## EDITORIAL

Dear friends,

We are entering into the 7<sup>th</sup> year of publishing our journal. Up until this issue, 91 original scientific articles and 6 review articles have been published. With this issue (17<sup>th</sup>) we cross the threshold of 100 published articles which is quite a significant number for a highly specialized journal. For this year it is our plan again to publish 20 articles. Our journal has been recently entered into the ErihPlus data base for humanities and social sciences. The process of evaluation took more than half a year but was successfully completed.

Just after we published last issue, sad news came from Brazil. Our friend, who dedicated his life to gymnastics and science, John H. Salmela passed away. In his memory his friends Natalie Durand-Bush, Jean Côté, Gordon Bloom wrote John H. Salmela, Ph.D, Celebration of life.

International Scientific Conference: Sport, Health & Education – Complementary Approach to Gymnastics, held 18 -20 June 2015 at Gdansk University of Physical Education and Sport in Poland, would like to welcome all our readers. For more information please check our next pages or visit their home page <u>http://www.v4gymnastics.awfis.net/.</u>

The first article in the current issue is by Pia M. Vinken (Germany). She explores short term effects of elastic taping on gymnast's performance. Please take note and transfer her results to practice: for healthy gymnasts, taping has no use.

The second article is also medical in content. It was written by Greek Italian authors Paschalis Kirialanis, George Dallas, Allessandra Di Cagno and Giovanni Fiorilli and deals with knee injuries at the landing and take-off phases. Most common causes of injury seem to be landings in floor exercises and take-offs in vaulting.

The third article is again from Germany. Damian Jeraj and Thomas Heinen conducted a research of coaches manual guidance techniques. They discovered that timing is much more important than the angle or the force the coach uses.

The forth article by Petr Hedbávný and Miriam Kalichová of the Czech Republic looks at how to optimize velocity on Yurchenko vault. As it is currently performed by both man and women it may be interesting to coaches of artistic gymnastics.

In this issue we have another article from Asia (two articles by authors from China have already been published): more specifically, from Iran, where Mahammad Mehrtash, Hadi Rohani, Esmail Farzaneh and Rasoul Nasiri monitored effects of six months of specific aerobic gymnastics training on motor abilities of 10-12-year-old boys.

The sixth article is about judging and is contributed by the author of these lines who conducted a research study on reliability and validity of spectators judging along with professional judges. The results are surprising and show that it may be possible to include spectators into the judging process.

The seventh article is a review of book 'Science of Gymnastics' written by German authors Damian Jeraj, Linda Hennig and David Schmidt-Maaß. In previous issues we presented lists of new books on the market; this issue features our first book review.

Finally, Anton Gajdoš prepared for Short Historical Notes II a memo about three excellent gymnasts: Larisa Latynina, Vera Časlavska and Viktor Čukarin.

Just to remind you, if you quote the Journal: its abbreviation on the Web of Knowledge is SCI GYMNASTICS J. I wish you pleasant reading and a lot of inspiration for new research projects and articles,

Ivan Čuk Editor-in-Chief