

*The*

# TRAVEL AFFIRMATIONS

FOR  
HAPPY  
PARENTS

*100 reasons  
to be  
confident  
travelling  
with your  
kids and  
taking  
control  
of your  
life*

FREE  
BONUS  
INSIDE

PEGGY POT



Peggy Pot

*The*

TRAVEL  
AFFIRMATIONS  
FOR HAPPY PARENTS

100 reasons to be confident  
travelling with your kids and taking  
control of your life

2016

Peggy Pot

The travel affirmations for happy parents:

100 reasons to be confident travelling with your kids and taking control of your life

Editor: Peggy Pot

Design: Peggy Pot

Lecturer: Ales Loncaric

Self-published by Peggy Pot

Pictures: © Peggy Pot

Cover photo: Ales Loncaric

E-mail: [info@travel-with-twins.com](mailto:info@travel-with-twins.com)

FB: [Travel with Children](#) and [Book FB Page](#)

All rights reserved. No part of this book may be reproduced or transmitted in any form whatsoever, electronic or mechanical without the expressed written, dated and signed permission from the author, except for the quotations.

Limits of liability / Disclaimer of warranty

The author of the book have done her best to ensure the accuracy of all the information in the book **The travel affirmations for happy parents: 100 reasons to be confident travelling with your kids and taking control of your life**, however, she can accept no responsibility for any loss, injury or inconvenience sustained by any traveller as a result of information or advice contained in the book.

Copyright © 2016 by Peggy Pot

CIP - Catalogue publication

National and University Library of Slovenia, Ljubljana

159.962.7(0.034.2)

POT, Peggy

The travel affirmations for happy parents [Electronic source]: 100 reasons to be confident travelling with your kids and taking control of your life / Peggy Pot. - EBook - Ljubljana: self-published, 2016

Access method: (URL): [www.travel-with-twins.com](http://www.travel-with-twins.com)

Access method (URL): [www.amazon.com](http://www.amazon.com)

ISBN 978-961-93980-0-5 (pdf)

ISBN 978-961-93980-1-2 (azw)

283255552

# Table of content

ALL ABOUT AFFIRMATIONS AND HOW TO USE THEM .....	5
AFFIRMATIONS.....	6
FREEBIES FOR YOU .....	107
Bonus 1 – FREE e-BOOK.....	107
Bonus 2 – Ask the Author .....	107
RESOURCES & RECOMMENDED WEBSITES* .....	108
Health .....	108
Reservation systems for Accommodation .....	108
Airplane tickets.....	108
Airplanes.....	109
Airports.....	109
Airlines .....	109
Travel advices .....	110
Other.....	110
STORY .....	112
WHERE YOU CAN FIND US .....	114
INSPIRING BOOKS .....	115
DO YOU LOVE TO TRAVEL? .....	116

## ALL ABOUT AFFIRMATIONS AND HOW TO USE THEM



Affirmations are positive, powerful sentences we are telling our brain to believe. Repeating them on a regular basis can bring us a change in our thinking and perception. They can change our beliefs and the perception of what is possible and what is not.

We can use affirmations to feel better about a particular situation, or we can also help our fear and assumptions to fade away if we do it as recommended below.

If you are ready for a change and would like to travel with your kids and family freely, without worries and concerns, these affirmations will help you to reduce your fear of »What if something goes wrong«.

*»Whatever we tell our brain, it believes us.«*

Marisa Peer



These affirmations are designed in a way that we are telling our subconscious mind what it should believe. In order to feel better, more confident while traveling with kids, and confident to finally take the vacation we deserve, we designed them to help you. To get the full potential out of it, we have to follow a simple rule – the more we invest in it, the more we will get out. That is why it is important we repeat these affirmations (or at least five selected ones that you love the most) **at least twice per day for a consecutive 21 days**. The best way is early in the morning while your mind is still fresh and in the evening before you go to sleep. Important: you always have to read or repeat them out loud, so you can hear yourself. They will have a much bigger effect than reading them quietly. Are you ready? Now go and get yourself ready for the time of a lifetime while traveling with your kids and your loved ones.

## AFFIRMATIONS

On the following pages, you will find 100 positive affirmations to reduce the fear and worries you have about travelling with your kids. I know we all deserve a relaxed, free time with our loved ones, but sometimes, we worry so much. That is natural, and you are no different than any others of us. I completely understand you, because I had the same fears, concerns, and worries before we started to travel with our children.

