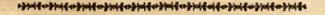
A SHORT RELATION

OF

The River NILE, &c.



ASHORT RELATION

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The River William Sec.

recognition is the second of t At a Meeting of the Council
of the ROYAL SOCIETY of
LONDON, for improving
Natural Knowledge,

ORDERED,

That these Discourses, viz. "A short Relation of the River Nile, &c. Of the Unicorn. Why the Abyssine Emperour is called Prester John of the Indies. A tract of the Red Sea. Of Palm Trees. Translated out of a Portuguese Manuscript at the desire of the Royal Society, by Sir Peter Wyche, Kt. Fellow of the same," be printed by their Printer,

BROUNKER, Pref.

A SHORT RELATION

OF THE RIVER

NILE:

Of its SOURCE and CURRENT;

Of its Overflowing the CAMPAGNIA of Ægypt, 'till it runs into the Mediterranean;

AND

Of other CURIOSITIES.

WITH A NEW PREFACE:

Written by an EYE-WITNESS,

Who lived many Years in the chief Kingdoms of the

ABYSSINE Empire.

LONDON:

PRINTED FOR THE ROYAL SOCIETY, MDCLXIX:

REPRINTED FOR, AND SOLD BY J. LACKINGTON, No 46 & 47,

CHISWELL-STREET, MOORFIELDS,

MDCCXCI.

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PREFACE

TO THIS EDITION.

hol in the year (668, formed

the Royal society in London,

THE following Publication being originally printed by order of the Royal Society of London, as appears by the extract from their Journals, is doubtless a strong proof of its intrinsic merit; and at the same time a presumptive argument in favour of its authenticity and credibility. Lrod BROUNKER, Sir ISAAC NEWTON,

a 3

Dr.

Dr. Barrow, Dr. Wallis, Mr. Gregory, Dr. Halley, with other learned men of that day, were the respectable members, who, in the year 1668, formed the Royal Society in London, and patronized these Tracts; and which Sir Peter Wyche, at their request, translated.

A late Traveller, however, has, in various instances, afferted the ignorance of the Portuguese Missionaries, taxing them with willful misrepresentation, and including them all under the polite appellation of Lying Jesuits!

The

The same writer, through the whole of a late work, arrogates to himself the unique merit of having vifited the Heads of the Nile, and takes uncommon pains to shew, or at least to make his readers believe, that, no other person than himself, had ever arrived at these so much famed fources; or had returned thence alive, and given the world a true account of them.

It will appear, however, from the perusal of the following pages, that Father JERONYMO, a lying Jesuit, had infallibly seen these

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celebrated fountains, and had given a true account of them, in a plain, unassuming and modest manner; and, excepting some peculiarities of style, nearly in the same words as the writer of the present day. —— The inference is obvious!

Beside the account of the Nile, many curious relations and reasonings are offered by this same lying Jesuit, which form some of the most material parts of the sive Quarto Volumes lately published.

TO THE RIGHT HONOURABLE,

HENRY LORD ARLINGTON,

ONE OF THE LORDS OF HIS MAJESTY'S MOST HONOURABLE PRIVY COUNCIL; AND PRINCIPAL SECRETARY OF STATE.

My Lord,

THE thoughtful provision for my Journey, into Russia (whither his Majesty hath been pleased to send me) hindered me from a more solemn Dedication of these Discourses to Your Lordship: They were by the curious Sir Robert Southwell procured from an inquisitive and observing Jesuit at Lisbon, who had lived many years in Æthiopia and the Indies; so writ as to

feem

eem a candid Relation of matter of Fact, contain a more precise and minute account of some Historical and Natural Curiofities, than is in any one Tract extant, and give the Portuguese their just and undoubted title of discovering daily to the West, the Wonders and Mysteries of the East. The Royal Society commanded me to translate them, and ordered the impression. My Lord, Your benign and encouraging Patronage, for all subtile and nice enquiries; Your peculiar province to get intelligence from the South, and my particular obligations, countenance this dedication, which (were I not in procinctu) the copious argument of Your Lordship's virtues and pe fections, would justly make much larger; now it

must only excuse the faults of the Translation, and publish my zealof being esteemed,

My Lord,

Your Lordship's

most devoted Kinsman,

and humble Servant;

Peter Wyche.

may view events the francis of the Francis, tion, and published on a cally bring offermed.

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Peter Wyche

A SHORT RELATION

OF

The River N I L E, &c.

THE Abysine Emperour (vulgarly, though falfly called Presbyter John of the Indies) is Lord of the most ancient and largest dominions of those many kingdoms and provinces into which Africa is divided: This Empire, is the most easterly part of all Africa, called Ethiopia, above Egypt, not without reason; all Egypt lying below it, and the same situation have to it most of the bordering kingdoms.

The Red Sea bounds it on the East, Egypt on the North; On the West the Island Island of Africa, and on the South, the Indian Sea; with this difference, that Eastward this kingdom reacheth the Red Sea, though at prefent the Turks curtail its greatness, by keeping the whole shore of that Sea with-two forts in the Mands of Suaguem and Massuba, and one upon the main Land called Arquico, which ferves for no other ufe, than the defence of the water drank in the Island of Massuba, drawn out of wells called Cacimbas funk near the head of a River. dry in the fummer, full in the winter, fetched daily in boats called Geluas.

The Island of Massuba and fort of Arquico are two leagues distant. This, the only Port where is imported what Ethiopia wants, and whence the natural commodities are exported, that, in circuit about twelve hundred fathoms; shaped like a man's foot, hath a convenient Haven, little or no defence, though garrifon'd

fon'd by near fixty Turks, white and black; the custom-house is inhabited by the Basha's Lieutenant (called Caqua) and other officers.

The Island of Suaguem with the third Fort, is less, but better defended by art and nature, incompassed with many shoals, inhabited by an hundred Turks; being the residence of the Basha out of the limits of the empire, and of natural right belonging to a powerful and warlike king, whose kingdom is called Ballow, (anciently Negran) the inhabitants are Moors, the men, horses and sheep the fairest I have any where seen; the water-melons the most delicious I have ever tasted.

Toward the North, between Egypt and this empire lies the famous defart of The-baide so renowned for the ancient Ancorets, where begins the kingdom of Ballow above-mentioned.

This empire reacheth westward so far into

into the main land, that the kingdom of Congo was its tributary, as the great hiftorian John de Barros affirmed in his first decade: At present it extends not further than the kingdom of Naire, whose inhabitants are neither Abysfines nor Ethiopians, yet not defective in policy, garb, or government: The foil is rich in Goldthines of the same quality of those of Sofalla, lying under the fame parallel, and not far distant, they pay a tax yearly, a tribute of their gold to the Abysfine emperor, the coin called Miloqueas, the value ten thousand pieces of eight.

The greatness of this empire is toward the South more restrain'd, there lying betwixt it and the sea, divers nations of Moors and Pagans, barbarous to extremity, which never did, nor do acknowledge themselves vassals to the Emperor, who live in tents like the mountainous

Africans.

Africans. The chief amongst them is elected every eighth year, with the title of. Caraye Primeyro, afterwards called Luba. The Moors bordering on the seacoast have kings, the greatest of them called Macheda.

This empire anciently commanded many kingdoms and provinces, their own annals and fome historians count above twenty, with almost as many Provinces: What at present passeth for current, is, that its greatness was notorious, though now limited to five kingdoms, each about the bigness of *Portugal*, and to six Provinces, every one little different from Beyra* or Alenteyo.

One of these, and among the biggest, is called Agaos; the inhabitants of the same name, whether these bestowed their name, or took it from the Province. This is divided into diverse Territories,

B

the

^{*} Two Provinces in Portugal.

the most famous called Tuncua, deservedly glorious in two respects, being the country of the samous Unicorn (of which I shall speak in this discourse, and only now say it is not the Abbada) rightly taken by Authors for the Rhinoceros, (being in shape, a quite different animal) and having in it the so long sought-for Head of Nile, concealed so many ages, discovered by the industrious Portuguese.

The higher part of this province is mountainous and woody, yet not without vallies, and groves of cedars, for goodness and scent, not inferior to those of Mount Lebanus, their thickness is a great inconvenience to travellers, but suits with the inclination of the native Agoas, who being professedly Pagans, and so of little faith or loyalty, live commonly in rebellion, thereto invited, not more by their own natural disposition than the convenience of certain caves, into which in time of

war they retire. These caverns have but one entrance, are capable of one or two families, which are ordinarily great among the *Pagans*, increased by their wives, multiplied proportionable to the cows they keep, allowing to ten cows one woman.

What is most admirable in those subterraneous caves or caverns, is, that they receive not only their goods and cattle, (which are their whole estates, personal and real, they living little on their crop) but they ordinarily find in them water fufficient to ferve them the fummer months, when only they are affaulted, and are without apprehensions of being conquered, though with fmoke, by fire made at the mouth of the cave, having vents, by which they receive fufficient light, and can convey the smoke, if attempted by fire.

B

In this Territory of Toncua is the known head and fource of the River Nile, by the natives called Abani, (i.e.) the Father of Waters, from the great collection it makes in the kingdoms and provinces through which it paffeth; for the greatest part of Ethiopia being mountainous, and the torrents fwelled in the winter, the mountains fo transmit them as to increase the rivers, which falling into the Nile, make no little addition to its greatness, caufing it to run with fuch a stock of water as overflows the plain of Egypt: this is the river, the Scripture, in Gen. ii. calleth Gihon, which encompassed the land of Ethiopia, fo doth Nile, with its turnings and meanders.

