



Foto: Nataša Pezdir

The *Focus Theme* of the 81st Issue of the *Vzgoja* magazine is Digital Addiction. Andrej Perko writes about what addiction is, what its characteristics are and what it is that leads someone into addiction. Dejan Hozjan asked students of pedagogy about how they would define digital addiction. Sebastjan Kristovič explains how the lack of meaning in life intertwines with addiction – like a vicious circle. He believes that the digital media have occupied an empty space – the one that should be filled with human relations, and emphasizes that we should not rob children of their puerility. Roman Globokar thinks about 'digital natives' – children who have been surrounded with digital technology since birth. He writes that this alone is not enough for the development of mature individuals. Bogdan Polajner writes about the role of parents in preventing digital addiction, how parents can contribute to increasing or reducing the addiction of digital media. He lists some very topical and useful suggestions. Franja Gros and Petra Belina write about digital education – how important it is that we educate children and young people for the proper use of digital media, and how we can do it at home and at school. Patrick Pirš presents an example curriculum of education for the safe use of digital media, as it is executed in his elementary school. Finally, Nataša Konc Lorenzutti reflects on the need to be careful about using the media and reminds

the readers not to forget the natural resources – both in nature and in man.

In *Our Conversation* section, Eva Čeh has talked to Martina Koman, a retired teacher of Mathematics and Physics, who has always been able to link her professionalism, hard work, and humanity with faith and honesty. She still lives these principles today.


In the *Teachers* section, Tomaž Bojc draws attention to the fact that people are sometimes naive and do not understand that giants in different fields monitor and direct our lives. Mateja Vodnik presents eight relational needs, which are good to know when working with people, in order to be able to understand them better and enter the relationships with them.

In *Educational Plan*, Gabrijela Marinko presents a school project in which she and her pupils have made couch sets and thus equip the social area at school. Anton Meden writes about how teachers and parents should establish and maintain good relationships among themselves and why this is important.

In the *Parents* section, Irena Potočar Papež writes about how important it is that children learn good manners from an early age on. This starts with the first words: thank you, here you are, I'm sorry. Erika Ašič writes about the gratitude, which is the source of strength, if we practice it in our attitude towards things, nature and people. Lucija Ademoski writes about the development of a reader from birth to adolescence; what the characteristics of each period are and what has to be taken into account from the standpoint of parents and teachers. Romana Žitko Rožmanc continues writing about the anger – she explains on an example how important empathy is to understand other people in their position – then the anger will calm down and make space for understanding and respect.

In the section *Fields of Education* Marjeta Krejči Hrstar writes about tactile integration, a type of work that is of great help to different people with special needs, since it connects the left and right half of the brain again. Katja Lajovec Klemenčič, a volunteer on the confidential phone Samarijan, writes about the power of conversation – which stimulates, heals, and saves lives. She also presents their variegated spring program: three concerts and a training for new volunteers in Slovenia. Milček Komelj presents the work of the painter Uroš Weinberger. He has chosen the painting titled *Evolution Model* (2012) for the cover and presentation. Boris Kham describes his workshop, where he presented astronomy to blind and visually impaired people. Ema Ko-

tar presents the volunteer program *Man for Others*, which operates within the Association of Catholic Teachers of Slovenia. In *Spiritual Challenge*, Emanuela Žerdin and her guest, dr. Christian Metz, present hospice as an indispensable part of the system of an integrated care of the patient. Tanja Pogorevc Novak writes about how important it is to teach children and young people to develop the feeling for the beautiful.

In the *Experience* section, Gašper Markič writes about how the Grammar School Kranj often invites its former students to celebrations, to recollect memories of their young years and observe school in today's time. Majda Kovačič Cimperman, Principal of the Sodražica Elementary School, presents how the branch of their school was named after Janez Evangelist Krek. This is the first school in Slovenia that carries his name. 

Written by: Erika Ašič

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Potrebno je reči hvala

*Iz srca, ne zlagano.
Ni samoumevno,
kar ti je dano.
Trud, solze,
to življenje
je prigarano.*

*Človek se izgubi,
če ne čuti hvaležnosti
za te male reči.
Ostane sam
kot prazna dlan.*

*Zato daj ljudem
tisto malo dobrega,
nasmeh, objem.
To nas dela ljudi,
ko padeš,
to te živi.*

Primož Rogelj