There are intentionally no pictures on the following pages, so you really focus on the words. These 100 affirmations are designed to make you feel better, to make you feel confident, and to make you feel sure you are deserving the holidays, and you will enjoy them with your kids. You do not have to repeat all 100 sentences. You can choose and pick those ones you love the most.

At the end of the affirmations, there are some FREE bonuses for you, because I always want to give you the best of what you deserve. There is an additional FREE eBook available for you with the title, "How to overcome five biggest concerns you have when travelling with children." You also have the opportunity to tell me your personal concerns and worries, and I will answer, in writing, up to five questions you have regarding travelling with children or affirmations.

Let me assure you; you are not alone in this, and I truly believe if you will follow the instructions on the previous page, you will feel much happier and will travel with kids easier. I cannot tell you there will not be obstacles, but I am convinced you will get over them more easily. It always helps if we ask ourselves – what did this person/situation come into our lives to teach us? What does it want to tell us? Can we learn something from this?

At the end of the day, it only matters if we lived happily today. What are we grateful for? Is there something or somebody in our lives that we can love and take care of? Did we feel free today? I really wish you all the best and truly believe you deserve the time of your lifetime. We only have one life; let's make the most out of it...

With Love, Peggy, 16.01.2016

1. I LOVE MY  
LIFE AND I AM  
GRATEFUL TO  
TRAVEL THE  
WORLD.



2. TRAVEL  
MAKES ME  
100% HAPPIER.

3.1 AM  
RESPONSIBLE  
FOR  
BROADENING  
MY HORIZON  
AND THE  
HORIZON OF  
MY CHILDREN.

4. THE JOURNEY  
WILL BE  
RELAXED AND  
EASY.

5.1 ALWAYS  
FIND INNER  
PEACE AT THE  
FINAL  
DESTINATION.



6. WHEN I  
TRAVEL, I AM  
HAPPY. AND  
WHEN I AM  
HAPPY, MY  
CHILDREN ARE  
HAPPY.

7. MY KIDS ARE  
PERFECTLY  
SAFE WITH ME.

# 8.1 LOVE TRAVELLING WITH MY KIDS.

9. TRAVELLING  
WITH KIDS  
EXCITES ME.



10. WHEN WE  
TRAVEL, WE  
HAVE SO  
MUCH FUN.

11. TRAVELING  
WITH  
CHILDREN IS  
SUPER EASY.

12. WE WILL  
HAVE A TRIP  
OF A LIFETIME.

13. WE DESERVE  
THESE  
HOLIDAYS.



14. I AM  
WORTHY TO  
GO ON A  
HOLIDAY, AND  
I WILL ENJOY IT  
WITH MY LITTLE  
TREASURES.

# 15.1 LOVE TO TRAVEL.

16. WHEN I  
TRAVEL, I FEEL  
FREE AND  
HAPPY.

17. I AM SAFE  