The Head rifes in the most pleasant recess of the territory, having two springs, called eyes, each about the bigness of a coach-wheel, distant twenty paces. The Pagan inhabitants adore as an idol, the biggest, offering to it many sacrifices of cows, which they kill there, slinging the head into the spring, eat the sless holy, lay the bones together in a place designed for that purpose, which at present make a considerable hill, and would make it much bigger, if carnivorous beasts and birds of prey did not by picking them, lessen and scatter them.

These two springs rise in a little field covered over with green and thick wood, travellers, especially horsemen, are easily convinced that this ground stands in the water, from the trembling and hollow sound, this field is lost in a lake where it is under water. *This plain is on the top

B₃ of

Fons Nyli situs in summitate unius Vallis quæ assimubatur ingenti campo jugis montium undig; circundato. ibi.

^{*} Provincia ubi Nylus oritur vocatur Agoas, Vicina regno Gojam terra vocatur Sagela, in apice montis in plano arboribus undique circundato. Athan. Kercheri Oed. Ægypt. Tom. 1. Cap. 7. p. 57.

of a high mountain, over-looking many spacious vallies, and from this height infensibly descends; from the middle of this descent is seen, near a trench entangled with shrubs, the bigger of these springs, whose bottom is not to be reached with a lance of five and twenty palms, which by the way meets with, (as is guessed) the roots of the neighbouring shrubs, so hindered further passage; the other spring is to be fathomed at sixteen palms.

From the biggest spring runs in a strait line, a green and pleasant wood, seeming to follow the course of the water, which though under ground, leaves the vein to be track'd by its re-appearing at the distance of little more than an hundred paces; at this appearance the quantity of water is so inconsiderable, as only to make a very little rivulet, which grows presently bigger, by the assistance of other springs bringing in their water. At little more than three days journey from the head, the river is large, deep enough for veffels to fail in, and so broad, that I doubt whether a strong arm can throw a stone over it.

A little above a hundred paces from this place, this river fo conveys itself betwixt rocks, as in the year 1629, I paffed it without wetting my foot; in my journey from the kingdom of Gojama to the province of Dambeha, when the paffengers being many, and the boats but few (which I will anon describe), I with my companions going along the banks of the river, and engaged among many little rivulets, leaping from stone to stone, got dry to the other fide; the fame did immediately many others, naming it the passage of Father Jeronimo, I being the first who discovered or attempted it.

This is the ordinary passage over the Nile most frequented by travellers, who

come from the court and province of Dambeha, for the kingdom of Gojama, the verritory called Bed, the passage over in boats with head and stern, made of gross and thick matt;, strongly joined and put together, yet not fecure from falling in pieces, which often happens, and the paffengers left in the water: They are rowed with long round poles, being without the use or knowledge of any other oars; are capable of receiving about ten perfons, with fome baggage; many fwim over; fo do all the beafts; and both man and beaft go in danger of fome mortal accident from the Sea-horfes and Crocodiles, both bred in the Nile, and infesting the passages.

From

[†] Navigatio bic nulla nisi cymbis papyraceis quas ipst Tancoas appellant. Vossius de Origine Nili, Cap. xvi. f. 55.

Conficitur bibula Memphilis Cymba papyro. Lucan.

From this place the Nile grows crooked, making almost a semi-circle: Two days journey from this passage, it runs by a point of land into a lake of fresh water, called by the natives Dambeha. abounding with wild fowl; fome there are, but little fish; the reason conceived, that the fea-horfes fright, and the crocodiles devour them. This fea is in length twenty-five leagues, fifteen over at the largest place; about the middle are divers islands of different bigness, full of wood, fome inhabited, others defart; the biggest called Dec, two leagues long, but narrow; hither are banished condemned persons sent for security: whereas the boats not being many, and pain of death to any who without leave go to the Island; all means of escape are defperate. Swimming is less inviting, the lake being full of fea-horfes and crocodiles, which to meet is certain death.

The point of this lake is with fo much violence broken by the Nile, that the current is divided in the water and mud, till it forces a paffage at another place. The Nile is for about a quarter of a league detained in this lake; leaving that, it makes a beautiful and large tour, fo great as to contain in the circumference a kingdom called Gojama, about the bigness of Portugal, and a great part of another called Damotes. By this circuit the Nile returns again within less than two days journey of its head; hence taking a South-east course, running through many kingdoms and provinces, it falls into Ægypt. By the way in divers places are made those amazing and stupendous cataracts, fo famous for their noise, when the water falling with its whole body, finks and hollows the abyfs which receives it. Yet doth not the greatness of the noise deafen the neighbouring inhabitants, as fome

fome fabulously write, if so, the populousness of the adjacent places would fwarm with deaf multitudes, which hear the noise, and find not that effect. One of these Cataracts is eminently remarkable, as will appear in the relation of what has surprized and allured many.

At the first or second Cataract the Nile makes, the water from an high and craggy rock is præcipitated with all its mass into a large and deep aby/s, the noise heard three long leagues, and the rebound, (which spends itself in minute atoms and fubtile smoke), feen as far. The water, to admiration, being fhot with fo much violence as to fall at a diffance, makes an arch. and under that leaves a large road, where people pass in security, not to be wet. There are convenient feats cut out in the rock for travellers to rest themselves. where they enjoy the most pleasant fight imagination can fancy, made by the Sun's reflection . reflection on the water, so producing glorious and pleasing colours, resembling those of the Rainbow, which at this nearness of the water, most deliciously satisfy and feast the eye.

The Nile was never under any bridge before we arrived in Ethiopia; the first made in the kingdom of Amara, where betwixt two high rocks was a ftreight and dangerous paffage: The Nile ran deep and violent between, all ran great hazard, many loft in the paffage; the winter chiefly increased the difficulty. The Abysfines were incapable of removing this evil, ignorant what Bridges were, and without workmen to make them: The Emperor, informed what a Bridge was, how conveniently made in fo narrow a passage, and we having brought from India, in the Patriarchs company, two stone-cutters, defigned for building Churches in Ethiopia, one was recommended to this work,

who made this first Bridge, of a beautiful structure and great convenience to passengers: Thus was the Nile at first brought under a strange dominion.

This discourse is not improperly ended, by a reflection why anciently Alexander the Great, and Julius Calar, using so great diligence to discover the Head of Nile miscarried in the enterprize. The reason was, because they fent discoverers against the stream. Thus going by land, the length of the journey, the many kingdoms and provinces to be travelled through, the fwarms of barbarous people to be encountered, fo many unwholesome climates to be passed, made their advance impossible; going by water, the same difficulties, increased, attend them: The violent current of Nile stopt their passage, and coming to the first cataract, they could not proceed, but were forced back with loft labour; and being without ei-

ther knowledge of, or commerce with the Abysfine empire by the Red Sea, they neither ventured that way, nor conceived their defign fo feafible. Thus were their endeavours frustrated. The knowledge of this province would, by fome of the Ports of the Red Sea, have brought them into the Abyssine empire; thence two months journey had made them drink in this fo defirable, fo concealed, and fo famous Spring. This fecret, (with divers others of many Parts of the World, and their discovery) was received for the indefatigable industry of the Portuguese, who have feen with their eyes, what mamy have defired, but could not obtain.

going by water, the law of

THE TRUE CAUSE OF THE RIVER NILE'S

OVERFLOWING AND DROWNING THE

CAMPANIA OF EGTPT, IN THE HEIGHTH

OF SUMMER, IN EUROPE.

IVERS causes were by the Ancients affigned, for the Nile's overflowing in the hottest Summer months in Europe, according to the opinion of the Writers, every one asserted what was in the reach of his reason, yet all wandered from the truth. The little knowledge had of the fource and current of this fo famous River, of the places it passeth through, and chiefly of the inland of Ethiopia, where it rifeth, occasioned such variety of opinions, without the discovery of the truth, referved for the navigation and commerce of the Portuguese. The

The great quantity of fnow which falls in the rigour of winter, on the inland mountains of Ethiopia, and is melted by by the intense heat of the fummer, is not, as fome affirm, the cause of this river's overflowing; Ethiopia having not fo sharp colds as to beget fnow, unknown in this country, nor conceivable from our relation: Two places only have a thick white frost, and hail in great quantities, which refemble, but are not, fnow; One is in the kingdom of Tigre, upon the high mountains of Seman, the other in the kingdom of Damotis, in the territory called Namora of the cold climate, which melted, do fuperficially water the mountains, therefore mistaken for fnow, sometimes fall with a current into the low-lands. yet not fo confiderably, as to fwell the rivers, much less to cause the inundation of Nile.

Neither do the great winds, which in those Months of the overflowing of Nile, blow in at the mouth of the River, where it runs into the Mediterranean, cause this inundation; as others affert, who say, those winds repel the water, which being detained with the water which descends, increaseth to that excess to force the Nile out of its channel and stagnate in the plains of Egypt, so enriching and fattening the soil, by the slime brought from those places through which it passeth.

