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Selenium and plants

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ABSTRACT

Selenium is of metabolic importance in cyanobacteria and in some plants, being involved in their antioxidative processes. Selenium is widely distributed on the Earth's surface and available for plants in at least small traces. Cultivation of plants enriched with selenium could be an effective way of producing selenium rich foodstuffs and thereby increase health benefits. The essentiality of selenium to higher plants is still under debate. Selenium can increase the tolerance of plants to UV-induced oxidative stress, delay senescence, and promote the growth of ageing seedlings. Recently it has been shown that selenium has the ability to regulate the water status of plants under conditions of drought. The distribution and speciation of selenium in plants and the effect of selenium alone and in combination with some other environmental parameters is discussed.

Key words: selenium, plants

IZVLEČEK

SELEN V RASTLINAH

Selen ima pomembno vlogo pri antioksidativnih procesih cianobakterij in nekaterih rastlin. Selen je široko razširjen po zemeljski obli in na razpolago rastlinam vsaj v majhnih količinah. Gojenje rastlin, obogatenih s selenom, je učinkovit način dodajanja selena ljudem in izboljšanju zdravja. V znanstvenem svetu poteka debata, ali je selen potreben za rastline. Obstajajo pa dokazi, da selen pri rastlinah pospešuje antioksidacijsko aktivnost, zavira procese, povezane s staranjem in omili stres zaradi visoke svetlobe in tudi suše. V članku je opisana sposobnost rastlin za akumulacijo selena in vpliv selena v kombinaciji za nekaterimi drugimi okoljskimi dejavniki na rastline.

Ključni besedi: selen, rastline

1 INTRODUCTION

Selenium is a trace element that can function as an essential nutrient for humans and animals or as an environmental toxicant; the boundary between the two is narrow and

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depends on its chemical form, concentration, and other environmentally regulating variables (Fan et al., 2002; Shardendu et al., 2003). It is an important microelement, exists in small amounts in microorganisms, plants, animals and humans. Although selenium is an essential trace nutrient important to humans and most other animals as an antioxidant, toxicity occurs at high concentrations due to replacement of sulphur with selenium in amino acids resulting in incorrect folding of the protein and consequently nonfunctional proteins and enzymes.

2 BENEFICIARY EFFECT OF SELENIUM TO HUMANS

Some regions like Slovenia, suffer from a relative deficiency of selenium (Pirc and Šajn, 1997). Cultivation of plants enriched with selenium could be an effective way of producing selenium rich foodstuffs and thereby increase health benefits (Ip and Lisk, 1994; Finley et al., 2001; Lyons et al., 2005). Selenium has an important role in the prevention of atherosclerosis, specific cancers, arthritis, and altered immunological functions. The beneficial effects of selenium are dependent on the chemical form. Selenomethionine (SeMet) is known to be the most readily assimilated form of selenium (Patrick, 2004). Supplementation of human diet with selenium yeast, containing SeMet as the main chemical form, significantly reduced the occurrence of prostate cancer (Duffield-Lillico et al., 2003).

3. EFFECT OF SELENIUM ON PLANTS

The essentiality of selenium to higher plants is still under debate (Terry et al., 2000). Selenium can increase the tolerance of plants to UV-induced oxidative stress, delay senescence, and promote the growth of ageing seedlings (Xue et al., 2001; Pennanen et al., 2002). Recently it has been shown that selenium has the ability to regulate the water status of plants under conditions of drought (Kuznetsov et al., 2003). Hartikainen et al. (2000) reported about growth promoting effect of selenium in ryegrass. Senescence stress is partly counteracted with enhanced antioxidation which is associated with an increase glutathione peroxidase (GSH-Px) activity. Although some studies have evaluated the effect of hardness, temperature, pH and other parameters on selenium toxicity, sulphate has perhaps been most widely studied in relation to selenium uptake and toxicity in aquatic and terrestrial organisms (Sappington, 2002). Selenium and sulphur are nutrients with very similar chemical properties and their uptake and assimilation proceed through common pathways (Eapen in D'Souza, 2005).