ON THE  
PLANE.

18. WHEN I  
TRAVEL, I LIVE  
ON MY OWN  
BIORHYTHM.

19. I AM  
RESPONSIBLE  
FOR  
TEACHING MY  
CHILDREN  
ABOUT THE  
BEAUTY OF THE  
WORLD.

20. WE WILL  
HAVE  
ENORMOUS  
FUN.

21. I AM SO  
PRIVILEGED TO  
SEE THE  
WORLD AND  
TO SHOW MY  
CHILDREN  
DIFFERENT  
CULTURES.



22. WHEN WE  
TRAVEL, WE  
ARE SO MUCH  
MORE  
TOGETHER.

23. I CAN  
OFFER MY  
CHILDREN  
UNIQUE  
EXPERIENCES.

24. WHEN WE  
GO ON A  
PLANE, IT IS A  
GAME FOR  
THE KIDS.

25. I AM  
OUTSTANDING  
WHEN I  
TRAVEL THE  
WORLD. IT  
MAKES ME  
HAPPY AND  
MAKES ME  
FREE.

26. TRAVEL  
EXPERIENCE  
WILL GIVE MY  
CHILDREN THE  
KNOWLEDGE  
THEY CANNOT  
GET AT  
SCHOOL.

27. I AM AN  
EXCELLENT  
GUIDE, AND I  
WILL SHOW  
MY CHILDREN  
THE BEAUTIFUL  
PLACES ON  
OUR PLANET.

28. WE ARE  
LEARNING BY  
DOING IT.

29. I AM  
PERFECTLY  
SAFE.



30. MY KIDS  
WILL SEE THE  
ANIMALS THEY  
CANNOT SEE  
AT HOME.

31. I AM A  
BRILLIANT  
PARENT, AND I  
LOVE MY  
CHILDREN.

32. TRAVEL  
EXCITES ME  
AND  
TRAVELING  
WITH  
CHILDREN  
THRILLS ME.

33. WE WILL  
HAVE SO  
MUCH FUN  
TOGETHER.

34. I CAN  
SHOW MY KIDS  
THE WORLD.

# 35. MY FAMILY TRAVELS EASILY.

36. I AM  
GRATEFUL TO  
BE ABLE TO  
TRAVEL WITH  
MY FAMILY.

37. TRAVELING  
WITH  
CHILDREN IS  
FUN.



38. I AM CALM  
AND  
EVERYTHING  
WILL BE FUN.

39. MY  
CHILDREN  
AND I ARE  
SAFE WHEN  
WE TRAVEL.

40. WE WILL  
HAVE THE TIME  
OF OUR LIVES.

41. I AM A STAR  
FOR MY CHILD  
AND A ROLE  
MODEL. I AM  
RESPONSIBLE  
FOR SHOWING  
THEM HOW TO  
TRAVEL.

42. WHEN I  
TRAVEL WITH  
CHILDREN, I FEEL  
LIKE ROYALTY –  
EVERYONE IN  
THE AIRPORT  
AND ON THE  
PLANE IS  
TREATING US  
KINDLY.

43. I WILL  
WATCH MY  
FAVORITE  
MOVIE ON  
OUR LONG  
DISTANCE  
FLIGHT.

44. WHEN I  
TRAVEL, I TAKE  
CARE OF MY  
HEALTH – I AM  
FIT AND  
RESTED.

45. I AM PREPARED  
FOR THIS FLIGHT  
WITH CHILDREN – I  
HAVE PREPARED  
AN  
ENTERTAINMENT  
BAG, SO KIDS WILL  
HAVE PLENTY TO  
DO AND BE  
ENGAGED.



46. KIDS WILL  
ENJOY  
TRAVELING  
WITH THE  
PLANE,  
BECAUSE THEY  
WILL PLAY  
GAMES.

47. I AM CALM,  
BECAUSE I  
KNOW WE  
ALWAYS HAVE  
PRIORITY  
BOARDING  
WHEN WE  
TRAVEL WITH  
KIDS.

48. WHEN WE  
TRAVEL, WE  
SET OUR OWN  
TIMING AND  
OUR OWN  
RHYTHM.

49. I AM  
RESPONSIBLE FOR  
TEACHING MY  
CHILDREN TIME  
MANAGEMENT  
AND PLANNING.  
TRAVELLING WITH  
CHILDREN OFFERS  
ME WAYS TO  
SHOW THEM HOW  
TO DO IT.

50. I AM HAPPY  
AND FULL OF  
POSITIVE  
ADRENALINE,  
AND THIS  
GIVES ENERGY  
NOT ONLY TO  
ME, BUT ALSO  
TO MY KIDS.