Other reasons, of the same credit, given by authors, I omit, in haste to declare the true one, only attainable by such who have lived some years in Ethiopia. The truth, in short, is, that the winter in Ethiopia, is the same, and at the same time, as in India, and other places under the Torrid Zone, beginning at the end of May, or the first days of June, and in all August (the reason of the

the fairest weather in Europe) spends its greatest fury; the overflowing of Nile, being at the heighth in thefe months, the ignorance of fummers and winters begat the opinions mentioned: Whereas, the greatest part of Ethiopia being mountainous, and the Nile in its course through many kingdoms and provinces of the inland, collecting the rain waters which fall from the mountains, and receiving into it many great rivers, thus becomes fo confiderable and mafterless: As the plain of † Egypt experimentally and to its great benefit finds. As much discountenanced by the heavens, in being deprived of the common benefit of rain, as munificently requited by the water of this famous river, which gave rife to the observation, That the Egyptians

never

^{† —} Nibil indiga mercis, Aut Jovis in solo tanta est siducia Nilo.

never lift up their eyes to heaven, never expect any favour from God Almighty, but wholly depend upon the Nile; thence receiving that benefit other places enjoy by rain; those verses of Ovid, may seem not applicable to the Egyptians:

Os homini sublime dedit, calumque videre Justit, et erectos ad sidera tollere vultus.

The Nile, running into the Mediterranean, washeth the walls of Grand Cairo, distant from the mouth fifty miles. This River declareth by the way, the more or less abundance to be expected that year: The harvest, proportionable to the greater or less inundation, is thus computed. The walls of this populous city have, towards the river * a Tower,

C 2 with

^{*} The Author, a faithful Eye-witness of all he relates, and so of undoubted credit, took this only thing upon report, that the Nile washeth the Walls of Grand Cairo, and that on the inside of this tower

with an open Arch, giving passage to the Nile, which according to the waters it brings down, rifeth more or lefs. On the walls of this Tower, from the bottom upward, are made Marks, or Degrees; and, by ancient custom, as more or fewer of these are covered with water, the Magistrates make it be proclaimed every night in the ffreets, that the knowledge how many degrees the Nile hath that day overflowed may be general. This Proclamation begins at the end of desistable fully,

in the walls, should be kept the Register of the Inundation of the Nile; which is on a marble pillar, placed in the middle of the river, near a long Island called Rhedes, opposite to Grand Cairo. Upon this Island, and over the Pillar, is built a Mosque, with fuch an Arch towards the River, to give the water passage. This place and Pillar is fo superflitiously secured from the fight of Christians, that I found the attempt vain and dangerous; having only feen, in January, the bottom of the Pillar in the water. The other circumstance of the number of Degrees, and the Proclamation, are truly related.

July, and continues all August, when the rife or fall of the river is particularly observed by the degrees. The abundance of the year is thus gueffed at. When the water covers not fixteen degrees, the defect of it fuggests fear of a famine; rifing towards twenty-five, the higher it ascends, the fairer are the hopes of a fruitful feason; passing that number, they are assaulted with new fears of death, the quantity of water not allowing them to fow, or house their harvest. These months pass not away without some trouble and anxiety, the weather being every where fubject to irregularity, fo rain is fometimes too much, fometimes too little, by which the crop is altered.

Another Curiofity makes the Nile famous, whose current stores Grand Cairo with Senna, so known and so experienced in medicine in the shops of Europe. It

C 3

is a little shrub, peculiar only to the woods of Ethiopia: the place where I lived in that kingdom has a great quantity. The wild Negroes fetch it from the Inland, and bring it in great boats to Grand Cairo. The French Conful there hath the monopoly of it, for which he presents every new Bashaw with thirty thousand Dollars, and bargains at a certain fet price, and a day prefixed, to buy all that comes; which he performs. Having housed it in his Magazines, he divides it into three parts; two are burnt, one reserved to be transported for Europe, which pays for the two parts confumed: There is less expence for freight, the shops always want the medicine. which goes off at the price demanded: Thus is the account balanced.

A Frenchman, Zacharias Vermiel, a fervant, many years in the Conful's house, gave me this information; his desire to travel.

where he lived a year in my house, and when we were banished, went into the Emperor's army: being grown rich, and turn'd inhabitant, not permitted to return, he died there, ten years after his arrival.

OF THE FAMOUS UNICORN:—WHERE HE IS BRED, AND HOW SHAPED.

among Beasts, as among Birds are the Phænix, the Pelican, and the Bird of Paradise: with which the world is better acquainted by the fancies of Preachers and Poets, than with their native soil: little is the knowledge of any of them; for some of them, nothing but the received report of their being in nature.

It

It deserves reflection, that the industry and indefatigable labour of men in the discovery of things concealed, can yet give no account where the *Phænix* and *Bird of Paradise* are bred. Some would have *Arabia* the country of the *Phænix*, yet are the *Arabians* without any knowledge of it, and leave the discovery to the work of time.

The Bird of Paradise is found dead with her bill fixed in the ground, in an island joining to the Malluccos, not far from Macacca; whence it comes thither is unknown, though great diligence has been employed in the fearch, but without fuccess. One of them dead came to my hands. I have feen many; the tail is worn by children for a Penashe, the feathers fine, and fubtile as a very thin cloud; the body not fleshy, resembling that of a Thrush; the many and long feathers, of a pale invivid colour, (nearer white than

than ash-colour) which cover it, make it of great beauty. Report fays of thefe birds, that they always fly, from their birth to their death, not discovered to have any feet: they live by flies they catch in the air, where their diet being flender, they take some little repose; they fly very high, and come falling down with their wings displayed. As to their generation, Nature is faid to have made a hole in the back of the male, where the female lays her eggs, hatcheth her young, and feeds them till able to fly: Great trouble and affection of the parent!-This is on the account of the Author's credit which gives the relation: I fet down what I have heard. This is certainly the Bird fo lively drawn in our maps.

The *Pelican* hath better credit (called by *Quevedo* the felf-diciplining bird) and hath been discovered in the land of *Ango-*

la, where some were taken; I have seen two. Some will have a scar in the breast, from a wound of her own making there, to seed (as is reported) her young with her own blood, an action which ordinarily suggests devout fancies. So much of Birds.

Among Beasts we come to the famous Unicorn, of the more credit, because mentioned in holy Scripture, compared to many things, § even to God made man. None of the Authors, who speak of the Unicorn discourse of his birth or country, satisfied with the deserved eulogiums, by which he is celebrated. That secret was reserved for those who travelled and surveyed many countries.

That the *Unicorn* is not to be confounded with the *Abada* (commonly contended for) is certain, from the different names, *Rhinoceros* and *Unicorn*, not being reafonably to be given to both without diffinc-

[†] Edit. vulg. Pfal. 28. ver. 6.

distinction, and from the variety of their bodies and parts; as appears in the Abada we know, and in the Unicorn we fee painted. This has one great strait horn, of admirable virtue, the Abada or Rhinoceros hath two, a little crooked, not fo fovereign, though used against poison. The country of the Unicorn (an African creature, only known there) is the Province of Agaos in the kingdom of Damotes; that it may wander into places more remote is not improbable. This Animal is as large as a handsome horse, of a dark brown colour, with the mane and tail black, both short and thin (though in other places of the same Province they have been observed with them longer and thicker), with a fair beautiful horn, in the forehead, five palms long, as is painted, the colour inclining to white: they live in close woods and thickets. fometimes venture into the Campaign,

not often feen, being timorous, are not many, and those concealed in the woods; The most barbarous and savage people the world hath, enjoy them, and probably feed upon them, as upon other beasts.

A Father, my companion, who fpent fome time in this Province, upon notice that this fo famous Animal was there, used all possible diligence to procure one; the natives brought him a very young colt, so tender as in a few days it died. A Portuguese Captain, a person of years and cre. dit, respected by all his acquaintance, and of great efteem with fome Princes of that Empire, under whom he had ferved, gave me this relation of the great ones: He told me, that returning once from the Army (whither he usually went every fummer with the Emperor Malac-Segued) with twenty other Portuguese soldiers in company, they one morning rested in a little valley encompassed with thick woods,

defigning

defigning to breakfast, while their horses grazed on the good grafs which plentifully grew there: fcarce were they fat down, when from the thickest part of the wood, lightly sprang a perfect horse, of the same colour, hair and shape before described; his career was fo brisk and wanton, that he took no notice of those new inmates, till engaged amongst them; then as frightened at what he had feen, fuddenly ftarted back again, yet left the spectators sufficient time to fee and observe at their pleafure. The particular furvey of his parts feized them with delight and admiration, one of his fingularities was, a beautiful strait horn on his forehead, like that abovementioned; he appeared to run about with eyes full of fear; our horses seem'd to allow him for one of the same brood, curveted and made towards him; the foldiers observing him in less than musket shot, not able to shoot, their muskets being

being unfixt, endeavoured to encompass him, out of an assurance that that was the samous Unicorn so often spoken of; but he prevented them; for perceiving them, with the same violent career he recovered the wood, leaving the Portuguese satisfied in the truth of such an animal, discontented at the loss of their prize. My knowledge of this captain, makes the truth with me undoubted.

In another place of the fame province, (the most remote, craggy, and mountainous part, called Nanina) the fame beaft hath been often feen, grazing, amongst others of different kinds. This place is in the furthest recess of the province. therefore the ordinary place of banishment for those the Emperor intends to keep fecurely. It ends in high mountains, which overlook great and vast plains and forests, inhabited by several forts of wild beafts. To this place of banishment, a tyrannical

tyrannical Emperor, named Adamas Segued, fent without any cause divers Portuguese, who from the top of these mountains, faw the Unicorns grazing in the plains below, the distance not greater than allowed them fo distinct an observation, as they knew him, like a beautiful Gennet, with a fair horn in his forehead. These testimonies, particularly that of the good old man John Gabriel, with what the Father my Companion, affirmed of his own knowledge, confirms me that this fo celebrated Unicorn is in this province, there foaled, and bred.

