abroad for the company, than expatriates with Ph.D.

RQ2: How are expatriates evaluating the importance factors of their contribution of working abroad for the company? And if expatriates that are studying, value this importance factors more than those who are not studying? And if there are any differences of valuating this importance factors between older expatriates (>= 35 years) and younger expatriates (< 35 years).

In order to answer the second research question a paired sample t-test for importance factors of expatriates contribution of working abroad for the company was performed. We verified expatriates importance factors with the help of a statement containing seven different variables (see Table 3), that was assessed on a 5-point Likert scale. The presented results in Table 3 show that some of the average values are outstanding. Expatriates on average assessed the importance factor "assistance in the internationalization of the company" for their contribution of working abroad for

the company the highest ($\bar{x}=4.33$), followed by "faster flow of information between company HQ and subsidiary" ($\bar{x}=4.25$) and "upgrade of knowledge and working skills" ($\bar{x}=3.83$). Nevertheless, we wanted to know whether the average of "assistance in the internationalization of the company" is statistically higher to the other two variables. We therefore used a paired sample t-test to compare the average of variable "assistance in the internationalization of the company" to the ones that have a slightly lower average.

Furthermore we compared the average of the three variables that are related to the importance factors of expatriates contribution of working abroad for the company. Two paired t-tests were performed with each pair of variables having their null and alternative hypothesis stated:

variable "faster flow of information between company HQ and subsidiary": H_0 : $\mu_{internationalization} = \mu_{information}$, H_1 : $\mu_{internationalization} > \mu_{information}$

variable "upgrade of knowledge and working skills": H_0 : $\mu_{internationalization} = \mu_{knowledge}$, H_1 : $\mu_{internationalization} > \mu_{knowledge}$

The results of paired sample t-tests are shown in Table 10.

Table 9: Results of the t-tests for equality of means between expatriates educational level in their reasons for working abroad for the company

Reasons that expatriates went to	Levene	e's test for equality of variances	T-test for equality of means			
work abroad	F	Sig.	t	df	p (2-tailed)	
personal interest	6.822	0.026	3.576	6.000	0.012	
personal decision in agreement with the company	1.389	0.266	1.088	10	0.302	
expatriation started without consultation with the company	1.173	0.304	-0.578	10	0.576	
better wage and payment	1.124	0.314	0.418	10	0.685	
working abroad represents a challenge	17.067	0.002	1.922	6.000	0.103	
in order to fill a free working position	0.325	0.581	0.832	10	0.425	
in order of knowledge transfer between company's HQ and subsidiary	0.049	0.830	0.317	10	0.758	
objectives and motives of expatriation were clearly determined by company HRM	0.663	0.434	0.778	10	0.454	
main objective of expatriation is the supervision of local employees	2.604	0.138	-1.265	10	0.235	
functions taken over working abroad cannot be performed by no local em- ployee	1.074	0.324	0.188	10	0.855	
subsidiary is the source of knowledge that has to be transferred to company's HQ	0.210	0.656	0.174	10	0.866	

Table 10: Paired sample t-test for importance factors of expatriates contribution of working abroad for the company

		Paired differences Mean SD		4	df	р
					uı	(2-tailed)
Pair 1	assistance in the international- ization of the company - faster flow of information between company HQ and subsidiary	0.083	0.515	0.561	11	0.586
Pair 2	assistance in the internation- alization of the company - up- grade of knowledge and work- ing skills	0.500	1.168	1.483	11	0.166

In the first pair (assistance in the internationalization of the company - faster flow of information between company HQ and subsidiary) p-value is equal to 0.586 > 0.05. Also in the second pair (assistance in the internationalization of the company - upgrade of knowledge and working skills) p-value is higher than 0.05 (0.166), which means that the null hypothesis, which says that the variable average of "assistance in the internationalization of the company" is equal to the average of the other two variables (faster flow

of information between company HQ and subsidiary, upgrade of knowledge and working skills) cannot be rejected at the 5% significance level. We proved that the first three averages do not differ from each other, so we can say that the importance factors of expatriates contribution of working abroad for the company: assistance in the internationalization of the company, faster flow of information between company HQ and upgrade of knowledge and working skills are equally important.