51. I DESERVE  
THIS TRAVEL,  
AND I AM  
WORTHY.

52. WHEN WE  
TRAVEL, WE  
ARE  
TOGETHER.

53. I DID  
PERFECTLY  
ENOUGH IN  
LIFE, AND MY  
FAMILY  
DESERVES  
THESE  
HOLIDAYS.



54. I CHOOSE  
TO BE HAPPY  
AND HAVE THE  
MOST OUT OF  
THIS TRIP.

55. EVERYWHERE  
WE GO WITH  
KIDS, WE ARE  
WELCOMED.

56. I TRUST  
MYSELF TO  
PROVIDE MY  
FAMILY THE  
BEST HOLIDAYS  
EVER.

57. HAPPINESS  
AND SAFETY  
ARE THE  
VALUES I WANT  
TO GIVE TO MY  
CHILDREN,  
AND THEY  
GET IT WHEN  
WE TRAVEL.

58. I AM A  
BRILLIANT  
DRIVER.

59. WHEN I  
TRAVEL, I  
FOLLOW MY  
OWN HEART.

60. I CANNOT  
WAIT TO  
SPEND MY  
TIME WITH MY  
FAMILY.

61. MY KIDS  
LOVE TO  
EXPLORE, AND  
THAT MAKES  
ME HAPPY.



62. I AM  
RESPONSIBLE  
FOR MY KIDS'  
ADVENTURES.

63. ON A TRIP,  
WE ARE  
ALWAYS  
TOGETHER AS  
A FAMILY,  
AND WE ARE  
HAPPY.

64. I FEEL SAFE  
WHEN I  
TRAVEL,  
BECAUSE MY  
CHILDREN ARE  
WITH ME.

65. WHEN WE  
ARE  
TOGETHER, WE  
HAVE  
SYNERGY. MY  
FAMILY LIVES  
OUR OWN  
RHYTHM.

66. I FEEL  
FREEDOM  
WHEN I  
TRAVEL, AND I  
WANT MY  
CHILDREN TO  
FEEL THE  
FREEDOM  
TOO.

67. I AM  
WORTHY TO  
GO ON A TRIP,  
AND MY  
FAMILY  
DESERVES IT  
TOO.

68. WE LOVE TO  
DISCOVER  
NEW  
SIDEWAYS.

69. I OWE MY  
CHILDREN THE  
RELAXED,  
REJUVENATED  
MOM, AND I  
CAN DO THIS  
WHEN WE  
TRAVEL.



70. TRAVELLING  
WITH  
CHILDREN IS  
SO EASY.

71. I LOVE TO  
SEE THE SUNSET  
FROM THE  
PLANE'S  
WINDOW. IT  
GIVES ME THE  
FEELING THE  
WORLD IS A  
WONDERFUL  
PLACE.