THE REASON WHY THE ABYSSINE EMPEROR IS CALLED PRESTER JOHN OF THE INDIES.

a Baillib of mena

THAT there was anciently in the Indies a puissant Christian Prince, Lord of many Kingdoms and large Territories, is out of question: being grounded on the authentic authority of good Historians and Authors; as undoubted is it, that at present there is no fuch Prince; his memory perished many ages since, leaving the extent of his empire undecided. Both these affertions are proved by the famous Historian John de Barros in his Decads. And the advance made by the Portuguese into the Indies, affures us, that at present no such Prince is known in those many Kingdoms and Provinces of the East, by them discovered.

This

This being out of controverly, yet the Emperor of Ethiopia, in the opinion of many, passeth for that famous Presbyter John of the Indies; by this name commonly, though falsely called, by those who pretend much, but have little knowledge of him,

There have not been wanting fome late Authors, who upon finall grounds, and less truth, would maintain this opinion and report, proving by divers etymoligies and interpretations of the word, that the Abyssine Emperor was properly Prester John: But this affirmation being without any appearance of truth, excuseth me from shewing how little it hath; I only fay, that those who have spent some time in Ethiopia know all reported on this fubject to be a meer fable; never any Prince of this Empire had that title, neither is the word known in the whole extent of those dominions.

That

That some probability spread this report through the world, that this Emperor was the famous Presbyter John of the Indies, is undeniable: First, his kingdom being in the eastern parts, thence, without examination, if his empire were properly in the Indies (only lying betwixt the River Indus and Ganges), the opinion first settled on this basis. Secondly, The ancient Presbyter John professing himself a Christian, having for the emblem of his faith a cross in a hand, and when he went forth, or a journey, a cross was carried before him, being befides a prieft, (all which, or the greatest part suits with the Abyssine Emperor; for that he was by ancient cuftom a priest, is reported of him by tradition, and their own annals; for the cross in particular, he often carrieth in his hand, and all there have it in peculiar reverence and devotion) gave apparently this error a fecond rife. Thirdly,

Ignorant

Ignorant in what part of India his empire was, having often heard of the Chriftianity of this king and his subjects, and without any records of the ancient Prefbyter John, uninquisitive men concluded him the Abyssine Emperor. Thus mistakes are commonly gilded over with the appearance of Truth, We who lived in Ethiopia, reflecting on this, and often discoursing by way of enquiry, what might most probably beget this opinion, derived it from what I shall here offer; if a thing fo obsolete admits any conviction, or what is maintained by common opinion is to be refuted.

Ethiopia hath an ancient and usual custom for slaves to petition their masters, and subjects their sovereign, either in the ear with an humble and submissive voice, or at a distance, from some eminent place, to tell their grievances, and demand justice against their oppressors; so placing

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them,

themselves as to be most conveniently heard, every one cries as loud as his voice can reach, in the language of his own province or nation. The Portuguele (frequent here) cry, Senhor, Senhor, Senhor; not defifting till their bufinefs is dispatched. The Moor cries, Acid, Acid, Acid; which fignifies the same. The Boor of the kingdom of Tigere fays, Adaric, Adaric, Adaric. The Courtier, and those more civilized, Abeto, Abeto, Abeto; intimating the fame. Others bark like dogs, or howl like wolves, and by imitating the different cries of other beafts, are fo understood and known of what place and province they are.

Those of an higher province, in the heart of this great empire, (where many ages these princes kept their court) when according to this ancient and usual custom, they present their petitions, cry fan Coy, (i.e.) my King: (Jan signifying King, and

and Coy my) which supposed, for the clearer proof of what I endeavour to evince, you are to be reminded, that the Abys-sines affirm their emperors were priests; in testimony of that, relate some miracles wrought by them. That the Abyssines are naturally wanderers, particularly, undertake pilgrimages to the holy land, which being not far remote, doth more easily engage them in the journey. This they practise at present, though formerly they did it more frequently.

It is also notorious, that the French, most of any nation of Europe, used the Levantine trade, their concourse was so great, that those insidels scarce knew any other Europeans, and called all white men (as they still do) Franks, by a small corruption from the word Francois. The French necessarily met many Abyssines, particularly in Palestine, with whom their discourse was probably about their nation

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and country: The Abyfines speaking of their King, undoubtedly gave him the most ancient, most usual and most respectful title of fan; neither is it less probable, that for the greater reverence of the royal person, they told them their King was a Priest; thence was he concluded fan by title, and by office a Priest. All know that among us, Sacerdote and Prefbytero are the same, which the Latins call Presbyter and the French Prester; this word joined to Jan begets Prester Jan, which with a fmall addition is corrupted into Prester John, intending the same. The French returning home were likely to relate what they believed and heard in foreign parts, fo fpread the report, that the King of the Abysfines was King and Priest Prester Jan; there not being then any knowledge of the true Prester John of the Indies. This report fet abroad, past current, that this famous Prince was

without

without doubt the Emperor of the Abyffines, thence at present vulgarly called Preser John of the Indies.

I may without arrogance think the conjectures and probabilities on which this discourse is grounded, above contempt; both from my own observations and experience, and from the approbation of able judges, particularly of great travellers, and those conversant in Ethiopia, who found them agree with their information; if any are dissatisfied with this Tract, let them not condemn the good-will that offers it, and take my word to acquiesce in any better proposed.

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A SHORT TRACT OF THE RED SEA; AND OF THE CAUSE OF THIS NAME, BY WHICH IT IS COMMONLY KNOWN.

THE RED SEA bounds the territories of the Abyssine empire, which Eastward drinks those waters. Having therefore discoursed what names the Abyssine Emperor Prester John, we may conveniently enquire after the true cause that calls that boundary of this empire, the Red Sea.

The name of Red Sea, commonly given to the Arabian Gulf, is very ancient; the mistake lies only in the reason. I shall relate what I think most suitable to my own survey and experience.

The Ancients named the most eastern parts of all Africa, Aromatum Prom. the

Cape of Spices; because all those ships which brought them from the coast of India, and traded with the ports of that Sea, first made that headland, called at present by all mariners, Guarda Fuy: The inland is the kingdom of Adel; the inhabitants all Moors, and flout foldiers. The defect of rain is here, the same as in Egypt, fupplied by the many and great rivers, running from the mountains of Ethiopia, which on that fide bound this kingdom. This Promontory is answered by another in Arabia Felix, directly opposite, called Cape Fartach, from a city and people of the fame name inhabiting the main land, warlike Moors, and fo reputed: the distance between these two capes is fifty leagues.

The largeness of the ocean begins to be restrained from these two Promontories, to the entrance of the Red Sea, in length an hundred and sifty leagues: the two shores all the way coming closer, till they meet at four leagues distance in the narrowest part of the streight, where this sea loseth the name of the Arabian Gulf, and within is called the Red Sea; which extends three hundred and eighty leagues, to Sues, near the bottom of that streight. In the largest place, betwixt Masuba and the Island of Camaran, the breadth is forty leagues; near Sues only three, which is yet narrower at the bottom.

Authors divide this Sea into three parts; the middle is clear and navigable, not without some small islands and rocks, which appearing above water are of little danger: The other two parts, near the two shores of Arabia and Ethiopia, are of very bad passage, full of shoals, rocks, and white coral; which in the night especially, endanger passengers.

The mouth is double, made by an island

island called Nahum, or Babelmandel, two leagues in length, less than a quarter breadth, all an high, wild barren rock, parched with the wind and sun, without any grass, possessed by an abundance of sea-fowl.

The entrance on the side of Arabia being clear and deep, is the ordinary passage for ships of burthen; the other part of the mouth, towards Ethiopia, though three leagues over, is so sull of shoals, that none venture through, but in little vessels, called by the natives, Geluas.

Near the island is a narrow channel of a good depth, which I twice passed, but too dangerous for great ships, approaching the land.

Within this streight begins the Red Sea, the easterly shore called Arabia Petrea. Twelve leagues higher than the mouth is the city Mocha, rich and of great trade: Forty further is the Island

of Camaran; then follow Rido, Loia, Zebita and Goro; this latter, within fight, and within half a day's journey of Mout Sinai. Hither lies Gida, the Port of famous Mecha or Medina, where is the tomb of Mahomet. At the bottom of this streight is Sues, anciently a city of Heroes; at prefent a poor fishing village, wanting the trade of spices from India, which arrive there, as to the Mart of the East and Levant, and the general Fair of the Indies. This city from Grand Cairo is twenty-five leagues; fixteen from the nearest part of the Nile, and forty-one from the Mediterranean.

Croffing from hence to the other shore of Ethiopia, the first city is Alcocere, formerly rich and populous, now a poor village. Little further, is Corondelo, where the Children of Israel, at their coming out of Egypt, past over to the other shore of Arabia, the Sea opening for three

leagues,

leagues, (the distance betwixt both the shores) into a fair large way, as seems to be intimated in the book of Wisdom*; or dividing itself into twelve parts, as may be gathered from the Pfalmifts. Not far distant, is a place called Rifa, whence are exported and imported commodities from and for Egypt. This place is fituated in the hollow of high mountains, which run along in a bridge, discoverable from most parts of the Red Seat; when, from these mountains toward the Sea it is Winter, on the other fide of them is Summer: fo vice verfa. Hence to Suaguem, is defart, but the road for Grand Cairo. The Island of Suaguem, (where the Turks derained me sometime prisoner) is round and

little

^{*} Chap. xix. ver. 7. § Pfalm cxxxv. ver. 13.

