

## EDITORIAL

We are great, if we succeed to stand on the shoulders of those, who have made great strides before us, if we can manage to connect knowledge and opportunities that are within reach and offered to us, if we can find the challenges that are filling the gaps and at the same time improving ourselves.

It is impossible to mention everybody, who has significantly contributed to the story which today we are living in the field of kinesiology. Many have left a seal with their critical scientific approach that is impossible to remove. How fantastic was, for example, the thinking of the world-renowned researcher, Santorio Santorio from Koper 450 years ago and to state today that its contribution to the development of university, science and study programmes was significant, which might appear at first glance to be unfounded or far-fetched. However, those of us who are involved in the development of scientific thought, have devised and slowly formed it in the desired direction, know that the building of the undergrowth with the aim of changes and achievements that have lasting consequences, is a process whose roots are deep and branched. The contribution of each individual in this mosaic of knowledge, capabilities and experience is important. When we estimated that we have reached a critical threshold of knowledge and experience in research areas of kinesiology, when our work was already crowned with the establishment of the Institute for Kinesiology Research (IKARUS) at the University of Primorska, Science and Research Centre of Koper (UP ZRS) and later the laboratory IKARUS UP ZRS, we have decided that we want to share knowledge. And we share it with those who may be the most critical evaluators of our achievements and can transfer our work into practice in the best way - with students. We have designed courses of Applied Kinesiology. Since we are always aware of the importance of openness, the need for the draught of ideas and knowledge, we have integrated into the international and global space. We wanted to compare our potential and research skills with the best. We have formed our research projects and study programmes in which a large number of foreign researchers and lecturers participate, and where we take the liberty of the restrictions only within the criteria of quality research and students' desires for knowledge. And it is this desire and the aim to build the importance of duality of scientific research and education work into our work and into further development guidelines that has led us to the next step, the establishment of a new department of the University of Primorska, UP FENIKS - Faculty of Ergonomic and Kinesiology Studies. The faculty is in the final phase of obtaining approvals from competent authorities and will offer its students a place to study and research, while the most demanding of them will have the possibility to continue their study and acquire a doctorate.

Does not this opens a natural answer why we need the *Annales Kinesiologiae*? Publications of research results in a scientific journal are the very latest knowledge, which

is offered to a reader under strictly defined, in a global scientific space clearly known criteria and standards, to study it in a critical view, to comment and to apply it. We want as much such users as possible. Just as we wish that numerous referential researchers would publish scientific publications, opinions and reviews in the new journal. Solely open to the global professional and scientific public and with strict following of the criteria of excellence of research work and publishing, will we be able to pursue our objects. The idea suggests that we are on the right track. The consent of a number of leading researchers, scientists and professors to join us with a critical view as members of the editorial board and the assembly of reviewers contribute to the quality and this is an important guarantee that we will follow the best scientific journals in the field on this path.

I would like to accompany the first journal on the road with warm thanks to everyone who have contributed that the first volume was published and who are conscientiously trying that excellence is indeed its trademark. Only a team of unselfish, eager of knowledge, tireless and generous people can contribute to a successful launch of a new scientific journal. And Annales Kinesiologiae has such a team.

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Prof. dr. Rado Pišot  
(Chief Editor)

## UVODNIK

Veliki smo, če uspemo stopiti na ramena tistih, ki so pred nami naredili velike korake, povezati znanja in možnosti, ki so dosegljiva in ponujena, poiskati izzive, ki zapolnjujejo vrzeli in hkrati izpopolnjujejo nas same.