Table 11: Results of the t-tests for equality of means between employees status of studying in factors of expatriates contribution of working abroad for the company

Importance factors of expatriates contribution of working abroad	Levene's	s test for equality of variances	T-test for equality of means				
for the company	F	Sig.	t	df	p (2-tailed)	p/2	
effect on an increase of expatriate employees in the company in the future	1.836	0.205	0.659	10	0.525	0.262	
application of standardized report- ing system in the company	0.000	1.000	1.500	10	0.165	0.082	
provide supervision, coordination and guidance of local employees	0.714	0.418	0.745	10	0.473	0.237	
successful leadership and manage- ment of a department or a team of employees	1.151	0.309	0.494	10	0.632	0.316	
faster flow of information between company HQ and subsidiary	2.242	0.165	2.113	10	0.061	0.030	
assistance in the internationalization of the company	0.000	1.000	0.000	10	1.000	0.500	
upgrade of knowledge and working skills	0.385	0.549	0.968	10	0.356	0.178	

We furthermore wanted to find out whether expatriates that are studying, value this importance factors more than those who are not studying. We conducted the following t-test. For verification, we have set the null and alternative hypothesis:

H₀: Expatriates that are studying and those who are not studying equally value this importance factors.

H₁: Expatriates that are studying value this importance factors more than those who are not studying.

Table 11 shows the results of t-tests for equality of means of employees status of studying in factors of expatriates contribution of working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, because all the variables are valued p > 0.05. The hypothesis are tested oneway, therefore all p-values (t-test for equality of means) are divided by 2. Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level for all variables, where calculated p-value is higher than 0.05. On the basis of the information received, therefore we can say that expatriates that are studying and those who are not studying equally value this importance factors.

For the remaining variable "faster flow of information between company HQ and subsidiary" where the calculated p-value is less than 0.05 (t = 2.113, p/2 = 0.030), which means that there are significant differences between the responses of those expatriates that are studying and expa-

triates that are not studying. Expatriates that are studying value this variable more and therefore more appreciate this importance factor of their contribution of working abroad for the company, than expatriates that are not studying.

We furthermore wanted to find out whether there are any differences in valuating this importance factors between older expatriates (>= 35 years) and younger expatriates (< 35 years); therefore we conducted the following t-tests. Data gathered from the survey were already analysed with hierarchical clustering and we therefore have two groups regarding on their age (group 1: >= 35 years old; group 2: < 35 years old). In the group 1 there are 7 respondents and group 2 there are 5 respondents. For verification, we have set the null and alternative hypothesis for each variable:

H₀: There are no statistically significant differences between expatriates younger than 35 years and expatriates that are 35 years old and older in importance factors of their contribution of working abroad for the company.

H₁: There are statistically significant differences between expatriates that are younger than 35 years and expatriates that are 35 years old and older in importance factors of their contribution of working abroad for the company.

Table 12 shows the results of t-tests for equality of means between older and younger expatriates in importance factors of their contribution of working abroad for the company. Based on the results of Levene's test for equality of variances we cannot reject any null hypothesis of equality of variances at the 5% significance level, be-

Table 12: Results of the t-tests for equality of means between older and younger expatriates in importance factors of their contribution of working abroad for the company

Importance factors of expatriates contri- bution of working abroad for the compa-	Levene's	test for equality of variances	T-test for equality of means			
ny	F	Sig.	t	df	p (2-tailed)	
effect on an increase of expatriate employ- ees in the company in the future	0.028	0.871	-0.778	10	0.454	
application of standardized reporting system in the company	2.355	0.156	-0.400	10	0.698	
provide supervision, coordination and guid- ance of local employees	0.901	0.365	1.685	10	0.123	
successful leadership and management of a department or a team of employees	0.102	0.756	0.143	10	0.889	
faster flow of information between company HQ and subsidiary	200.000	0.000	2.121	6.000	0.078	
assistance in the internationalization of the company	2.604	0.138	0.778	10	0.454	
upgrade of knowledge and working skills	0.641	0.442	-0.456	10	0.658	

cause all the variables are valued p > 0.05, except for the variable "faster flow of information between company HQ and subsidiary" where p-value is 0.000. Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level for all variables, where p-value is higher than 0.05. On the basis of the information received, therefore we can say that there are no differences between older expatriates (>= 35 years) and younger expatriates (< 35 years) in these importance factors of their contribution of working abroad for the company.