[†] The same is affirmed by Grotius, in his Book de Origine Nili, of this Shore of the Red Sea, and of other mountains in Asia and Africa, Cap. 12.

little, full of inhabitants: the refidence and court of a Bashaw, having in it the Custom-house, where all Merchants Ships unlade: Half the profit, by agreement accrues to a king of the inland, called Balen. An hundred leagues further is the Island Massuba, in circuit twelve hundred fathoms, shaped like a man's foot. Between this and the main land, Ships have a convenient road. Here refides the Bashaw's Lieutenant, called Caqua, judge of the Custom-house. Two leagues further is a fortress called Arquico, (where I was fometime prisoner) ill fortified with stone and clay; worse provided with ammunition, only to defend the water which every day goes in boats, (called Gelluas,) for Massuba, destitute of any other liquor. Below this Island is that of Daleca, where pearls are fished, in length fixteen leagues, streight and populous. A few leagues lower is the Port of Bailur in the kingdom

of Dancali, where I landed going into Ethiopia. Twelve leagues further, we return again to the streight of Babel-mandel.

This general knowledge presupposed. we come to speak of the original of the Name; for which divers reasons are given. By my observations, during fix weeks I was upon that Sea, and twenty days at another, when my inquiries were very fevere and scrupulous, I found not any opinion warrantably grounded. So general a name is vainly contended for, and not to be allowed, by certain red fpots which appear, and to fome, feem to proceed from certain parts of a Whale; those fpots not always appearing, and the Whales being very few in those shallows; in the Ocean, out of the streight, there are many. Neither did I in all my voyage upon that Sea observe any fuch difcolouring.

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A fecond reason for this name is fetched from some hills of red earth, whose dust, carried by the fury of the winds and falling into the waters, changeth it to this colour. This opinion feems fabulous; for by curious fearch no fuch hills are discoverable, neither could the dust be so considerable, to make the spots so great, as would give the general name to the whole Sea. Others contend, that the red Coral which grows at the bottom of this Sea, by reflection on the water, begets the fame apparent colour, and gives the name: This opinion is equally false: The Coral at the bottom of the Sea being not red enough to create any fuch apparent colour or name; the red is faint, nearer white, than any other colour, enlivened by an artificial composition. Upon the shore of this Sea I have gathered some, not in branches but in little pieces, called shop-ware, (being ground and there exposed

posed) the Sun gave it out of the water a very vivid colour; this confirmed me, that the name proceeded from the Coral,

I shall now declare my opinion, if any voice be permitted me upon this subject. What I shall affirm, I saw with my eyes, and discourfed the matter with my companions capable of giving their judgment. Being prisoner to the Turks, and failing in those Seas, one of my companions and of the company of Jesus, happened to be Patriarch of Ethiopia, excellently skilled in divine and profane learning; we concluded the water of that fea not different from that of the ocean; in some places we observed a long tract of water, bluish, caused by the great depth: In others, we found divers white spots, proceeding from the white fand, and the shallowness; Other places were discoloured, green, by the mud which covered the bottom. In other parts of the water, where it was as

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clear as in any other fea, were fome reddish spots; we found these spots (which were many) to be caused by a weed refembling that we call Cargaco, rooted in the bottom; fome that was loofe and floating almost on the furface of the water, we took up, and casting anchor thereabouts, we made an Indian dive to the bottom for more. Upon strict examination, it proved to be that the Ethiopians call Sufo, which grows in great quantity in India and divers parts of Afia. The fame name of Sufo, is given to the feed; to a meat made of it, like Almond-milk, well tasted, (and often eaten by me) and to the Flower, which refembles Saffron, and may be mistaken for it. Of this is made a red colour, called Sufo, used for dying cloth in Ethiopia and India (fome of which cloth furnished my poor church in Ethiopia, with a fuit of hangings). The weed, feed, meat, flower, and colour

agree in the same name of Sufo, which confidered, puts us in mind, that the Scripture, in St. Ferome's translation, calls the Red Sea, instead of Mare Rubrum, Bahar Suf, making Suf and red the fame in Hebrew. This Sea therefore, being fo near, rather between Ethiopia and Palestine, and in both places Suf fignifying red, our observation named that Sea, not from any fuch colour appearing in the water, but from the growth of that weed, which in the Hebrew and Ethiopian language fignifies rubrum. And by experiment, the Flower boiled, and mixed with juice of limes, makes fo beautiful a red, that it is nearer an incarnate than red, and if durable would be deservedly of great esteem.

Confidering the weakness of the other reasons; from our Discourse had on that Sea, we concluded the name derived from no other cause, than from the growth of

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the weed Sufo; infufficient of itself to produce that colour, but whose Flower makes it, and the natives give the name of the Weed to the Colour.

A DISCOURSE OF PALM-TREES:—OF THEIR VARIETY; THEIR FRUIT, AND THE USE-FULNESS OF IT;—OF THEIR PROPER SOIL.

God for the ornament of the earth, and fervice of man, the Palm-tree is the most useful and profitable to human society: Though for this end the Author of Nature created all Plants; all which, with all their virtue, are at man's devotion, yet none serves so munisicently, and for so many uses as the Palm-tree. For, from her deepest roots, which take

first possession of the earth in vegetation, to the highest leaf of her adorned head, with the variety, propriety, and excellency of her fruit; in fine, with all her virtue, is man substantially served, and paid his due tribute. What I shall say in this tract will fully unfold this truth.

The Palm-tree is advanced by one peculiar excellency, by which, without any Second, she hath the advantage of all. Other trees, well fatisfied in paying man once a year their tribute, rest from their labour; the Palm-tree takes no repose, but every month in the year presents new fruit. A beautiful cluster of thirty, forty, fometimes more, Cocoes, or Nuts, monthly appearing; and though not above feven, twelve at the most, come to be ripe, and attain the last perfection, (there not being strength and nourishment for fo many) yet is it questionless, that the Palm-tree by her fruitfulness was by God

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peculiarly created for the advantage of mankind: If vigor to perform her natural propensity be wanting, yet is her generous inclination apparent.

We may truly fay of the Palm-tree, that not being (which is not contended for) that fo fingular and excellent tree, peculiar to the happiness of Heaven, which the Scripture calls "the Tree of Life*, which beareth twelve manner of fruits. and yieldeth her fruit every month," yet that it is a fimilitude or emblem of that fœcundity. That by the frequency and goodness of her fruit, and by the great benefit man enjoys by it, it is a certain Tree of Life on Earth, as the other is truly in Heaven, and the most beneficial the Earth produceth, shall appear in this Discourse:

The most favourable climate or foil, and which with greatest propriety and in most

^{*} Rev. xxii. vcrfe 2.

most abundance produceth this famous Tree, (which strangers, divine and human writings, and the natives, in the property of their language called the Palm-tree) is Afia, particularly that part of it, called India, containing the kingdoms and provinces, which lie betwixt, and are bounded by the two famous rivers Indus and Ganges, both fo well known in history. How religious fables have made Ganges, and how vain a fanctity, blind idolatry attributed to those waters. (in which to wash, is sufficient to be cleanfed from fault and punishment, and be secured of salvation) much might be faid, by what I have observed and heard of this superstition; but that is not the task of this discourse, intended only of. Palm-trees.

The land nearest the Sea-side produceth the fairest; the air from the Sea, being very favourable and benign to them.

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Though strangers give the same name of Palm-tree to divers forts of this tree, all cannot challenge it, neither enjoy the excellencies, proper to the Palm-tree called Coco: The natives distinguish them by particular names, and reckon up eight forts, all different in their trunks, leaves, fruit, profit and appearance, yet enjoy the general name of Palm-trees, having I know not what likeness, by which they lay claim to it, besides the proper name of each species.

The chiefest and most famous, and which best retains the property of the Palm-tree, is that which bears Cocoes; of these some are wild, some cultivated, some, but sew, called Barcas, which amongst them signify excellent; and when they knavishly put off any thing for excellent, they say it is Barca. The Nut Barca is savoury, wholesome, not to be surfeited on, though eaten in never so

Barcas, so not all the nuts; and the same tree bears Barcas and others: The natives distinguish and very much value them. The Nut Barca, when crude and unripe is called Lanha Taugi (i.e.) excellent and sweet; is refreshing, wholesome, of great use in severs. If the roots of this tree touch the Sea, or any brackish water, the bearing is very much improved.

Of the other feven forts, fome are esteemed wild, from their fruit, soil, and the little manuring they require. The tree called Cajura, is the peculiar one which bears Dates; though in India this tree yields none, but affords a certain liquor which they distil, and of it make wine. Another fort named Trefulim, from her fruit of the same name, Arequeira, of whose leaves are made great umbrellas, large enough to shelter one or two men from the rigour of the fun or

rain, without which none could travel: There are less, for the same use, like our umbrellas, which also keep off the rain. This tree yields no fruit.

Another tree there is (the name not much in use,) by the leaf, trunk, and make, of the race of Palm-trees; the fruit called de Raposa (i.e.) the Foxes fruit; eaten, of no good tafte, such a crab as never ripens, and if brought to maturity would prove a wild Date, being fo in the form, colour, bunch, or cluster. The tree called Berlim, bears no fruit, only used for adorning Churches; the boughs of fo fit a fize and proportion for this use, as if solely created by God Almighty for his fervice, not of less esteem and value, because serviceable to divine worship, this dedication supplies the defect of fruit for the service of man, and may reasonably rank the tree above the fruitful.