72. I LOVE TO  
WATCH THE  
CLOUDS  
FROM THE  
PLANE,  
BECAUSE THEY  
LOOK LIKE  
COTTON  
CANDY.

73. MY  
HAPPINESS IS  
THE HIGHEST  
WHEN I AM  
WITH MY  
LOVED ONES  
WHILE  
EXPLORING  
THE WORLD.

74. I AM  
RESPONSIBLE  
FOR MY  
CHILDREN'S  
HAPPINESS.

75. TRAVELING  
WITH  
CHILDREN IS  
EASY AND  
FUN.

76. I BELIEVE  
TRAVELING IS  
VERY GOOD  
FOR MY  
CHILDREN  
AND MYSELF.

77. I AM AN  
OUTSTANDING  
PARENT.



78. I AM  
EXCELLENT AT  
TRAVELING,  
AND IT WILL BE  
A LOT OF FUN.

79. I FEEL  
EXTREMELY  
GOOD WHEN I  
AM ON THE  
ROAD WITH  
MY FAMILY.

80. WE ARE  
ONE, BIG  
HAPPY FAMILY  
WHEN WE ARE  
TRAVELING  
TOGETHER.

81. I BELIEVE  
THE DECISION  
TO GO  
TRAVELLING  
WITH  
CHILDREN IS  
THE BEST ONE I  
MADE.

82. I AM  
GRATEFUL WE  
HAVE THE  
OPPORTUNITY  
TO TRAVEL  
WITH  
CHILDREN.

83. I FEEL PURE  
LOVE IN MY  
HEART WHEN I  
AM WITH MY  
KIDS ON A  
JOURNEY.

84.1 LOVE  
FREEDOM.

85. WE LOVE TO  
MEET NEW  
PEOPLE WHEN  
TRAVELING.



86. I ALWAYS  
FREE MY MIND  
WHEN  
TRAVELING.

87. NEW  
BEAUTIFUL  
ADVENTURES  
ARE WAITING  
FOR US ON A  
JOURNEY.

88. I EASILY  
OVERCOME  
CULTURAL  
DIFFERENCES,  
AND MY  
CHILDREN GET  
TO KNOW THE  
DIVERSITY OF  
THE WORLD.

89. I LOVE  
PUTTING MY  
TRAVEL SHOES  
BACK ON.

90. ALL WE  
HAVE AT A  
JOURNEY IS  
EACH OTHER.

91. WE LOVE TO  
TRY NEW  
FOOD IN A  
FOREIGN  
COUNTRY.

92.1 MANAGE  
TO COPE WITH  
EVERY  
CHALLENGE  
WE FACE ON  
THE ROAD.

93. I AM  
EXCELLENT AT  
DRIVING A  
CAR.



94. I AM AN  
OUTSTANDING  
PLANNER,  
AND I AM  
WELL  
PREPARED  
FOR OUR  
TRAVEL.

95. TRAVELLING  
IS A PURE  
ENJOYMENT.

96. I DECIDED  
TO HAVE  
ENORMOUS  
FUN WHILE  
TRAVELING  
WITH KIDS.

97. I FEEL LIKE A  
KID AGAIN  
WHEN  
TRAVELLING.

98. EVERYONE I  
MEET WHILE  
TRAVELLING  
WITH KIDS IS  
NICE AND  
FRIENDLY.

99. EXTREME  
CONFIDENCE  
IS MY MIDDLE  
NAME WHEN I  
TRAVEL WITH  
KIDS.

100. EVERYTHING  
IS WELL, AND I  
CANNOT WAIT  
TO GO ON THE  
ROAD WITH MY  
KIDDOS.

## FREEBIES FOR YOU

As a thank you gift you are entitled for two bonuses.

### Bonus 1 – FREE e-BOOK

You can grab FREE e-book with the Title:

#### **How to overcome five biggest concerns you have when travelling with children?**

It also contains 12 different free packing check lists you can use for the travel.

Grab your FREE copy today here:



Or send an e-mail:

[info@travel-with-twins.com](mailto:info@travel-with-twins.com)

### Bonus 2 – Ask the Author

REQUEST THIS GOODIE NOW! IT'S FREE!

What is keeping you up at night? What kind of worries do you have before you decide to go on a deserved trip with your child? Tell me how I can help you. The author will personally answer, in writing, 5 questions regarding traveling with children. You will receive all 5 answers within 5 working days after your submission of the questions to [info@travel-with-twins.com](mailto:info@travel-with-twins.com). With the questions, please give the number of the invoice or the name of the person who bought this e-book.

This e-book is a good idea for anyone you know who struggles with all sorts of constraints, fears, and worries while traveling with kids.



- maybe a present for your loyal customers,
- present for your friends,
- giving as a gift to your employees who have families and
- give somebody a surprise gift for their birthday or
- as a reward for good work.





## RESOURCES & RECOMMENDED WEBSITES\*

\*These websites are listed on the basis of authors' personal opinion and experiences. These websites helped us plan the journey we were all waiting for. They helped us plan our family vacation to have less stress and more pleasure along the way.



### Health


How to stay healthy when traveling	<a href="http://www.wikihow.com/Stay-Healthy-when-Traveling-by-Plane">http://www.wikihow.com/Stay-Healthy-when-Traveling-by-Plane</a>	
National Institutes of Health	<a href="http://www.nih.gov/">http://www.nih.gov/</a>	

### Reservation systems for Accommodation

Air BNB	<a href="http://www.airbnb.com/c/pgamberger?s=8">www.airbnb.com/c/pgamberger?s=8</a> (this one is affiliate)	
Booking.com	<a href="http://www.booking.com/index.html?aid=829307">http://www.booking.com/index.html?aid=829307</a> (this one is affiliate)	

### Airplane tickets

Cheap Flights	<a href="http://www.cheapflights.co.uk/find-flights/?ci=1&amp;source=aff-wg-176249&amp;utm_source=webgains&amp;utm_medium=affiliate&amp;utm_campaign=webgains%20uk&amp;utm_content=176249 172679 20151103125756&amp;utm_term=http%3A%2F%2Fwww.travel-with-twins.com%2F">http://www.cheapflights.co.uk/find-flights/?ci=1&amp;source=aff-wg-176249&amp;utm_source=webgains&amp;utm_medium=affiliate&amp;utm_campaign=webgains%20uk&amp;utm_content=176249 172679 20151103125756&amp;utm_term=http%3A%2F%2Fwww.travel-with-twins.com%2F</a> (this one is affiliate)	
Momondo	<a href="http://www.momondo.co.uk/?source=aff-wg&amp;utm_source=webgains&amp;utm_medium=affiliates(ppc)&amp;utm_campaign=176247">http://www.momondo.co.uk/?source=aff-wg&amp;utm_source=webgains&amp;utm_medium=affiliates(ppc)&amp;utm_campaign=176247</a> (this one is affiliate)	