3.3 Analysis of research hypothesis

RH_j: Working abroad for the company has completely fulfilled the expectations of the expatriates.

For verification of the research hypotheses (RH₁), we conducted one-sample test, which was compared to the average of the variable "Working abroad for the company has completely fulfilled my expectations" with the test value 4 (mean and higher values of the test value, affects the expatriate opinion on their fulfilment of expectations working abroad for the company). The average value of the variable "Working abroad for the company has completely fulfilled my expectations" was assessed on average of $\bar{x}=3.67$. For this variable we have set the null and alternative hypothesis:

$$H_0$$
: $\mu_{expectations} = 4$, H_1 : $\mu_{expectations} > 4$

Table 17 shows the result for one-sample test for the variable "Working abroad for the company has completely fulfilled my expectations". The p-value is 0.266, but be-

cause our sample average ($\bar{x}=3.67$) of tested variable is lower than test value 4, we have to calculate this p-value according to the formula (1 - p / 2). Calculated p-value is equal to 0.367, therefore we can conclude, that we cannot reject the null hypothesis at 5% risk in favour of the alternative hypothesis, which says that the average the variable "Working abroad for the company has completely fulfilled my expectations" is higher than 4. The hypothesis H_1 : Working abroad for the company has completely fulfilled the expectations of the expatriates, is based on this result therefore **rejected**.

We wanted to know also if perhaps there are any differences between the answers of respondents regarding to expatriates duration of working abroad for the company for less or equal to 12 months or more than 12 months; therefore we conducted the following t-tests. For verification, we have set the null and alternative hypothesis for each variable:

H₀: There are no statistically significant differences between expatriates who are working abroad less or equal to 12 months and those who are employed abroad more than 12 months.

H₁: There are statistically significant differences between expatriates who are working abroad less or equal to 12 months and those who are employed abroad more than 12 months.

Table 18 shows the result of t-test for equality of means between those expatriates who are working abroad less or equal to 12 months and those who are working more than 12 months. Based on the results of Levene's test for equality of variances we cannot reject null hypothesis of equality of variances at the 5% significance level, because p-value

				Test value = 4		
	t	df	Sig. (2-tailed)	Mean difference		e interval of the rence
			(2-tailed)		difference	Lower
Working abroad for the company has completely fulfilled my expectations	-1.173	11	0.266	-0.333	-0.96	0.29

Table 17: One-sample test for the variable "Working abroad for the company has completely fulfilled my expectations"

Table 18: T-test for equality of means for the variable "Working abroad for the company has completely fulfilled my expectations"

	Levene's test of var		T-test	for equality of	means
	F	Sig.	t	df	p (2-tailed)
Working abroad for the company has completely fulfilled my expectations	0.661	0.435	0.189	10	0.854

is > 0.05 (0.435). Based on t-tests of the null hypothesis of equality of means we therefore accept the 5% significance level (t = 0.189, p = 0.854). On the basis of the information received, therefore we can say that there are no differences between those expatriates who are working abroad less or equal to 12 months and those who are working more than 12 months in their fulfilment of expectations working abroad for this company.

4 Discussion

The findings from this research in the company will be used and implemented for further expatriation processes within this MNC. Due to the small sample size, all results should be interpreted with caution. Our study demonstrates the reasons of employees in the company for becoming expatriates importance factors for their contribution of working abroad and the reasons for possible extension of their abroad employment. The following study has its limitations and weaknesses. For further data capture and processing we should aim to gain more answers from expatriates in the company to obtain a greater sample. Another disadvantage of the research is that we only gained results of the expatriates who are employed in management or research departments in the company and are all highly educated. This is proved with the obtained answers of the twelve expatriates on their work position in the company; HR manager, global program manager, project Manager, global manager of pharmacovigilance (pv) safety operations, global quality manager, associate scientist, director of development, global head of portfolio of active ingredients, head of the development center, manager, researcher and technician specialist. We have also collected the respondents answers from one source (expatriates employed in the company) using one method (online survey). Furthermore we also must be aware of the disruption factors that effect on expatriates during the research process. Expatriates undergo many disruptions similar to other types of life transitions, including disruptions to existing roles, identities and social networks, which result in the experience of uncertainty, ambiguity and anxiety (Nardon, Aten & Gulanowski, 2015).