4 ABILITY OF PLANTS TO ACCUMULATE SE

Se has not been classified as an essential element for plants, although its role has been considered to be beneficial in plants capable of accumulating large amounts of the element (Terry et al., 2000). Uptake and accumulation of selenium by plants is determined by the chemical form and concentration, soil factors such as pH, salinity and CaCO₃ content, the identity and concentration of competing ions, and the ability of the plant to absorb and metabolize selenium (Kabata Pendias, 2001). Actively

growing tissues usually contain the largest amounts of selenium (Kahakachchi et al., 2004). Plants usually accumulate more selenium in shoot and leaf than in root tissues (Zayed et al., 1998).

5 RESEARCH IN SLOVENIA

5.1 Methodology

On Jožef Stefan Institute, Biotechnical faculty and National Institute of Biology, the determination of selenium in plants and their species, and on the other hand the effect of selenium on plants are studied (Smrkolj and Stibilj, 2004; Breznik et al., 2005; Germ et al., 2005a,b; Smrkolj et al., 2005; Smrkolj et al., 2006a). Selenium is applied either as foliarly spraying, either by soaking the seeds in the solution of selenium. Model plants are cultivars of *Phaseolus vulgaris*, *Eruca sativa*, *Pisum sativum*, *Glicine max*, *Fagopyrum esculentum*, *F. tataricum*, *Hypericum perforatum*, *Cucurbita pepo*,...). Experiments are conducted in glass houses as well as in semi-controlled conditions and outdoors. The effect of selenium on plants is in certain cases combined with other factors, like UV-B radiation (*Fagopyrum esculentum*, *F. tataricum*, *Cucurbita pepo*) and drought (*Solanum tuberosum*).

5.1 Distribution of selenium and its species in plants

It was shown, that pea was good accumulators of selenium. The selenium content of pea seeds obtained from the untreated (UT group), once (OT) and twice (TT) foliarly treated plants was determined. The selenium content of pea seeds obtained from the untreated, once and twice foliarly treated plants was, in each case, directly proportional to the number of spraying applications. Seeds are usually a moderate source of selenium, but several studies dealing with cereal and legume seeds showed, that they are able to accumulate high amounts of selenium (Stadlober et al., 2001; Smrkolj et al., 2005; Smrkolj et al., 2006a). Higher selenium contents were found in leaves than in stems of plants grown from both OT and TT seeds, and these contents were, as for the seeds, directly proportional to the number of original foliar treatments (Smrkolj et al., 2006a). Selenomethionine was the only selenium compound found in supernatants by anion and cation exchange chromatography, comprising 49 and 67 % of the total selenium content in the OT and TT groups, respectively (Smrkolj et al., 2006a). The results of the study show that selenium enriched pea seeds are potential source of dietary selenium, on account of their ability to accumulate Se, and that this selenium is present mainly as SeMet, known to be favourable for human consumption (Smrkolj et al., 2006a).

Common (*Fagopyrum esculentum*) and tartary (*Fagopyrum tataricum*) buckwheat was treated by spraying the leaves with a water solution containing in the form of sodium selenate in the flowering period. The selenium content in all parts of plant was found to be less than 200 ng g⁻¹ in non-treated and in the range 2700–4650 ng g⁻¹ in selenium treated buckwheat. Exposure to UV-B radiation lead to higher selenium accumulation in flowers of both selenium enriched cultivars. In flowers and leaves, on average 11% of the selenium content was soluble and in the form of Se(VI), representing between 0.6% (flowers) and 3% (leaves) of the selenium content. In

seeds 93% of the selenium content was found in the extracts and the main selenium species was SeMet with $93 \pm 5\%$ relative to the selenium content (Srnkolj et al., 2005).

Determination of selenium compounds was performed in chicory (*Cichorium intybus*) leaves from plants which were cultivated aeroponically with elevated concentrations of Na_2SeO_4 for different periods. Selenium accumulated efficiently in chicory leaves; up to $480 \mu\text{g/g}$ after 41 days of exposure, mostly (64%) as Se^{VI} , i.e. in the form of selenium added. Beside inorganic Se, they also found SeMet (4.2–8.4%) and SeMeSeCys (<DL–0.7%) (Mazej et al., 2006).