Skyscanner	<a href="http://www.skyscanner.net/">http://www.skyscanner.net/</a>	
------------	---	---

## Airplanes

How to find the best seats on any plane	<a href="http://www.seatguru.com/">http://www.seatguru.com/</a>	
---	---	---

## Airports

Children Friendly Airports – check if the information about your airport is already included	<a href="http://www.travel-with-twins.com/children-friendly/airports/">http://www.travel-with-twins.com/children-friendly/airports/</a>	
How to easily survive the transit over the night	<a href="http://www.sleepinginairports.net/">http://www.sleepinginairports.net/</a>	
Map of any passenger airport in the world	<a href="http://www.flightstats.com/go/AirportTerminalMaps/airportTerminalGuide.do">http://www.flightstats.com/go/AirportTerminalMaps/airportTerminalGuide.do</a>	
Safety reviews of the airports	<a href="http://www.airlineratings.com/airport-review-select.php">http://www.airlineratings.com/airport-review-select.php</a>	

## Airlines

News and information from the field of safety and security	<a href="http://www.airsafe.com/">http://www.airsafe.com/</a>	
--	---	---


Safety reviews of the airlines	<a href="http://www.airlineratings.com/airlines-ratings.php">http://www.airlineratings.com/airlines-ratings.php</a>	
--------------------------------	---	---

### Travel advices

Free advices how to easily travel with kids – Author's blog	<a href="http://www.travel-with-twins.com/">http://www.travel-with-twins.com/</a>	
Top 25 Family Travel Blogs in 2014	<a href="https://www.flipkey.com/blog/2014/06/26/top-25-family-travel-bloggers-to-follow/">https://www.flipkey.com/blog/2014/06/26/top-25-family-travel-bloggers-to-follow/</a>	
Travel Blogs That'll Inspire You to Hit the Road	<a href="http://redtri.com/top-family-travel-blogs/">http://redtri.com/top-family-travel-blogs/</a>	

### Other

Center for Disease Control and Prevention	<a href="http://wwwnc.cdc.gov/travel">http://wwwnc.cdc.gov/travel</a>	
European Union – Travel in the EU	<a href="http://europa.eu/eu-life/travel-tourism/index_en.htm">http://europa.eu/eu-life/travel-tourism/index_en.htm</a>	
How to get courage and confidence	<a href="http://www.marisapeer.com">www.marisapeer.com</a>	

<p>Lonely Planet - Thorn Tree travel forum</p>	<p><a href="https://www.lonelyplanet.com/thorn-tree/">https://www.lonelyplanet.com/thorn-tree/</a></p>	
<p>Magazine</p>	<p><a href="http://www.parents.com/">http://www.parents.com/</a></p>	
<p>Safety issues around the world</p>	<p><a href="http://www.worldtravelwatch.com/">http://www.worldtravelwatch.com/</a></p>	
<p>US Department of State – Bureau of Consular affairs</p>	<p><a href="http://travel.state.gov/content/travel/english.html">http://travel.state.gov/content/travel/english.html</a></p>	
<p>Virtual Tourist is a worldwide travel community where real travellers and locals share real travel advice and experiences.</p>	<p><a href="http://www.virtualtourist.com/">http://www.virtualtourist.com/</a></p>	

## STORY

Once upon a time, there was a girl and a boy. They both grew up in a simple family; their mother and father were good working people.

This girl had a dream to travel around the world once... to travel with a plane... in her time, flying with a plane was mission impossible... After a while, she grew up and she wanted to be a stewardess, flying all day long with that marvellous bird – the plane – but, she did not reach the conditions – she was too small, too fat with glasses, which was not permitted for a flight attendant....

But she did not give up... one day, she said, one day, she would travel around the world with a plane.

When she was 21, she first flew with an airplane to a 2 hour away destination. With all the excitement, she threw up in a jacket in her hands after landing when she waited to get off the plane... Oh, how embarrassing.... Luckily, that was the only time she threw up in a plane since then...