The proposal of further research is to analyze the connection between expatriate adjustment and their effectiveness abroad to furthermore link them with the company performance. Furthermore the expatriation process should be more connected with talent management. Because of the global company status, global talent management is the right label to identify the connection between talent management and expatriation (Scullion, Collings and Caligiuri, 2010; Swailes, 2013). There are two streams regarding to two conceptions of talent management, namely (1) the elitist, or talent segmentation, approach focused on a few chosen individuals, often termed 'high potentials', in whom the organization invests, and (2) a broad aspect of Human Resource Management where all employees are considered as talent (Tarique and Schuler, 2010). All respondents have their HQ of the company located in Slovenia and we gained answers from four subsidiaries located in four foreign countries. Therefore further research should be focused towards finding more expatriates in more different countries for examination of characteristics of expatriates affect the transfer of knowledge between the HQ and a subsidiary in a foreign country. The lack of effective strategies to utilize the knowledge and skills gained by expatriates has long been regarded as one of the weakest links in international human resource management (Oddou, Szkudlarek, Osland, Deller, Blakeney and Furuya, 2013).

Because of the strategic plan of the company to expand

into more foreign markets, it is important to ensure the appropriate mechanisms to keep control over the subsidiaries abroad. MNCs usually use a wide range of these mechanisms such as the share of capital in the case of international joint ventures, expatriation, active participation in the board of directors, staffing key management positions, training and socialization of employees and technology transfer (Jaussaud and Schaaper, 2006). Expatriation is very important in the aspects of the company international HRM and the expatriation process and international operations cannot be successfully conducted if there is no support from the management of the company. Successful MNCs regarding on expatriation process therefore provide relocation supports, language training, cross-cultural training and orientation to expatriates and their family members before assignment and after arrival to enhance their adaptability and familiarization to the host country environment, culture, as well as to reduce the culture shock effect (Abdullah and Jin, 2015).

Employees reasons for becoming expatriates in this company, and differences regarding number of children, gender, age and education level of the expatriates

The results of the research show the most common reasons of employees for becoming expatriates in this company. Expatriates decided to work abroad because this represents a challenge for them ($\bar{x} = 4.67$), they were also convinced because of better wage and payment ($\bar{x} =$ 4.50) and because of personal interest ($\bar{x} = 4.25$). With analysis of the results we have proved that there are no differences in this reasons regarding expatriates gender, age (younger: < 35 years old and older: >= 35 years old) and educational level. The analysed results also indicate that there are no differences regarding expatriates number of children, except for the variable "in order to fill a free working position", which means expatriates who have children value this variable more and are therefore more interested in this reason for working abroad for the company, than expatriates without children. This leads to a conclusion that expatriate employees in this company with children consider their career is not connected to and may facilitate access their children social networks and friendships (McNulty, 2012). Dealing with individual demands and building appropriate capabilities (to enhance positive crossover effects) are likely to be influenced by the types of organizational support provided to them and their families (McNulty, 2015).

Importance factors of expatriates contribution of working abroad for the company, and differences regarding their current study status and age.

For expatriates assistance in the internationalization of the company ($\bar{x}=4.33$) is their most important contribution. The results show that they also contribute to a faster flow of information between company HQ and subsidiary ($\bar{x}=4.25$) and they have a possibility of upgrading their knowledge and working skills ($\bar{x}=3.83$). The results show

that there are no differences between this importance factors regarding in expatriates age and current study status, except that expatriates that are studying, value the variable "faster flow of information between company HQ and subsidiary" more, and therefore more appreciate this importance factor of their contribution of working abroad for the company, than expatriates that are not studying. This analysed MNC has a policy to support and encourage all their employees to educate and has a fund that offers scholarships. Successful MNCs has to have a strategy to sponsor their employees in educating in order to ensure competency-related profiles, attracting a diverse pool of applicants and providing them with full career support (Vaimana, Haslberger and Vance, 2015).

Fulfilment of the expatriates expectations working abroad for the company, and differences regarding their duration working abroad.