The

The last the earth produceth, called Macomeira, is without doubt a species of the Palm-tree; her fruit in clusters of thirty or more, every one as big as an ordinary apple; when ripe, of a date-colour, and very grateful, the rind as hard as tow, oftner sucked than eaten; if swallowed, of very hard disgestion; In scent, exceeding the ‡ Camoesa: the stone, called Coquinbo, very hard, though green, is sovereign against many diseases.

These are the Palm-trees the earth produceth, which challenge a right in that name. The Sea affords one, which though at the bottom of the deep, and so undiscovered, the fruit called Coco, and surnamed Maldiva, (because the Sea about those Islands affords that plant in greatest abundance) gives us the information. The Maldives are a ridge of great and

Esteemed the best Apple in Portugal.

fmall Islands, reach ng near two hundred leagues, are counted from North to South distant from the shore, thirty or forty leagues, the natives affirm them to be eleven thousand. He was at leifure, and of no small curiosity who counted them. But not to enquire too strictly and minutely into their number, the ocean about these Islands most abounds with these nuts, which are rare; the Sea casts them upon the shore, or they float upon the water, yet have I feen them from the coast of Melinde to the Cape of Guardafuy, for above two hundred leagues: they are little lefs than a man's head, grow two together, joined one to the other, not all along, but near two thirds. the colour of the Rind, (which is hard, though thin) black. The Europeans make of it bodies of birds, e. g. of a Peacock, adding to it feet, neck, head and wings, and that perfection of parts the bird de-

figned

figned requires. The Pulp, or Kernel of this fruit is very firm, as in those that grow at land; of very great esteem with the natives. I have feen it fold for its weight in filver, being esteemed a singular remedy against all diseases, particularly against poison, pounded in a mortar (made for that purpose) with a little water, till it grows white, and fo drank. In India they make frequent use of this remedy, having it in abundance, So much of the Palm-tree and the Nut Maldiva. I am now to discourse of the inestimable profit of the other forts.

Palm-trees, of what species soever, have neither a thick trunk, nor boughs like other trees. As they grow in height, their boughs come out at the top, and open to make room for others; as the old ones fall, they leave an impression in the tree where they were. If any have two trunks, the thing is very peculiar,

and fhewn as notorious: I have feen one or two fuch, in all the time and places I was in India: One of them near the coast of Melinde, whence I embarked for the ifland Pate, to fee a thing fo remarkable. The tree called Macomeira (from the fruit named Macoma) is the only one, that grown to the height of a man, divides herfelf into two trunks. each of which at the same distance is divided into other two, fo grows on, each trunk producing two, till she arrives to that height, the natives allow proportionable to the species. The tree called Trafulim grows the tallest, and for height, were the thickness proportionable, (loftiness is more considerable in this, than any other of the forts) and the nature of the wood folid, and ftrong, might make a mast for a great vessel, but it wants fufficient fubstance, neither are those trees which yield Cocoes proper for that use;

In little veffels they ferve, as will be immediately related.

That the most favourable situation for the growth and fertility of these trees is the ground nearest the Sea, has been faid before: and if the roots reach the mud of falt-water, they thrive best with that watering. Experience hath found, that those Palm-trees, which grow nearest houses inhabited, are the most fruitful; therefore the natives, if possible, contrive to dwell in the Palm Orchards, having there their goods and eftates, (as will prefently be faid) their pleafure and recreation: These are the real estates in India, as vineyards and oliveyards in Europe: amongst these is arable land, which they fow, and have a crop of rice, wheat, and other grain; I have feen fair and beautiful Palm-trees in the inland, remote from the Sea, always in plains, never upon hills, where they come to no maturity, either because in

grounds they shelter one the other, or that on the hills the winds shake them too violently, to the no little detriment of their fruit, being tall and tender with all their boughs and fruit on the top, they are obnoxious to the wind, the whole weight being at the head, the body high, tender, and fragile: they may be fitly compared to the mast of a ship with round top and top-mast, without the help of shrouds to support it.

These trees are planted, by sowing the Cocoes or Nuts in a bed, and covering them with earth: a little time will put forth a shoot, the ordinary product of seed; arrived at some growth, they are transplanted into a place designed for that purpose; there ranked in sit distance, order and proportion, where they remain till arrived to perfection, and being planted in a line, make a fair shew in the sield, so pleasant to the natives, that no garden

in Europe is with more care manured, or of greater, if of equal fatisfaction. This hath been experienced by presenting them with our rarities, who neglect them and figh after the Palm-trees of their own country; though there is not a more melancholy and unpleafant fight to the Europeans, than to be in a Palm-orchard, where nothing is to be feen but trunks of trees fet in order, which appear withered without any foliage; all the greeness being above the fight, there is little enjoyed: beheld at a distance, no prospect is more grateful. Being young plants, their mortal enemies are the cattle, which rifle their beauty, and with their teeth do them no little damage; that begets a necessity to encompass them with fences.

These plants are manured with small expence, ordinarily they require not much watering: grown to some bigness, they lay ashes to their roots, all forts of shell-

fish,

fish, particularly, little fish, called by the natives Cuta, putrefied at the foot of the tree, are of admirable effect; but all trees cannot be fo indulged; this is supplied by mud taken out of falt marshes, by which their fruitfulness is very much advanced. They bear fruit at five years if planted in foft artificial beds, fo taking root fooner and with greater eafe; at feven, if the earth be firm and hard, spreading their roots leifurely and with more difficulty. I only know one fpot of ground in the Island of Ceilaon fo fruitful and proper for these trees, that in two years they come to their growth, get strength, and are laden with fruit.

The fruit of this tree, (whatfoever the fpecies is) comes forth thus: From the stem of the Palm, shoots out a twig, made like a man's arm, not unlike a moorish scymiter, which the natives call Poyo. This opens and puts forth a cluster of thirty, fifty,

fifty, eighty, fometimes an hundred Coquinbos or nuts, about the bigness of an hazle-nut; should all come to perfection the quantity were stupendous, but the parent wanting fap and nourishment for fo many young ones, the greatest part falls off and comes to nothing; few remain of the first appearing multitude, twelve or fourteen in every cluster may come to maturity, according to the goodness of the ground, or the foiling employed: Nature supplies the lost ones, by putting forth immediately another cluster before the first is ripe or cleared of the flower; the same happens to the latter fruit, and fo to more, every month a bunch appearing, and all the trees having four or five clusters of different ages, some in the bloffom, others newly cleared of the flower as big as ordinary nuts, others larger, fome come to perfection: The Palm-tree refembles an indulgent mother, environ'd F 2

with

with greater and smaller children, at the fame time feeding these and bearing others; a rarity not experienced in other trees.

The emolument of this fruit Coco is very extraordinary, for divers ways it proves good meat; while the kernel is yet in water, and full of liquor, the nut green, and not come to maturity, the natives drink it as an exquisite regallo, being fweet and recreative, affording a good cup of wholesome water called Lanha; arrived to a greater confiftence, like that of cream, they eat it with spoons, then called Cocanha: come to the last perfection, it is eaten, is favoury and well tasted: but being extremely hot and of hard digestion, much of it is unwholesome, the nut Barca excepted, which is favoury and harmlefs. The thin rind which covers the kernel, black and good in medicine. This nut grated and put into the hollow joints of canes called Bambus is boiled, and of it made

made Cu/cus*. The gratings steeped in water and squeezed, the milk they yield, makes a kind of broth, frequent amongst them, called Cerul, which is very delicious: The nut Coco is eaten other different ways, which defervedly advance the esteem of this provision. The two rinds taken off, the kernel divided into two parts, and exposed to dry in the fun, when dried is called Copra; of this great quantities go for the inland country, and where no olive-trees grow; Oil made of which is toothfome, wholesome, and good for wounds and fores. This Copra eaten with Igra, (a fort of coarfe Muscovadoes fugar, made of the sweat of the Palmtree, as shall immediately be related) is a great dainty with the Indians. And that no part of the Coco may feem not valuable, and declaring the obligation human

* A Meat like the Italian Vermicelli, and near the confiftence of our Grout.

F 3

life

life hath to the Palm-tree, the outmost Rind, called Cairo, not unlike tow, well macerated and drawn into threads, affords all forts of fine thread, and ropes big enough for the greatest vessels and ships, which are in great efteem for good and fecure cables, they will endure stretching, and rot not in falt water; these advantages have they above cables made of Hemp. The fecond Rind, the immediate cover of the Coco, when green, is eaten like Chardons, is tender, crackles in the mouth,, and of the fame effect in the stomach, blacks the lips and fingers like Chardons; when ripe is very hard and thin, called Charetta, and made up for divers uses; chark'd, it admirably tempers Iron, and is accordingly effeemed by artificers.

Besides the related, divers other emoluments acrue from the Palm-tree and her fruits; the Palm-tree alone being sufsicient ficient to build, rig and freight a ship, with bread, wine, water, oil, vinegar, sugar, and other Commodities, all afforded by the Palm-tree. I have failed in vessels where the bottom and the whole Cargo hath been from the munificence of the Palm-tree; I will take upon me to make good what I have afferted.