Data of content of selenium and its species in different plants are shown in Table 1.

Table 1. Literature data of content of selenium and its species in leaves of different plants.

Plant	Se addition	Total Se in leaves ($\mu\text{g/g}$ dry weight)	SeMeSeCys (%) ^a	Literature
Chicory (leaves) (<i>Cichorium intybus</i> L.)	Na_2SeO_4 7 mg/L 41 days aeroponically	167-480	0.5-1.7	Mazej et al., 2007
Lamb's lettuce (leaves) (<i>Valerianella locusta</i> L.)		455	3.0	
Dandelion (leaves) (<i>Taraxacum officinale</i> Waggers)		49	2.0	
Parsley (leaves) (<i>Petroselinum crispum</i> Mill.)		290	4.4	
Bean (seeds) (<i>Phaseolus vulgaris</i> L.)	Na_2SeO_4 10 mg/L 10 days	2	30	Srnkolj, 2006b

^a - % SeMeSeCys relative to total Se in sample

5.2 The response of plants to selenium and with combination with other environmental parameters

Physiological parameters were measured in control plants and in plants obtained from selenium treated seeds in *Eruca sativa* and in foliarly treated *Fagopyrum esculentum* and *F. tataricum*. The potential and effective quantum yields of photosystem II were unaffected by selenium in *Eruca sativa*, *Fagopyrum esculentum* and *F. tataricum* (Germ and Osvald, 2005; Breznik et al., 2005a). The respiratory potential of *Eruca sativa*, measured by electron transport system (ETS) activity, significantly increased in plants, grown from selenium treated seeds (Germ and Osvald, 2005). The similar results were given in the study on young plants of *P. sativum*; ETS activity was highest in young pea leaves with the highest selenium content (Srnkolj et al., 2006a). Selenium induced higher respiratory potential in the leaves of foliarly treated selenium in *S. tuberosum* cv. Desiree, (unpublished data). Higher ETS activity reflected increased GSH-Px activity in mitochondria (Srnkolj et al., 2006a). It was

evidenced (Xue and Hartikainen, 2000; Hartikainen et al., 2000; Xue et al., 2001) that selenium exposure increased GSH-Px activity in ryegrass and lettuce. However, selenium did not affect respiratory potential in *F. esculentum* and *F. tataricum* (Breznik et al., 2005a), foliarly treated with selenium.

5.3 The combined effect of selenium with other environmental parameters

The addition of selenium mitigated the negative effect of UV-B radiation on effective quantum yield of PSII in both buckwheat species. The protective effect of selenium is important because it improves light harvesting and through this the availability of energy for plants (Breznik et al., 2005a). An ameliorative effect of Se, with regard to mass of the tubers, was observed in drought exposed in *S. tuberosum* cv. Desiree (unpublished data). Recently it has been shown that selenium has the ability to regulate the water status of plants under conditions of drought; selenium causes enhanced water retention in wheat tissue (Kuznetsov et al., 2003). The influence of ambient and filtered solar UV-B radiation and of selenium treatment was determined in pumpkins, *Cucurbita pepo* L. It was shown, that selenium increased yield under ambient radiation conditions (Germ et al., 2005).

Enhanced UV-B radiation negatively affected the aboveground biomass and number of seeds in foliarly treated *F. esculentum* with selenium. The interactions between selenium and UV-B radiation to aboveground biomass, number of nodes and number of seeds were obtained (Breznik et al., 2005b)

The aim of our future work is the continuation research regarding of the ability of plants to accumulate selenium, determination of selenium species in plants, and the effect of selenium on physiological and morphological characteristics of plants. We will study the combined effects of selenium on plants with other environmental parameters. We would like to assess the threshold of selenium beneficiary effects and toxicity. Additionally, the way of application of selenium to plants, which is the most safe for the nature will be assessed. And also, to determine which cultivated plants have ability to assimilate selenium to be the most suitable for the human nutrition.

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