Kdo vse je pomembno prispeval zgodbi, ki jo danes živimo na področju kineziologije, bi bilo nemogoče navajati. Mnogi so s svojim kritičnim znanstvenim pristopom pustili pečat, katerega je nemogoče izbrisati. Kako fantastično je bilo razmišljanje npr. svetovno cenjenega raziskovalca, Koprčana Santorio Santoria pred 450 leti in navajati danes, da je njegov prispevek v razvoju univerze, znanosti in študijskih programov pomemben se morda na prvi pogled zdi neutemeljeno ali za lase privlečeno. Pa vendar, tisti, ki smo v razvoju znanstvene misli sodelovali, jo kovali in počasi oblikovali v zeleni smeri vemo, da je gradnja podrasti s ciljem sprememb in dosežkov, ki imajo dolgotrajne posledice, proces katerega korenine so globoke in razvejane. Prispevek slehernega posameznika v tem mozaiku znanj, sposobnosti in izkušenj je pomemben. Ko smo ocenili, da smo dosegli kritično mejo znanja in izkušenj v raziskovanju področja kineziologije, ko smo svoje delo že kronali z ustanovitvijo Inštituta za kineziološke raziskave (IKARUS) Znanstveno-raziskovalnega središča Univerze na Primorskem (UP ZRS) in kasneje laboratorija IKARUS UP ZRS, smo se odločili, da želimo znanje deliti. In delimo ga s tistimi, ki so lahko najbolj kritični ocenjevalci naših dosežkov in lahko najbolje prenesejo naše delo v prakso, s študenti. Oblikovali smo študijske programe Aplikativne kineziologije. Ker smo se vedno zavedali pomena odprtosti, potrebe po prepihu idej in znanj smo se povezovali v mednarodni in svetovni prostor. Želeli smo svoje potenciale in raziskovalne kompetence premerjati z najboljšimi. Oblikovali smo raziskovalne projekte in študijske programe v katerih sodeluje veliko število tujih raziskovalcev in predavateljev in kjer si dovolimo utesnjenosti zgolj znotraj kriterijev kakovostnih raziskav in študentskih želja po znanju. In ravno ta želja in cilj vgraditi v naše delo in nadaljnje smernice razvoja pomen dvoedinosti znanstveno-raziskovalnega in izobraževalnega dela nas je vodila do naslednjega koraka, ustanovitve nove članice Univerze na Primorskem, UP FENIKS – Fakultete za ergonomске in kineziološke študije. Fakulteta, ki je v končni fazi pridobivanja soglasij s strani strokovnih avtoritet bo svojim študentom nudila prostor za učenje in raziskovanje, tistim najzahtevnejšim tudi možnost nadaljnjega študija in pridobivanja doktorata znanosti.

Ali se ne na tem mestu kar naravno odpira odgovor zakaj Annales Kinesiologiae? Objave raziskovanih dosežkov v znanstveni reviji so najbolj sveže znanje, ki je po strogo določenih, v svetovnem znanstvenem prostoru jasno poznanih, kriterijih in merilih oblikovano in ponujeno bralcu, da ga s kritičnim pogledom preuči, komentira uporabi. Takih uporabnikov si želimo čim več. Tako kot si želimo, da bi se z znanstvenimi objavami, mnenji in recenzijami v novi reviji zvrstili številni referenčni raziskovalci. Samo

odprti v svetovno strokovno in znanstveno javnost in s striktnim sledenjem kriterijev odličnosti raziskovalnega dela in objavljanja bomo lahko sledili zastavljenim ciljem. Vsiljuje se misel, da smo na pravi poti. Pristanek številnih vrhunskih raziskovalcev, znanstvenikov in profesorjev, da se nam pridružijo in s kritičnim pogledom kot člani uredniškega odbora in zbora recenzentov prispevajo h kakovosti, pa je pomembno jamstvo, da bomo na tej poti sledili najboljšim znanstvenim revijam s področja.

Prvo revijo bi tako želel pospremiti na pot s prisrčno zahvalo vsem, ki so pripevali, da je do njenega izida prišlo in kateri se vestno trudijo, da je odličnost res njen zaščitni znak. Samo ekipa požrtvovalnih, znanja željnih, neutrudljivih in nesebičnih ljudi lahko prispeva k uspešnem zagonu nove znanstvene revije. Annales Kinesiologiae jo ima.

Koper, 18. december 2010

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