The Veffels are by the Natives called Pangayos, on which I have coasted the land of Melinde, and gone into the Red Sea: they venture not far from shore, being weak, without any binding of Iron, unable to endure any stress of weather or beating of the waves, therefore launch not out into the main Ocean. The Palmtree yields Plank, though weak and fpungy, as if made of Tow: the Planks are fowed together with fine thread, made of the outmost rind of the Nut (as hath been faid); the feams are caulked with Okum of Cairo, after laid over (as is usual)

F 4

with

with the fat of fish, serving instead of hot pitch: where there is any use of nails, that is supplied by wooden pins, made of a certain species of the Palm-tree; the Mast is provided by the same tree, and requires not much pains to fashion it: Ropes of all fizes are made of Cayro, i. e. the rind of the Coco. Sails are woven of the leaves of the Palm-tree called Cajuris, of which are also made Sacks, (called Macondas) in which they carry Millet, or any other thing at pleasure. Bread (before mentioned) the same Nut supplies, either dry, then called Copra, or green, when named Puto; which grated and put into hollow canes is Cu/cus: Water proceeds from the same Nuts being green, before the kernel arrives to a due confistency, clear as rock-water, fresher and better. Oil is made of Copra (i. e. the Nut dried in the fun) in great quantity used by all people in India, having

having no other of their own growth, besides what is drawn from a seed called Gergelim, of small value, used only by the poor.

The Wine requires more pains and affiduity. When the Palm-tree puts forth her shoot or Poyo (shaped like a Moorish scymiter) before the cluster appears, they cut three fingers breadth from the point, and tying it near the incision with a reed to prevent flitting, put the end of the shoot into a pitcher made for that purpose, called Gorgo; leaving it there, the shoots, like vines pruned, but in greater abundance, weep that juice, which should have produced Cocoes. This liquor is twice drawn in the natural day; in the morning that which was wept by night, and in the evening the distillation of the day: At these times, a man deputed to that bufiness, and of a certain extraction, called Bandarins, with a goad hung

hung at his girdle, and with a pruninghook in his hand, climbs the tallest Palmtree; fome of which, peculiarly those called Cajuris, are of a prodigious height. they climb, as on a ladder, by notches made in the trunk of the tree, and with as much fecurity as fea-men run up to the main-top. In other less Palm-trees, (feeming to be of that class which yields Dates) they make a hole in the trunk, there lodging a cane through which the liquor distills, which when the tree affords, she bears no Cocoes. This liquor is fweet, medicinal, clears the body from humours, is drunk for a Regallo, and called Sura; fet to the fire in great veffels, is diffilled as in a limbech, but with this caution, that they continually cast cold water upon the vessel, lest as strong water it should take fire. This is the wine made of the Palm-tree called by the natives Urraca, it intoxicates in little quantity,

quantity, flies to the head, and is of a strange effect; much more powerful if distilled over again, when it becomes a Quintessence. Of this Urraca is made excellent Vinegar, by putting into it two or three fired flicks, or a great stone well heated. Sugar is made of the fweet Sura coming fresh from the tree, which boiled till it coagulates becomes good Sugar, perfect in tafte and colour. The merchandize afforded by the Palm-tree, and laden on veffels, are dried Cocoes or Nuts. the Rind, and many other commodities before-mentioned: this justifies the Palmtree's building, rigging, and lading a veffel with goods, and ship-provisions for the mariners, all her own product.

The Palm-tree being so beneficial and advantageous to human life, doubtless no tree in any known part of the world may come into competition with it; and amongst all her advantages, no other so

well fatisfies the fight when laden with great and fmaller clusters, fome ripe, others colouring; fome in the bloffom, others forwarder; the grateful appearance of her fruit is no less pleasant than her admirable fœcundity: Her tallness not inferior to a high Cyprus-tree, her trunk slender, without the help of boughs to climb by, her nuts retired at the top, amongst her leaves and branches, makes her refemble a fond mother, bringing her children about her the better to preserve them, and cutting off all intercourse tending to their destruction.

All places produce not Cocoes of the fame bigness, which are great or small according to the nature of the climate, and quality of the soil sitted for the production of that fruit. The coast of Malabar being cool, and abounding with rivers (which spring in the mountains of Gate, to whose soot this coast extends)

affords fuch large and fair Cocoes that the Lanhas (i.e.) young and imperfect nuts of Cochim and those territories, are every one fufficient to quench the thirst of two perfons. After these are cried up those of the island of Ceilon, where the ground is very rank and luxuriant, yet inferior to the foil of Malaca, and the places adjoining, where the Cocoes are the greatest Those of Arabia the Happy are fairer than any yet spoken of; the goodness of the foil, and nature of the climate, being proportionably advantageous, the name of Happy proves it. Of all these places and forts of fruit I am an eye-witness. Two peculiar virtues of these Cocoes, are not to be passed over in filence: The first, that when the cluster begins to appear, being yet covered with the flower, gathered, pounded, boiled in three pints of Cow'smilk, it is an infallible cure for the yellow jaundice; besides the opinion had of this remedy

remedy, I fpeak by experience, having with it in a few days cured one troubled with this difeafe. The fecond is, That in the opinion of the women, (where fancy most domineers) the water of Lanhas makes a wash for the face, which eminently betters the complexion, either by creating it where Nature bestow'd it not, or advancing it where Nature is deficient, or preferving it where it was naturally allowed. From what hath been faid, is evidently concluded, that if the Author of Nature created all Trees for the fervice of man, the Palm-tree of all those doth most industriously serve and advantage him, by fo many ways, and fo confiderable productions; and because that which bears Dates is of the true race of Palmtrees, fomething is to be faid of that and her fruit.

Those trees which bear Dates, yield them not in India; there only affording the

the Sura before mentioned, of which wine is made. Northward, those Trees grow in the greatest quantity; some have Dates, which appear in fair clusters but come not to maturity: the reason must be in the climate, which favours them not. In Africa they attain the highest perfection, Dates being the natural fruit of that part of the world; those of Arabia, where they grow in great quantities, are excellent, pleafant to the fight, in beautiful clusters, (which beginning to ripen appear in various colours, confisting of a faint vermillion, and pale whiteness, called the Date colour) and more acceptable to the taste. Arabia produceth divers forts, particularly the Happy; (Petrea is not without them.) A baser fort there is, which ferves for common fustenance, given to horses for provender: Others there are of a more exquisite taste and va-Iue, amongst them those called Muxanas, which

which are the leaft, but naturally recom. penced by an excellent flavour; few of them exported out of Arabia; the Xarifes referving them for themselves as excellent, and give the reason that their exquifiteness makes them properly theirs, challenging the best things in the world, as the posterity of Mahomet, and for the religion they profess, which they would falfly put off for orthodox. This fruit ripens not upon the tree if there be not near it or in fight, the fruit called the Male; a fecret in nature found by experience, the cause yet undiscovered.

Writing this, I remember a discourse I had with an old man, but a credulous christian; As we were eating some of these Dates, I was observing, That the stone beaten and drank in water, was good for women in strong labour, to ease their pangs, and facilitate their delivery; and that it had on one side the perfect shape of

the letter O. The good old man, in great devotion and fimplicity answered me with a flory, which with him paffed for infallible: That the letter O remained upon the stone of a Date, for a remembrance that our Bleffed Lady the Virgin, with her Divine Babe in her arms, resting herfelf at the foot of a Palm-tree, (which inclined her branches, and offered a cluster of Dates to her Creator). Our Lady plucked some of the Dates, and eating them, satisfied with the tafte and flavour, cried out in amazement, Oh, how fweet they are! This exclamation engraved the letter O, the first word of her speech, upon the Datestone, which being very hard, better preserved it. I have related this story of more piety and plain devotion, than truth and certainty, for the Reader's diversion and entertainment; Yet not to believe this old-wife's fable, would be with them fcandalous.

There

There are some Palm-trees which bear a fruit called Macomas, of a fingular virtue, (besides their Scent, more grateful than that of a Camojefa, and their perfect Date-colour:) This fruit, eaten upon an overcharged stomach, after too much repletion, in a very little time digefts all, and creates a fresh appetite. God be praised, these Trees are so far removed from Europe, that our Epicures are without the advantage of their fruit, which would advance the luxury of those men St. Paul speaks of, Quorum Venter Deus eft, whose God is their belly, from their frequent facrifices made to it. I have had experience of this natural virtue of this fruit. The Stone eaten is good against Hypochondriacal Vapours.

Another fruit called *Trefolim*, (which hath the name of the tree which bears it) grows in clusters of fifteen or more, each as big as two fifts joined; the first colour

green, when ripe ends in a purple colour ; opened hath three partitions, replete with a certain substance like ill-coagulated milk; fresh and cooling, of an insipid taste, yet commonly eaten for a Regallo; the kernel of a faint white. The fruit of a Palm-tree called Areica, not much differing from the Trefolim, is of eminent esteem with the native Indians; The Island of Ceilon produceth the most and the best. These Cocoes are exported, and prove good merchandize, not bigger ordinarily than an hazle-nut, the kernel firm and hard, the usual dainty of the Indians, who accustomed to chew the leaf of an herb bigger, thicker, and of a clearer green than an Ivy-leaf, are forced to champ Areica; from warming and recovering the stomach, esteemed very cordial and delicious; the juice contracteth the mouth like Alum, or a Cypress-apple, if chawed, which fometimes supplies the

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virtue

of Areica: This fruit, like Dates, grows in clusters, two hundred or more counted in a bunch; exquisite Beads are made of them, white streak'd with black. The Indians fo dote on this fruit, as to have it common in their mouths, thence transmit the juice to their stomach, which it fortifies and strengthens, fastens the teeth, and helps digeftion; therefore the last thing done at meals, is to chaw a piece of this, which they as highly prize, as the Europeans their choicest fruit; but from the experience of both, I am for my countrymen.

