

WORLD FOOD DAY 2018 – CONFERENCE ON “FOOD, NUTRITION, HEALTH”

Koper, Slovenia, 16th and 17th October 2018

Under the slogan “**We and Our Environment Together**” this Conference celebrated different milestones along the World Food Day 2018, namely, 150 years since the publication of the first Slovene cookbook by Magdalene Pleiweis, the 35th anniversary of European Centre for Peace and Development (ECPD, established by the United Nations University for Peace <https://www.ecpd.org.rs/>), the 10th anniversary of the European Declaration on Food, Technology and Nutrition for Health (EFTND, <http://eftndeclaration.aeuropae.org/>), and the inauguration of the Mediterranean Institute for Environmental Studies (MIES) at the Science and Research Centre Koper (ZRS Koper). The Conference was jointly organized by ECPD, EFTN and ZRS Koper, hosted by Janez Podobnik M.D. (Director of ECPD Ljubljana), Prof. Peter Raspor, double Ph.D. (on behalf of EFTN Ambassadors) and Prof. Rado Pišot, Ph.D. (Director of ZRS Koper).

The first day of the Conference was focused on topics that addressed interesting views on the environmental impact on food production, the connection of food and health, and food and nutrition education in Slovenian schools, as well as training of nutritionists.

Although one session partly covered the issue of food contamination, there was a lack of contrasting topics on underappreciated bioavailable nutritional value of food from the biochemical perspective. Illustrative and central were two round-table sessions: The Connection between Environment, Food Production and Health, moderated by Janez Podobnik, M.D. and The Connection between Food, Physical Activity and Health, moderated by Prof. Rado Pišot. Both were very well prepared and informative for the public.

The second day was more hands-on, intended for the presentation of medium and large enterprises showcasing their food products under the title **Eat and Drink Slovenian**. The goal of the presentations was also to connect the producers directly to the consumers and political facilitators of development. At the end of the sessions, the presenters joined in a panel and addressed the received questions, which was excellently moderated by Janez Podobnik, M.D.

Prof. Peter Raspor, Ph.D., organized an outstanding Conference dealing with many aspects of Slovenian food (<http://danhrane.ecpd.si/>). Some 60 participants attended the events every day. However, the participation could have been broader since the Conference was well-structured and efficiently moderated. We strongly believe that the Conference covers topics that would be of interest for various experts on public health and healthy lifestyle, representatives from different Ministries and students from the fields of dietetics, nutrition, food-technology and food production.

Cécil Meulenberg

SVETOVNI DAN HRANE 2018 – KONFERENCA »HRANA, PREHRANA, ZDRAVJE«

Koper, Slovenija, 16. in 17. oktober 2018

Pod sloganom »**Mi In Okolje Skupaj**« je imela konferenca namen obeležiti svetovni dan hrane, 150 letnico izida prve slovenske kuharske knjige izpod peresa Magdalene Pleiweis, 35 letnico ustanovitve Evropskega centra za mir in razvoj (ECPD) <https://www.ecpd.org.rs/> in 10 let Evropske deklaracije o hrani in prehrani (EFTN) <http://eftndeclaration.aaeuropae.org/>. Hkrati je bil ob tej priložnosti inavguriran tudi Mediteranski inštitut za okoljske študije (MIOS), ki deluje v okviru Znanstveno-raziskovalnega središča Koper. Konferenco so organizirali Evropski center za mir in razvoj (ECPD), Znanstveno-raziskovalno središče Koper (ZRS Koper) in ambasadorji EFTN, ki so jih zastopali Janez Podobnik, dr. med, direktor mednarodnega inštituta ECPD za trajnostni razvoj Ljubljana, prof. dr. Rado Pišot, direktor ZRS Koper in prof. ddr. Peter Raspor, v imenu ambasadorjev EFTN.

Prvi dan konference je bil namenjen sekcijam, ki so obravnavale zanimive poglede na vpliv okolja na pridelavo hrane, povezanost hrane in zdravja ter izobraževanje o hrani in prehrani v slovenskih šolah, pa tudi izobraževanju prehranskih strokovnjakov.

Vzporedno sta bili organizirani dve okrogli mizi: *Povezava med okoljem, pridelavo hrane in zdravjem*, ki jo je moderiral dr. Janez Podobnik in *Povezava med prehranjevanjem, gibanjem in zdravjem*, ki jo je moderiral prof. dr. Rado Pišot. Obe okrogli mizi sta bili dobro vodeni in zanimivi.

Drugi dan konference je bil z naslovom: »**Jejmo in pijmo slovensko**« namenjen predstavitvi manjših in srednje velikih slovenskih proizvajalcev hrane in njihovemu čim bolj neposrednemu povezovanju s potrošniki in s političnimi usmerjevalci razvoja. Zadnji del je bil namenjen predstavitvi projektov vezanih na hrano, ki potekajo v Sloveniji.

Konferenca, katere glavni organizator je bil prof. ddr. Peter Raspor, je predstavila mnoge zanimive in aktualne teme povezane s hrano. Približno 60 udeležencev, ki so zastopali znanost, proizvajalce hrane, izobraževanje in politične usmerjevalce razvoja, je bila pravzaprav preskromna udeležba za tako dobro strukturirano in organizirano konferenco. Menim, da bi se je lahko udeležilo več strokovnjakov javnega zdravja, promocije zdravja, ministrstev, pa tudi študentov študijskih programov s področja hrane, prehrane in zdravja.

Nadja Plazar