Based on the analyzed results we can say that working abroad for the company did not completely fulfilled the expectations of the expatriates. This also refers to a qualitative dimension describing how well the expatriate has acculturated with regard to various aspects of work at the foreign assignment, such as performance standards and expectations, supervisory and job responsibilities (Selmer, Lauring, Normann and Kubovcikova, 2015). We furthermore proved that there are no differences between those expatriates who are working abroad less or equal to 12 months and those who are working more than 12 months in their fulfilment of expectations working abroad for this company.

These findings are useful for the employees that will be in the future involved in the expatriation process in this company.

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Analiza procesa ekspatriatizma v slovenskem podjetju

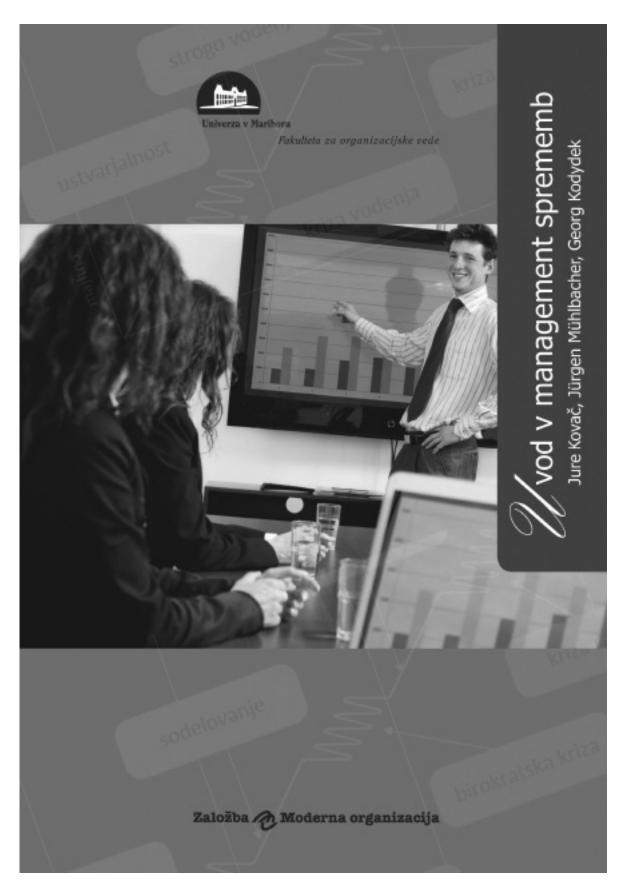
Ozadje in namen: Mednarodna podjetja zahtevajo drugačen pristop kadrovskega managementa pri doseganju svojih ciljev. Vzrok je v zaposlenih, ki delujejo v tujini in jih imenujemo ekspatriati. Namen raziskave je zato ugotoviti dojemanje načina dela in izkušenj ekspatriatov znotraj enega izmed mednarodnih podjetij v Sloveniji.

Zasnova/Metodologija/Pristop: Za raziskavo je bila uporabljena spletna anketa med vsemi ekspatriati v farmacevtskem podjetju. Vprašalnik je bil poslan naključno v elektronski obliki in strukturiran v programu 1 ka (https://www. 1ka.si). Vseh 12 poslanih vprašalnikov je bilo v celoti in pravilno izpolnjenih.

Rezultati: Rezultati so pokazali, da je več dejavnikov, ki vplivajo na odhod ekspatriatov v tujino., pa vendar nobeden izmed njih ni zadovoljil njihovih pričakovanj. Rezultati so med drugim pokazali, da ni nobenih razlik v njihovih pričakovanjih med tistimi ekspatriati, ki so v tujini 12 mesecev ali manj in tistimi, ki presegajo čas dela v tujini za več kot 12 mesecev.

Zaključek: V raziskavi so bili ugotovljeni dejavniki, ki vplivajo na odhod ekspatriatov v tujino in zadovoljitev njihovih pričakovanj. Rezultati raziskave bodo v pomoč vsem bodočim ekspatriatom, ki se bodo odločali za ta način dela v izbranem podjetju.

Ključne besede: ekspatriatizem, mednarodna kariera, prenos znanja, multinacionalne korporacije



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