The Cocoa or Nut of Maldiva, is another fruit of the Palm-tree; we have already spoken of its shape, virtue, price, and value. The fruit commonly called Coco is found on the sea, or cast upon the shore; the make of the Tree which produceth them, Nature hath hid at the bottom

bottom of the deep, and charged herself with its culture.

I shall conclude this Discourse of Palm. trees with this observation,-That nothing has life without Enemies of that life, which by divers ways and fratagems attempt and affault it. The vegetation of the Palm-tree wants not thefe, by the Indians called ficknesses and difeafes, which prejudice this fo advantageous Tree and her fruit, by which Man is so plentifully provided. As he is faid to live and die, the fame is faid of the Pa'm-tree, which like man, hath infirmities and difeafes, by which, and many accidents, they pine away, decay, dry up, and at last die. There is a long list of diseases incident to this Tree, which work her death, if remedies are not timely applied.

A mortal enemy to this Tree, is a certain species of black worms, which are

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naturally

naturally fo provided, as eafily to pierce any timber green or dry, whereby conveying themselves into the heart of it, neither doth this confume much time, they defifting not till they arrive at the innermost sap, living on what they corrode and deface, casting out the remainder. This in the Palm-tree is effected with more facility and less time, the wood being tender, and the marrow (the part fed upon) favoury: With greater gusto, and by natural inftinct, they get to the top of the tree; and what they did in the trunk, do in the Eye of the Palm-tree, with more ease and satisfaction; devouring the Eye, which is extremely white, tender, fweet, delicious and grateful, to a miracle. A Palm-tree is often cut down, to come at the Eye, as her choicest fruit and dainty; I have had great experience of its goodness; the worm hath no ill palate in the choice of this morfel; timely

timely remedy not applied, the worm leaves not, till, (as they call it) fhe procures the death of the poor tree. To prevent this, the proprietor, or those called Bandarins, (the only men charged with thefe trees) are obliged to watch thefe thieves; and with iron instruments, invented for that purpose, (sometimes made strait, when the holes go fo, sometimes crooked when they make their way by turnings and meanders) to purfue them, till they seize them, and upon their forked points draw them out dead.

Another distemper fastens on these trees, through the carelessiness or little dexterity of the Bandarins, when they climb the tree, to empty the Sura, out of the Gorgo or Vessel, into their Gourds; if by chance any drop lights on the tree, by a natural malignity, it engenders another worm, which attacks and devours the Eye. This disaster is desperate beyond the help of

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remedy,

remedy, the Master loseth the tree, but the custom of the country, obligeth the Bandarin to make satisfaction: the price of every such neglect is ten Pardaos, in our money, three + Millrees: The great abundance of these trees in India, lessens the mulct; every Palm-tree well manured, and growing in good ground yields the owner one Pardao yearly. According to this estimate, every Proprietor gives a near guess at the rent of his Orchard.

A third disease seizeth this Tree (her emolument to man seeming to beget her more enemies to lessen her value) which is no open and violent adversary, but created by the same Earth, which gives growth and nourishment to the root of the tree, and is no faint resemblance of a Nurse, who for want of milk, or having

it

[‡] Twenty-five Shillings.

it spoiled, sees her Nursling pine away. and (without timely prevention) languish till it dies. The Palm-tree is not secure from this danger, the Earth which produceth it, in a long tract of time, or by fome malign influence, growing barren; this defect is communicated to the Tree, which renders it infirm, vitiated, barren, till it fails utterly. This diftemper and indisposition of the Earth, (which the Palm-tree, by an attractive virtue fucks in, with the moisture that nourisheth it, and conveys throughout from root to head) is discovered by a reddish minute fand, appearing in the Earth, the difease dilates not only in the body, but outwardly on the trunk of the tree; when the Bandarin perceives this, he is forced to make a great hole through the found part of the tree, to hinder the contagious creeping further, as is practifed in Gangrenes, where the found part is cut off: the parts affected

affected without, are unbarked, and where the fand appears they run in hot irons. These cures not timely applied, the profitable Tree perisheth.

These disasters are accompanied with a fecret of Nature, worth reflection. Two or three years before this untimely death, thefe trees are faid to be laden with Cocoes or Nuts, fo beyond custom, that this unusual excess is suspicious to the Natives. and awakens them to watch the difeates incident to the Palm-tree, so to hinder them by a timely prevention; Nature by this overplus, feems to fupply the absence and loss of this Tree; and the beneficial Palm, foreseeing the end of her munificence, strives to recompence her owner.

There is yet in the Palm-tree a thing more excellent, delicious, and more grateful to the palate, than hath been mentioned; a morfel to be compared with whatfoever is esteemed most delicate, is that

that they call Palmito; the innermost Eye of the Tree; which being cut out and stript of the boughs, may pass for the centre of all the branches, which in the heart of the tree, before they shoot forth, are so joined and united, as to appear the fame thing. The substance of this Palmito is white like milk, delicious in extremity, coagulated, tender, of a tafte above milk, more delightful and of a better Confection; in fine a Bocone pleasing in the highest, and free from all fulsome. nefs. What I have faid is without exaggeration; the Reader, I am fure, would if he tasted it, be of my opinion, who am able to give a sufficient account of this Palmito; for besides my experience of it in India, where other provision was not wanted, at the Cape of Good Hope, (where the veffel we came in from Portugal fuffered shipwreck, at the land called Terra de Natal, and where we spent eight

eight months on shore, in the place we were first cast upon, to build two barks to fave our company) I had leifure enough to be convinced of its exquisiteness; there fcarcity of provision, obliged us to make use of what we found; it was our good fortune to light on great store of Palmtrees, not of those which yield Cocoes or Nuts, but of that species which bear Dates: there, having known in India what the Palmito was, we in a short time furnished ourselves with as many as grew in a league's compass; the Palmito ferved us for food and dainty, neither was its gratefulness heightened by our hunger.

The fruitfulness and profit of the Palmtree, lasts many years; there are signs for a near guess, at her precise duration. This Tree puts forth every year four branches, which leisurely display themserves in the form of a cross, after three

or four years decay; which the Palmtree of herfelf casts off, or they are lopt off by the Bandarins, every one leaves a mark where it grew: By these is given a probable conjecture at the age of the tree. That it may appear how the whole Palmtree, is ferviceable to human life, nothing fuperfluous, but all fubstantially profitable, from the deepest root to the highest leaves: The root (as hath been faid before, where we spoke of the virtue of the other parts) chark'd, gives an excellent temper to iron; The boughs and leaves, made up with a wick, ferve for a torch, (called by them Chuli) with this travellers are secure from all danger of serpents, which abound in India, are of exquifite poison, and their multitude makes them frequent the roads, and affault paffengers; They fly from the light of this Chuli; of another fervice when they fish in the

rivers, instead of a candle as is usual in Portugal: Of the leaves besides, are made great Parafols, capable to shelter two perfons from the fun or rain; thefe require a man to carry them (there are persons deputed for that office) and are called Boyde Sombrero; fmall portable ones there are for the same use, none walking in the ffreets, winter or fummer without great or little Parafols. The leaves have another use; of them are made coverings for their palanquins or litters, in which one person is commodiously carried and defended from the rain and fun. Some Palm-trees afford leaves called Olhas, which ferve for books and paper, with a small iron pencil instead of a pen, they open and grave the letters, upon the leaf or Olha, without the use of ink, as fast and as eafily, as the fwiftest writer. The leaves of the tree Cajura dried, remain of

a lively white colour, which are made into hats, of great account though cheap, being so becoming, so accurately wrought and light, that every body the vice-roy not excepted, defires to wear them: the Indians call them Palhate. The bark of the Poyo or twig on which grow the fair clusters of Cocoes, being of a thicker and stronger substance, furnish the common people, particularly the Bandarins, who dress the Palm-trees with caps made like English ordinary riding-caps.

To end the discourse, I shall observe, (what challenges a reflection) the natural fabrick of the Palm-trees; that the trunk being very slender and disproportionable to the tallness, the whole weight of the boughs, (called Palms) and of the fruit, being at the top, in a manner at the vertical point of the slim body, the boughs, as they grow displaying themselves, and amongst

amongst them hanging the fair clusters of Cocoes, the shock of winds, should without doubt, eafily break and ruin this difproportioned machine. Provident Nature. against this, hath for every new birth of those boughs provided fwathes, of the fame matter and texture of the Palm-tree, not unlike coarfe cloth, or canvas: with these the branches and what grows there, are fwathed fo strongly and fecurely as to defy any violence of winds to disjoint them: they are liable to be shaken, yet not where they have this Girdle, which to break is a work of iron. By these the Palmtree, as a tender mother, gathers her children about her, as fecure from being loft and scattered, as they are well defended against any violence of wind, which would tear and force them from her bofom.

This

This is what, for the satisfaction of the curious, could be known of the Palmtree, of what species soever; who desires a more particular and severe relation, may travel into India, and those other parts where this tree grows, may enquire more minutely, and perhaps lose his labour.

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the curious, could be known of the Palmetre, of what species sower; who defice a more particular and fivere relation, may travel into sudie, and those other parts where this tree grows, may take this tree grows, may list labour.

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