It has been a while since that first flight. She travelled to many destinations and traveling became her lifestyle. Even when she got a family, traveling was part of her... but here came many questions and concerns she did not have before she had children. And she decided to travel happily ever after.

### **Meet Peggy Pot**

When Peggy Pot travels, she feels free. She feels she is alive. Meeting new cultures, meeting new towns, new people, and every time, she comes back richer, richer from the experience.

When she was 26, she met her future husband. Mr. Pot had the same love – love for travelling. But their style of traveling was very different. Ms. Pot always travelled with friends or in a group, and Mr. Pot always travelled alone. Finally, they decided to travel together, and it was quite a challenge – we picked the farthest destination we could – if we would make a hole in the earth, we would come out on the other side – so we picked Fiji, and we survived. Backpacking and on a low budget we went.

And after a while, they decided to have a family. They were blessed, and a positive pregnancy test was achieved in a few months.

But, the biggest challenge arrived on the 8<sup>th</sup> week of the pregnancy; Peggy was bleeding – one day before she had a doctor's appointment. With a lot of fear, she went to the emergency. After waiting long hours, she finally was in doctor's office. Doctor said – mam, everything is ok with you, except there is something strange... ok, now what...?

Everything is ok with your baby, except there is another heart...

### **What?**

See, look for yourself on the screen – it looks like you are expecting twins....

### **What?**

Those were her first words, and she felt the tears on her cheeks. She was so happy and so scared. It was probably the second time in her life when she was extremely scared (the first time was when her dad died in her arms in a car).

Her feelings were so mixed; she did not know anything for a while. The mixture of happiness, joy, fear, fear, and some more fear... She could not believe she was so blessed that she was given the opportunity to deliver two babies at a one time.

And what about traveling?

Well, Ms. and Mr. Pot, again, had very different ideas when and how to travel with children. Ms. Pot would not travel when the twins were babies, but Mr. Pot would. And Mr. Pot would not travel when the twins were toddlers, but Ms. Pot would... So what now?

Well, they decided to travel anyway, maybe to choose the type of travel that suits them most as a family. At the beginning, they travelled with a car; later, when the twins became toddlers, they started to travel by plane, and they still had some ways of transportation to test, but they did not stop travelling by jet.

And I am sure, Ms. Pot is not the only mom scared in this world when she got her twins. And I know there are a lot of moms and dads who love to travel, but their lives became different when they got their little treasures.

***This book is dedicated to all moms and dads in the world, who needs some advice how to combine their two loves – children and travel. How to travel with your children, have fun, and not lose your nerves. Explore the ways to make your life easier when traveling with children.***



## WHERE YOU CAN FIND US

On the website: [www.travel-with-twins.com](http://www.travel-with-twins.com)



On Facebook: [Travel With Children](#) and [Book FB site](#)



and



E-mail the author: [peggy@travel-with-twins.com](mailto:peggy@travel-with-twins.com)



## INSPIRING BOOKS

Brock, Farnoosh (2012): *How to Travel with Confidence: A Roadmap to Build Your Travel Spirit*, Prolific Living Inc, USA.

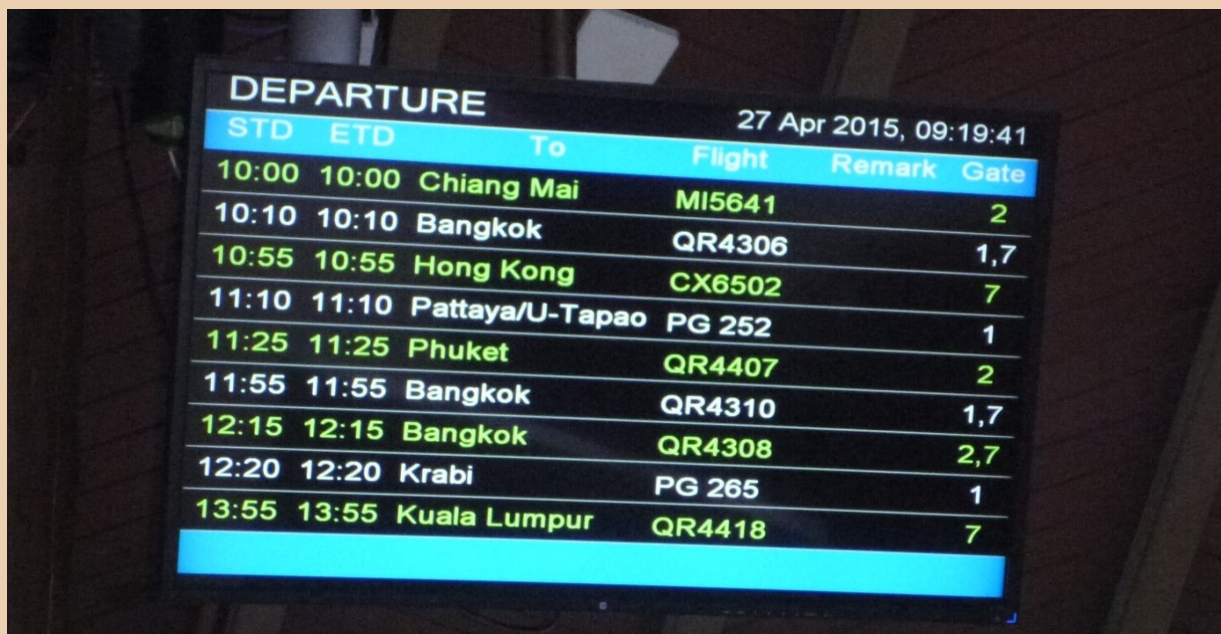
Harris, Dan (2014): *10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found Self-Help That Actually Works--A True Story*, Harper Collins Publishers, New York, USA.

Lonely Planet (2009): *Travel with Children (Lonely Planet Travel With Children)*, Lonely Planet, 5<sup>th</sup> edition, Lonely Planet Publications Pty Ltd.

Lonely Planet (2015): *Travel with Children: The Essential Guide for Travelling Families (Lonely Planet Travel With Children)*, 6<sup>th</sup> edition, Lonely Planet Publications Pty Ltd.

Nichols, Lisa (2016): *Abundance Now: Amplify Your Life & Achieve Prosperity Today*, Dey Street Books, USA.

Peer, Marisa (2009): *Ultimate Confidence: The Secrets to Feeling Great About Yourself Every Day*, Published by Sphere, London, UK.



DEPARTURE						27 Apr 2015, 09:19:41
STD	ETD	To	Flight	Remark	Gate	
10:00	10:00	Chiang Mai	MI5641		2	
10:10	10:10	Bangkok	QR4306		1,7	
10:55	10:55	Hong Kong	CX6502		7	
11:10	11:10	Pattaya/U-Tapao	PG 252		1	
11:25	11:25	Phuket	QR4407		2	
11:55	11:55	Bangkok	QR4310		1,7	
12:15	12:15	Bangkok	QR4308		2,7	
12:20	12:20	Krabi	PG 265		1	
13:55	13:55	Kuala Lumpur	QR4418		7	



**DO YOU LOVE TO TRAVEL?**

**DO YOU WANT TO FEEL THE FREEDOM THAT YOU ARE GETTING WHEN YOU ARE ON THE ROAD?**

**DO YOU HAVE KIDS?**

**ARE YOU WORRIED ABOUT WHAT CAN GO WRONG IF YOU GO ON A PLANE WITH YOUR CHILD?**

**ARE YOU CONCERNED YOU WILL NOT BE ABLE TO HANDLE THE CHALLENGING SITUATIONS WHEN YOU ARE TRAVELLING WITH YOUR KIDS?**

This book will help you to get in the right state. It will help you see that even with your kids, travelling can be a great experience and there are so many benefits when you are travelling with your kids. If your children are younger, they will be happy as long as they are with you. If you have toddlers and older children, they can learn how to plan, how to read a map, how to be on time at the airport, get to know different money and currencies, different people and cultures, and try different food as it is at home.

**BE AWARE; TRAVELLING WITH KIDS COULD BRING YOU JOY, HAPPINES, FEELING OF FREEDOM, EXCITEMENT, AND LEARNING. BE ALSO AWARE, YOUR KIDS MIGHT GET ALL OF THESE TOO.**

Through the guided travel affirmations for happy parents, you will gain the self-confidence and courage, which already lies within you. We just need to wake it up. And everything is going to be well.

Join me on a journey, and your life will never be the same again.



5,99 EUR